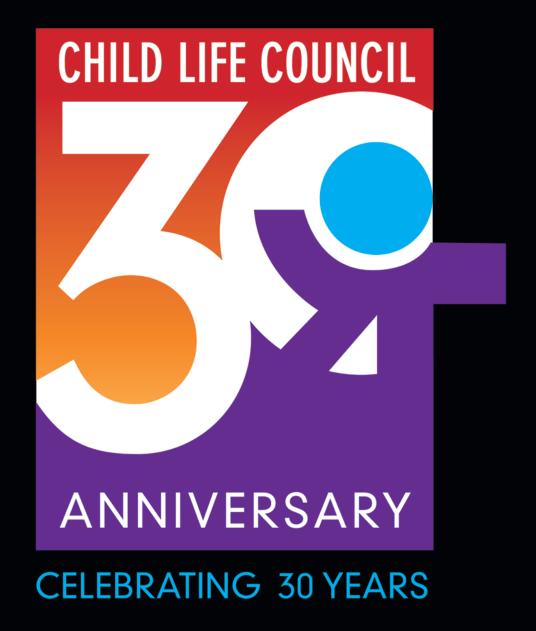
# CONFERENCE PROGRAM



2012

A MONUMENTAL YEAR

A MONUMENTAL PROFESSION

Child Life Council

30<sup>™</sup> ANNUAL CONFERENCE ON PROFESSIONAL ISSUES May 24-27, 2012 · Marriott Wardman Park Hotel · Washington, DC

# Schedule-at-a-Glance

WEDNESDAY, MAY 23, 2012	PRE-CONFERENCE EVENTS		
6:30 p.m. – 8:30 p.m.	International Attendee Program		
THURSDAY, MAY 24, 2012	PRE-CONFERENCE EVENTS		
8:00 a.m. – 12:30 p.m.	Child Life Professional Certification Examination		
8:00 a.m. – 4:00 p.m.	Conference Badge & Tote Bag Pick-Up Open for Pre-Registered Attendees		
8:00 a.m. – 4:00 p.m.	On-Site Registration Open		
8:30 a.m. – 11:30 a.m.	Board of Directors Meeting		
9:00 a.m. – 12:00 p.m.	Pre-Conference Half-Day Intensive (3 PDH)		
12:00 p.m. – 4:00 p.m.	Exhibit, Poster, and Bookstore Set-Up		
9:00 a.m. – 4:00 p.m.	Pre-Conference Full-Day Intensives (6 PDHs)		
1:00 p.m. – 4:00 p.m. 1:00 p.m. – 4:00 p.m.	Pre-Conference Half-Day Intensives (3 PDHs)		
4:00 p.m. – 4:00 p.m. 4:00 p.m. – 5:00 p.m.	Hospital Tour – Children's National Medical Center First Timer/New Member Orientation		
5:00 p.m. – 7:00 p.m.	Connect 4 Success		
5:30 p.m. – 6:30 p.m.	Student Networking Event with Panel		
FRIDAY, MAY 25, 2012			
7:00 a.m. – 6:00 p.m.	Conference Badge & Tote Bag Pick-Up Open for Pre-Registered Attendees		
7:00 a.m. – 10:00 a.m.	Exhibit, Poster, and Bookstore Set-Up		
8:00 a.m. – 4:00 p.m.	On-Site Registration Open		
8:30 a.m. – 10:30 a.m.	Opening General Session and Emma Plank Keynote Address (2 PDHs)		
10:45 a.m. – 12:15 p.m.	Professional Development Workshops #1 - 7 (1.5 PDHs)		
12:15 p.m. – 2:15 p.m.	Exhibit Hall Open with Posters, Bookstore and Lunch		
12:30 p.m. – 1:45 p.m.	Committee Meetings – Track A		
1:15 p.m. – 2:15 p.m.	Staffed Poster Presentations		
2:15 p.m. – 3:45 p.m.	Professional Development Workshops #8 – 14 (1.5 PDHs)		
4:00 p.m. – 5:30 p.m.	Professional Development Workshops #15 – 21 (1.5 PDHs)		
5:45 p.m. – 7:00p.m.	Committee Meetings – Track B		
6:30 p.m. – 8:30 p.m.	Opening Reception and Bookstore in Exhibit Hall		
7:00 pm. – 8:00 p.m.	Staffed Poster Presentations		
SATURDAY, MAY 26, 2012	CIC Information Dock in Projection Aven		
8:00 a.m. – 4:00 p.m.	CLC Information Desk in Registration Area  Exhibit Hall Open with Posters, Bookstore and Beverages		
8:30 a.m. – 12:30 p.m. 8:30 a.m. – 11:30 a.m.	Hospital Tour – Inova Fairfax Hospital		
8:30 a.m. – 11:30 a.m.	Half-Day Intensives (3 PDHs)		
1:00 p.m. – 2:30 p.m.	Plenaries (1.5 PDHs)		
2:45 p.m. – 4:15 p.m.	Professional Development Workshops #22 – 28 (1.5 PDHs)		
4:30 p.m. – 6:00 p.m.	Professional Development Seminars #29 - 35 (1.5 PDHs)		
6:15 p.m. – 7:15 p.m.	Internship Open Forum		
6:15 p.m. – 7:15 p.m.	Academic Professionals Meeting		
SUNDAY, MAY 27, 2012			
8:30 a.m. – 9:30 a.m.	Professional Development Workshops #36 – 42 (1 PDH)		
9:45 a.m. – 10:45 a.m.	Professional Development Workshops #43 – 49 (1 PDH)		
11:00 a.m. – 12:30 p.m.	Distinguished Service Award Presentation and Closing General Session (1.5 PDHs)		
1:00 p.m. – 5:00 p.m.	Hospital Tour – Johns Hopkins Children's Center (after tour, shuttle bus will go directly to BWI airport as final destination bus will not return back to Hotel)		

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# Child Life Council 30<sup>th</sup> Annual Conference on Professional Issues

### The Washington Marriott Wardman Park Hotel

It's time to celebrate 30 years of making a difference in the lives of children and families! Unique landmarks and historical treasures abound in the beautiful city of Washington, DC, making it the perfect setting for the Child Life Council to commemorate *A Monumental Year, A Monumental Profession*. During our 30<sup>th</sup> anniversary year in 2012, we invite you to join more than 1,000 of your colleagues in the nation's capital for the Annual Conference on Professional Issues.

At the Annual Conference, attendees will enjoy thought-provoking keynote and plenary presentations, as well as a variety of educational workshops and posters, covering a range of issues, trends, and techniques. And because the conference is taking place during our anniversary year in 2012, there will be a number of unique observances to mark the occasion. Among these will be the premiere of the short film from CLC's Archives Management Group exploring the legacy of child life, past and present.

This year's opening keynote presenter will be Steve Gross, Chief Playmaker and founder of the Life is good Playmakers, a nonprofit that uses joyful play to strengthen and heal children whose lives have been deeply impacted by poverty, violence and illness. On Saturday, attendees will have the opportunity to attend one of three plenary sessions presented by experts from a variety of fields, including Nancy Boyd Webb, DSW, LICSW, RPT-S from Fordham University, J. Durell Tuberville, PhD, LPC, LMFT, CTS, of Personal Solutions, Inc., and Reverend Paula J. Teague, D. Min., MBA, of Johns Hopkins Bayview Medical Center.

At the closing general session, Jeni Stepanek, PhD and Executive Director of the Mattie J.T. Stepanek Foundation, will present her inspiring message: *A New Hope for Children and Families: It's Not a Fairytale*.



Throughout the conference, a variety of child life networking events will provide many opportunities to catch up with old friends, and to make lasting new connections. Attendees will have the opportunity to participate in conversations directly relevant to their career stage and interests during Thursday evening's networking sessions, which will include a roundtable discussion for professionals, and a panel discussion for students. Don't miss your chance to visit with exhibitors and colleagues during extended Exhibit Hall hours on Saturday morning, and be sure to take advantage of the free evening on Saturday to explore Washington, DC.

We look forward to seeing you there for this exciting event!



# 2012 Conference Program Committee Members

#### 2012 Committee Chair

Amy Seitz Heron, CCLS Child Life Specialist, Pediatric ICU CHRISTUS Schumpert Sutton Children's Medical Center Shreveport, LA



Chantal LeBlanc, BPs., CCLS Child Life Specialist IWK Health Centre Halifax, NS Canada



Carla Oliver, MSW, CCLS

Manager of Therapeutic Recreation/
Child Life

The Children's Hospital Colorado

Aurora, CO

#### **Committee Members**

**Patrice Brylske, MPA, CCLS** Director, Child Life Department

Johns Hopkins Children's Center Baltimore, MD

Amy Fisher, CCLS

Child Life Supervisor Medical City Children's Hospital

Dallas, TX

Anne Claire Hickman, CCLS, CIMI

Senior Child Life Specialist Dell Children's Medical Center of Central Texas Austin, TX

Mary Faith Roell, MS, CCLS

Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

**Emily Rogers, MS, CCLS** 

Senior Child Life Specialist Children's Memorial Hospital Chicago, IL





### 2011 Conference Host Committee

**CO-CHAIR** 

Alison Chrisler, MA, CCLS Senior Research Assistant Child Trends Washington, DC

**CO-CHAIR** 

Kelly Scaggs, CCLS Certified Child Life Specialist Children's National Medical Center Washington, DC





**Sponsorship** 

Shannon Joslin, MS, CCLS, CIMI

Child Life Manager University of Maryland Children's Hospital Baltimore, MD

**Beth Lebowitz, MS, CCLS**Child life Specialist
University of Maryland Children's Hospital
Baltimore, MD

**Becky Wimsat, CCLS** 

Child Life Specialist University of Maryland Children's Hospital Baltimore, MD

**Elizabeth Anderson, CCLS** 

Certified Child Life Specialist Children's National Medical Center Washington, DC

Millicent Ongaco, MS, CCLS

Child Life Specialist I Child Life/Therapeutic Recreation Department Kennedy Krieger Institute Baltimore, MD

Lauren Mahoney, CCLS, CEIM

Child Life Program Coordinator Kennedy Krieger Institute Child Life/Therapeutic Recreation Department Baltimore, MD



### 2011 Conference Host Committee (continued)

#### Welcome

#### Jamie Gentille, CCLS, MPH

Child Life Services Inova Fairfax Hospital for Children Falls Church, VA

#### Judy Ross CCLS, CEIM

Certified Child Life Specialist Children's National Medical Center Washington, DC

#### **Emily Steelman, CCLS**

Certified Child Life Specialist II Pediatric Medical & Surgical Unit Child Life Internship Co-Coordinator Inova Fairfax Hospital for Children Falls Church, VA

#### Cheryl Lawrence, CCLS

Certified Child Life Specialist II Pediatric Emergency Department Inova Fairfax Hospital for Children Falls Church, VA

#### Sam Leahy, MA, CCLS

Certified Child Life Specialist III Inova Loudoun Hospital Leesburg, VA

#### Cara Calderon, CCLS, CTS

Certified Child Life Specialist II Pediatric ICU & IMC/Med-Surg Inova Fairfax Hospital for Children Falls Church, VA

#### Holly Senn, CCLS

Certified Child Life Specialist III Pediatric Hematology/Oncology Fellowship Coordinator Inova Fairfax Hospital for Children Falls Church, VA

#### Tracy Marrs, CCLS

Certified Child Life Specialist Cardiology Inova Fairfax Hospital for Children Falls Church, VA

#### Kayte Gursky, CCLS

Certified Child Life Specialist I Inova Fairfax Hospital for Children Falls Church, VA

#### Katie Donovan Connors, CCLS

Certified Child Life Specialist Inova Fairfax Hospital for Children Falls Church, VA

#### Cindy Defrancesco, MS, CCLS

Certified Child Life Specialist II Pediatric Medical & Surgical Unit Inova Fairfax Hospital for Children Falls Church, VA

#### **Publicity**

Anne Mohl, PhD, CCLS Woodbine, MD

#### Sara Johnson, CCLS

Child Life Specialist Holy Cross Hospital Silver Spring, MD

#### Volunteer Coordination

#### Christine M Bragg, M Ed, CCLS, CEIM

Certified Child Life Specialist Neurosciences Unit Children's National Medical Center Washington, DC

#### Linda Kim, CCLS

Child Life Coordinator Georgetown University Hospital Washington DC 20007

#### Jessica Chupnick, MS, CCLS, CEIM

Child Life Specialist Volunteer Coordinator for Child Life Reach Out and Read Coordinator Baltimore, MD

#### Kathleen E. Foy, CCLS

Certified Child Life Specialist Georgetown University Hospital Washington, DC

#### Tracy Sharbaugh, CCLS

Certified Child Life Specialist
Co-Coordinator of Practicum Program
Department of Family Services/
Radiology Department
Children's National Medical Center
Washington, DC

#### Cora K. Welsh, CCLS

Child Life Specialist, IPC Clinic The Johns Hopkins Children's Center Baltimore, MD

#### **Events/Room Monitor**

#### Natalie Cahall, CCLS, CPST

Certified Child Life Specialist HSC Pediatric Center Washington, DC

#### Elizabeth Fairall, MA, CCLS

Child Life Specialist Inpatient Pediatric Oncology Unit Johns Hopkins Children's Center Baltimore, MD

#### Alli Floryshak, MS, CCLS

Child Life Specialist – Inpatient Adolescent Unit Johns Hopkins Children's Center Baltimore, MD

#### **Bookstore**

#### Rachel Jones, CCLS

Child Life Specialist/
Department of Family Services
Child Life Practicum Co-Coordinator
Children's National Medical Center
Washington, DC

#### Alexandra Custer (Alex)

Child Life Masters Student Towson University

#### Mollie Young, CCLS

Child Life Assistant Infant, Toddler, Preschool Unit Johns Hopkins Children's Center Baltimore, MD

#### Jeannette Felton, CCLS

Certified Child Life Specialist Infant, Toddler, Preschool John Hopkins Children's Center Baltimore, MD

### 2012 Adjunct Reviewers

#### Lendy Chapman, CCLS

Child Life Specialist - ER Arnold Palmer Hospital for Children Orlando, FL

#### Stephanie Colaberardino, CCLS

ED Child Life Specialist Childrens Hospital of Pittsburgh Cranberry Twp., PA

#### **Emily Durham, MA, CCLS**

Supervisor, Child Life Program Children's Hospital of the Greenville Hospital System Greenville, SC

#### Megan Fisher, CCLS

TR/Child Life Specialist III Children's Hospital Colorado Aurora, CO

#### Linsey Hammon, CCLS

Child Life Educator Cook Children's Healthcare System Fort Worth, TX

#### Maureen Jones, CCLS

Child Life Specialist Children Hospital of Eastern Ontario Ottawa, ON, Canada

#### Shannon Joslin, MS, CCLS, CIMI

Child Life Manager University of Maryland Hospital for Childrens Baltimore, MD

#### Katie McGinnis, CCLS

Child Life Specialist All Children's Hospital St. Petersburg, FL

#### Barbara Romito, MA, CCLS

Director, Child Life Program
The Bristol-Myers Squibb Children's Hospital
at Robert Wood Johnson University Hospital
New Brunswick, NJ



## Thank You to Our Sponsors...

CLC Would Like to Sincerely Thank Our 2012 Conference Sponsors (as of December 2011)

#### **GOLD LEVEL (\$10,000)**





### Children's Hospital Boston

#### SILVER LEVEL (\$7,500)





Supported by Arnold Palmer Medical Center Foundation

#### **BRONZE LEVEL (\$5,000)**









#### 30TH ANNIVERSARY SUPPORTER LEVEL (\$2,500)

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Child Life Department of the Yale-New Haven Children's Hospital

Children's Hospitals and Clinics of Minnesota

Children's Medical Center Dallas

Johns Hopkins Children's Center

Monroe Carell Jr. Children's Hospital at Vanderbilt

Morgan Stanley Children's Hospital

Stripes Child Life Program at Driscoll Children's Hospital

Texas Scottish Rite Hospital

The Bristol-Myers Squibb Children's Hospital at Robert Wood Johnson University Hospital

#### LOCAL "FRIENDS OF CHILD LIFE"

DC Metro Child Life Group Kennedy Krieger Institute



## **Location Information**

Visitors to the city of Washington, DC enjoy access to an impressive list of fascinating attractions, from the powerful monuments and memorials on the National Mall, to inspiring cultural treasures like the Smithsonian Institution, Library of Congress and National Gallery of Art. A diverse and beautiful world capital, DC invites visitors to step beyond these federal landmarks to explore charming neighborhoods like historic Georgetown, eclectic Adams-Morgan and trendy U Street. DC's neighborhoods tempt visitors with chic boutiques, hip new restaurants and bars, world-class theatres, art galleries and peaceful parks and gardens.

#### **Hotel Information**

The Washington Marriott Wardman Park Hotel sits on 16 garden acres in Northwest Washington, DC. It is conveniently located close to the National Cathedral and National Zoo. The hotel is also a very short ride from the National Mall, Smithsonian Institutes and various other historical monuments and museums. The hotel is about 10 miles from Ronald Reagan Washington International Airport, 25 miles from Washington Dulles International Airport and 35 miles from Thurgood Marshall Baltimore International Airport.

Special hotel rates for CLC Conference attendees are \$159 per night plus tax (single/double occupancy – each additional person is an extra \$20 per night). This rate will be offered to all conference attendees who are interested in extending their stay beginning May 23 and continuing through May 27 (based on availability).

To make your reservation online, go to the Annual Conference/Location & Hotel Information section of the CLC website and click on *Reserve Your Hotel Room Now*. Or, if you prefer to book your reservation by phone, please contact Central Reservations at 1-800-228-9290. Be sure to identify yourself as a Child Life Council conference attendee in order to ensure you receive the discounted group rate. All conference events will take place at the conference hotel with the exception of the hospital tours. A complete list of room assignments for each of the conference sessions will be provided on-site, at the Conference Badge & Tote Bag Pick-up area.

#### **Hotel Parking**

The Marriott Wardman Park Hotel offers onsite and valet parking. Rates for onsite parking are \$17 per hour and \$32 daily. Valet parking is \$37 daily. As an alternative, the hotel is easily accessible by METRO and is conveniently located just steps away from the Woodley Park Metro Station (Red Line).

#### **Getting There**

There are several options outlined below for getting to and from the Marriott Wardman Park Hotel. It is best to first determine your travel budget and arriving airport location before you decide your best available option.

#### Taxi or Shuttle

There are three major airports accessible to the Washington DC area. The Ronald Reagan Washington National Airport (DCA) is approximately 10 miles from the hotel. Washington Dulles International Airport (IAD) is located about 25 miles from the hotel, and Baltimore Washington International Thurgood Marshall Airport (BWI) is about 35 miles from the hotel. At all airports, taxicabs are available from the lower level curbfront of all terminals. There are no flat rates because they all run on meters. The approximate fare from Washington Dulles International Airport and Baltimore Washington International Thurgood Marshall Airport to Washington, DC will range from \$60-\$75. The approximate fare from Ronald Reagan Washington National Airport is \$35 -\$45.

A shuttle service will cost a little less (approximately \$30) but the trip may take longer, depending upon how many stops the shuttle makes. Reservations for a shuttle must be made in advance. For more information, contact Super Shuttle at 1-800-258-3826, or visit www.supershuttle.com.

#### **Public Transportation**

The Washington Metropolitan Area Transit Authority (WMATA) offers Metrorail (METRO) service between Ronald Reagan Washington National Airport (DCA) via the RED LINE to the Woodley Park Metro Station, which is located within one block of the Marriott Wardman Park Hotel. For more information and to plan out a route, visit the WMATA website at www.wmata.com.

#### **Driving Directions**

Download printer-friendly driving directions from the Annual Conference/Location & Hotel Information section of the CLC website at www.childlife.org.

#### **Stay at the CLC Conference Hotel**

By staying at the CLC conference hotel, you enable us to reduce the overall costs associated with producing the conference. These savings allow CLC to offer reduced registration fees and increased conference savings.

#### Weather

May weather in Washington, DC typically ranges from average high temperatures in the 70's to low temperatures in the 50's. We recommend bringing a sweater, as the temperature inside most hotels can be quite cool.

### Registration Information

Register for the conference online by the early registration deadline of March 16, 2012 for the best rates.

Complete registration information is available in the center section of this program.

#### **Poster Presentations**

Poster Presentations are always a popular feature at the conference, and this year, the poster presenters will be available for questions and discussion on Friday, May 25 during two separate timeslots: 1:15 p.m. - 2:15 p.m., and again from 7:00 p.m. - 8:00 p.m. This year, the poster quiz will be in electronic rather than paper format, and will be sent via email at the conclusion of conference. Please note that only those participants who include the Poster Presentations in their conference registration will be eligible to take the quiz.

#### Foundations of Child Life Track

In an effort to assist student or first time attendees in determining which conference sessions will be most helpful and/or appropriate for them to attend, the Conference Program Planning Committee has identified at least one course in each time slot which they feel best represents the foundations of child life. These sessions are identified with a next to the session title.

### Conference Badge & Tote Bag Pick-up

Upon arrival to the conference, all pre-registered attendees should check in at the Conference Badge & Tote Bag Pick-Up area to collect their conference materials. This area will be open from:

Thursday, May 24 8:00 a.m. – 6:00 p.m. Friday, May 25 7:00 a.m. – 6:00 p.m.

#### **IMPORTANT!**

### **Conference Registration and Receipt**

Participants who register online will receive an automatic registration confirmation and receipt via email. Please bring this with you to the conference. This receipt will include all of the events that you have registered for. If an event is missing from your receipt, it may mean that the event was SOLD OUT at the time you registered. If that is the case, you will need to log back in and select another event. On-site registrants may request a receipt at the time of registration.

#### **On-Site Registration**

If you miss the pre-registration deadline and find it necessary to register on-site for the conference, CLC staff will be available to assist you at a separate On-site Registration Desk. Hours of operation are:

Thursday, May 24 8:00 a.m. - 6:00 p.m. Friday, May 25 8:00 a.m. - 6:00 p.m.

#### **Professional Development Hours (PDHs)**

Conference attendees receive Professional Development Hours (PDHs) necessary for recertification for the Certified Child Life Specialist (CCLS) designation. Basic registration for the 30th Annual Conference includes opportunities for up to 15.5 PDHs. Up to 6 additional PDHs are available to those attending pre-conference intensives, and 3 additional PDHs are available to those attending a Saturday morning intensive.

#### Media Disclaimer

By registering for the conference, you understand and agree that any photograph, video/audio recording or written feedback of/from you may be used to further promote the annual conference, educational opportunities or the Child Life Council itself as the Child Life Council sees fit.

#### **Content Disclaimer**

The 30th Annual Conference on Professional Issues is sponsored by the Child Life Council (CLC) for educational purposes only. This professional education program provides a forum for presentation authors to present their experiences and opinions, which may be helpful to other professionals. The material presented is not intended to represent the only or best approaches to the topics being discussed. Attendees participating in the Annual Conference do so with full knowledge that they waive any claim they may have against CLC for reliance on information presented during these educational activities. CLC does not guarantee, warrant or endorse any commercial products or services.

## Exhibit Hall Information

The Exhibit Hall is consistently rated as one of the most popular features of the conference, and each year attendees look forward to viewing the latest innovative products and services available to support their efforts in helping children and families. The following group meal events will be held in the Exhibit Hall, and are included as part of your basic registration fee:

Friday – Lunch and Opening Night Reception Saturday – Morning Beverages Only

#### **Exhibit Hall Guest Passes**

For conference attendees interested in bringing a guest to visit the Exhibit Hall, guest passes are available for \$85 for Friday (includes lunch and reception) and \$25 for Saturday (includes morning beverages). All attendees entering the Exhibit Hall will be required to wear their conference or guest badge in order to be permitted entry at the door – no exceptions, please.

#### **Participating Exhibitors**

The following is a list of exhibitors scheduled to participate in the Exhibit Hall as of December 2011. For more information on exhibiting, please contact the CLC office at 800-252-4515 x 14 or conference@childlife.org.

- 4moms
- Alicia Rose Victorious Foundation
- Art With Heart
- Bank Street College of Education
- Bare Heart Buddy
- Beads of Courage
- Brave Kid Capes
- Buzzy4shots.com
- Camp Mak-A-Dream
- Children's Wish Foundation International
- · Cook Children's
- Diversionary Therapy Technologies
- Electric Owl Studios
- Emspiration, LLC
- Encompass Group, LLC
- FLAGHOUSE
- Gebauer Company
- GetWellNetwork
- Guideposts Outreach
- Healing Healthcare Systems
- IV Pole Pals

- Kelsey's Kids Foundation
- Kidzpace Interactive
- Lawrence Medical Products
- Legacy Products
- Make-A-Wish Foundation
- Medical Memories
- Memories Unlimited, Inc.
- Phoenix Society for Burn Survivors
- PLAYTIME, LLC
- Playworks
- Project Sunshine
- Sens-Aura by Southpaw
- Starlight Children's Foundation
- SuperSibs!
- Texas State University
- TFH USA, Ltd.
- treasure Tower Rewards
- Wunderworks of America
- Youth Rally Committee

#### **Bookstore**

Conveniently located in the Exhibit Hall, the CLC Bookstore is the place to visit for the latest Child Life Council products and publications. Save money by taking advantage of conference discounts and avoiding shipping and handling fees.

#### **IMPORTANT!**

#### Name Badges

Name badges are required for admission to all conference sessions and events.

#### **Exhibit Hall Events & Bookstore Hours**

Friday, May 25, 2012

12:15 p.m. – 2:15 p.m. Exhibit Hall Open with Lunch

6:30 p.m. – 8:30 p.m. Opening Reception

Saturday, May 26, 2012

8:30 a.m. –12:30 p.m. Exhibit Hall Open with Beverages



FRIDAY,	MAY 25 PROFES	SSIONAL DEVELOPMENT WOR	KSHOPS
10:45 a.m. – 12:15 p.m.	1. The Gift of Life: Unwrapping the Mysteries about Organ Donation	2. The First Year of Life; Providing Exceptional Infant Care	3. Managing Performance: A Coordination of Administrative Supervision and Use of
	4. Inter-Agency Therapeutic Family Centered Programming for Burn Survivors	5. Using Visual Supports - Not Just for Patients with Autism	6. Change is Not a Bad Word: It's the One Thing You Can Count On!
	7. Quit Banging Your Head Against the Wall: Techniques on Educating Multidisciplinary Teams on the Role of Child Life Specialists		
2:15 p.m. – 3:45 p.m.	8. Are We Listening? The Voice of Sibling Donors	9. Practical Applications and Interventions for Chronically III Children	10. The Story of Developing Sustainable Child Life Programs in a Low Income Countr
	11. From Student to Specialist: Tips and Tricks for a Successful Transition	12. A Child's Life in a Coma	13. Ten Principles of Healthy Department Culture
	14. Emphasizing Child Life Research: Sharing Professional and Student Research		
4:00 p.m. – 5:30 p.m.	15. We Remember Together: Creating a Pediatric Memorial Service	16. "Why Can't Mommy Play with Me? And Why Does Daddy Seem So Sad?" Supporting Parent Patients and the Children Who Love Them	17. Creating Truly Powerful and Effective Child Life Presentations for Your Hospital and Community
	18. Weathering the Storms that Come Our Way with Optimism and Positive Psychology	19. Incorporating Knowledge of Brain Development into Child Life Interventions for Hospitalized Infants and Toddlers	20. A Child Life Passport: International Child Life Lessons and Research outcomes for the Student, Educator, and Practitioner
	21. Empowering Leaders at Every Level: A Shared Governance Model		
SATURD	AY, MAY 26 PLENA	RY SESSIONS	
1:00 p.m. – 2:30 p.m.	A. Spirituality, Is It For Us or Against Us? The Role of Spirituality In Pediatric Health Care	B. When Children Have Life-Threatening Medical Conditions: Help for the Child, the Family and the Professionals	C. Child Life Specialists: Clowns, Companions, and Confidants
	PROFES	SSIONAL DEVELOPMENT WOR	KSHOPS
2:45 p.m. – 4:15 p.m.	22. The Grants Game for Child Life Programs	23. Mental Illness: Revealing the Individual Behind the Diagnosis	24. Extreme Holiday Makeover
	25. "I am Grrr Girl, Hear me Roar": The Successful Collaboration of Child Life with an Arts Non-Profit Organization to Provide a Self-Esteem Support Group for Girls Living with Chronic Illness	26. The Not-So Forgotten Children: The Development of a Comprehensive Sibling Support Program	27. Expanding Clinical Practice into the Classroom: Perspectives of an Academician and a Clinician
	28. Creating a Culture Change: Advocating for Family Centered Care, Where Our Family Meets Your Family		
4:30 p.m. – 6:00 p.m.	29. Support for Children of Adult Patients in the Critical Care Setting	30. Babywearing: Developmental Benefits of Slings, Wraps, and Carriers	31. Home-Based Hospital Preparation for Children and Families: A European Reality
	32. Defining Cultural Competencies for the Child Life Field: Opportunities for Education and Policy Development	33. The Creative Power of the Pen: For Pleasure, Purpose, or Publication	34. Using Sign Language to Empower Children and Ease Stress
	35. The Art of Listening: Do You Hear What I Hear?		
SUNDAY	, MAY 27 PROFES	SSIONAL DEVELOPMENT ONE-	-HOUR WORKSHOPS
8:30 a.m. – 9:30 a.m.	36. I'm Looking for an Article: An Interactive Search for Literature	37. A Pilot Program: Introducing Child Life Into a Radiation Oncology Clinic	38. Disclosing to Children with Perinatally Acquired HIV: A Process-Oriented Model
	39. Uh-Oh, There's a Disaster?! Child Life's Role, from Policies to Play	40. Embracing the Rapid Changes of Technology to Transform Children's Health Care	41. Transforming an Idea into Evidence-Bas Practice: Developing a Research Study
	42. The Ripple Effect of Medical Trauma: Helping Families Negotiate Uncharted Waters in the ER		
9:45 a.m. – 10:45 a.m.	43. Parents' Perceptions and Satisfaction with Child Life Interventions: Research Results	44. So You Want to Go Back to School Considerations for Making the Move from Specialist to Student	45. The Children's Comfort Program: A Multi disciplinary Approach to Managing Pain in the Pediatric Emergency Department
	46. "You're Going to Play with a Real Needle?" A Complete Guide to Implementing Needle Play	47. Future Health Care Professionals Knowledge of Developmentally Appropriate Care: Research and Implications for Practice	48. A Favorable Beginning: An Inside Look in a Successful Child Life Practicum Program
	49. The Creation of an Advanced Competency in Bereavement		

### Schedule of Events

#### WEDNESDAY, MAY 23, 2012

#### **International Attendee Program**

6:30 p.m. - 8:30 p.m.

This session is an opportunity for child life and hospital play specialists working outside of North America to come together in a small group, and have meaningful discussions on the progress and challenges of their work. Here, child life specialists and related professionals from around the world can share ideas and resources, and make lasting connections with their peers.

If you are working outside of North America, or if you are simply interested in attending a discussion on child life in other parts of the world, please join us.

#### **THURSDAY, MAY 24, 2012**

#### **Child Life Certification Examination**

8:00 a.m. - 12:30 p.m.

The Child Life Professional Certification Examination will be administered Thursday, May 24, from 8:00 a.m. to 12:30 p.m. A separate application process is required to sit for this examination. The application deadline for the exam is March 31, 2012 for those educated in the U.S. and Canada. For complete information on certification and the application process, please visit the CLC website at www.childlife.org/Certification.

Examination participants are encouraged to register for the conference to take advantage of valuable educational and networking opportunities after the exam has concluded. Those who successfully complete this exam may apply PDHs (Professional Development Hours) accrued during the 2012 Annual Conference toward recertification.

#### **Pre-Conference Full Day Intensives (6 PDHs)**

Time has been built into the schedule to allow for a one and a half hour lunch break, scheduled between 11:30 a.m. and 1:00 p.m. CLC will not be providing lunch for any intensives.

9:00 a.m. - 4:00 p.m.

### I. A Live Clinical Supervision Group and Facilitation Intensive for Child Life Professionals

\$125 - All Attendees

Diane Rode, MPS, ATR, CCLS, Director, Child Life and Creative Arts Therapy Department, Kravis Children's Hospital at Mount Sinai

Gloria Mattera, M Ed, CCLS, Director – Department of Child Life & Developmental Services, Bellevue Hospital Center, New York, NY

This unique, live-supervision opportunity provides an in-depth

exploration of the importance and value of clinical supervision in child life practice. Participants will gain skills to develop their own supervision groups and practice facilitation skills during this experiential session. Case material from participants will be used in the groups.

### II. Intern Supervision: Using the Strength of Our Clinical Skills in Supervisory Practice

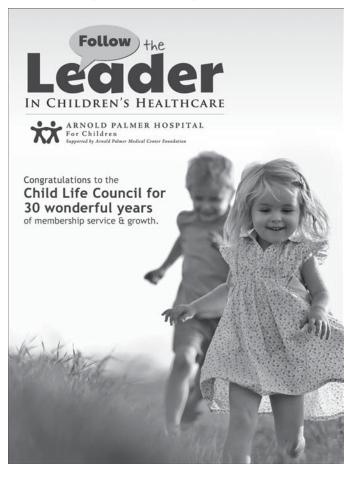
\$125 - All Attendees

Belinda "Bindy" Sweett, CCLS, Child Life Specialist retired, Richmond, BC

Suzanne Graca, CCLS, Child Life Specialist III, Children's Hospital Boston, Dedham, MA

Erin Munn, CCLS, Child Life Training Coordinator, Johns Hopkins Children's Center, Baltimore, MD

Interns require the adaptation and implementation of a clear plan of learning, much in the same way as patients require an individualized plan of care. In this interactive session, participants will build on and adapt skills they already employ in their practice with children and families (assessment and goal-setting, relationship-building, communication, reflective practice) to enhance their practice as intern supervisors.



#### **Pre-Conference Half Day Intensives (3 PDHs)**

9:00 p.m. - 12:00 p.m.

#### III. Stretching Your Skills with Basic Research

\$75 - All Attendees

Joan Turner, PhD, CCLS, Associate Professor, Mount Saint Vincent University, Halifax, Nova Scotia, Canada

Zbigniew Kowalewski, Graduate Student, Mount Saint Vincent University, Halifax, Nova Scotia, Canada

Practitioners need to recognize and stretch their day-to-day use of basic research skills. Participants will be supported through a prepared research task requiring the development of a research question, data collection, analysis and application. The content analysis methodology applied will result in generalization to meaningful basic research for motivated child life specialists to develop in their workplace.

#### **Pre-Conference Half Day Intensives (3 PDHs)**

1:00 p.m. - 4:00 p.m.



### Cures don't just happen.

They demand collaboration. Dedication. Enthusiasm. Teamwork.

St. Jude Children's Research Hospital is internationally recognized for its research and treatment of children with cancer and other catastrophic diseases. Ranked a top children's cancer hospital by *Parents and U.S. News & World Report*, St. Jude is the first and only National Cancer Institute-designated Comprehensive Cancer Center devoted solely to children. St. Jude has treated children from 50 states and around the world, serving as a trusted resource for physicians and researchers.

To learn more, visit www.stjude.org



# IV. Somewhere Over the Rainbow: Comfort and Support. The Role of Child Life in an Interdisciplinary Neonatal Comfort Care Team

\$75 - All Attendees

Elizabeth Olsen, MS, CCLS, Child Life Specialist, Morgan Stanley Children's Hospital of New York Presbyterian, New York, NY

Amy Windels, LMSW, Social Work, Morgan Stanley Children's Hospital of New York Presbyterian, New York, NY

Elvira Parravicini, MD, Neonatal Intensive Care Unit, Morgan Stanley Children's Hospital of New York Presbyterian, New York, NY

Frances McCarthy, RN, Morgan Stanley Children's Hospital of New York Presbyterian, New York, NY

Sonia Lugo, MS, CCLS, Sibling Program Child Life Specialist-Charna's Kids Club, Morgan Stanley Children's Hospital of New York Presbyterian, New York, NY

This presentation will explore the various interdisciplinary roles providing compassionate supportive interventions to infants with the life limiting conditions and their families as part of a neonatal intensive care team. The focus will be on the specific interventions and the collaboration between roles, which include a neonatologist, clinical nurse, social worker and child life specialist.

#### V. Valuing Child Life in the Workplace: Responding to Perceived Lack of Respect for the Child Life Profession

\$75 - All Attendees

Anne Claire Hickman, CCLS, CIMI, Senior Child Life Specialist, Dell Children's Medical Center of Central Texas, Austin, TX

Victoria Vaden, MA, CCLS, Child Life Specialist, Dell Children's Medical Center of Central Texas, Austin, TX

According to the 2010 CLC Member Survey, the #1 issue facing child life professionals and the child life profession is lack of respect, credibility and knowledge of the field. Using group process, cognitive restructuring and "Storytelling as Best Practice," participants will learn how respect influences teamwork, shares experiences and reframes thought processes on the micro and macro levels

This year, for the first time, CLC will also be offering intensive sessions on Saturday morning during the middle of the conference (additional fees apply). The Saturday intensive sessions will take place from 8:30 a.m. to 11:30 a.m., concurrent with the final Exhibit Hall session and a tour of Inova Fairfax Children's Hospital. Additional information about these intensives is available beginning on Page 18 of this program.

#### Tour of Children's National Medical Center

1:00 p.m. - 4:00 p.m.

\$25 - All attendees - Limited space (100)



Children's National Medical Center is the only exclusive pro-

vider of pediatric care in the Washington metropolitan area. Serving the nation's children for 140 years, Children's National is a proven leader in the development and application of innovative new treatments for childhood illness and injury, and is ranked among the best pediatric hospitals in America by U.S.News & World Report and the Leapfrog Group. Components of Children's National include: a 303 bed comprehensive center for pediatric health care with a level IIIC NICU; a Cardiac Intensive Care Unit; a Neuro Intensive Care Unit; a Level I pediatric trauma center; seven Regional Outpatient Centers; a Primary Care program; Children's National Health Network and Children's Research Institute.

#### **New Member/First Timer Orientation**

4:00 p.m. - 5:00 p.m.

Sponsored by



The New Member/First Timer Orientation is a great opportu-Hospital Medical Center nity to join veteran CLC members and staff for an informative

overview of CLC and the Annual Conference on Professional Issues. Whether you are a new member, a first-time conference attendee or potential member, this is a great opportunity to learn how to make the most out of networking opportunities and professional development through the Child Life Council. This event will set the stage for a successful conference experience and has a history of launching lasting friendships. Refreshments will be served, and participants are sure to leave with their questions answered.

#### **Connect 4 Success**

5:00 p.m. - 7:00 p.m.

For Professional Attendees Only

Sponsored by



For Children Supported by Arnold Palmer Medical Center Foundation

Formerly known as the Networking Roundtable event, Connect 4 Success has a new streamlined format, with four popular networking topics to choose from:

Clinical Practice

- Work/Life Balance Self Care
- Academic & Clinical Preparation
- Technology

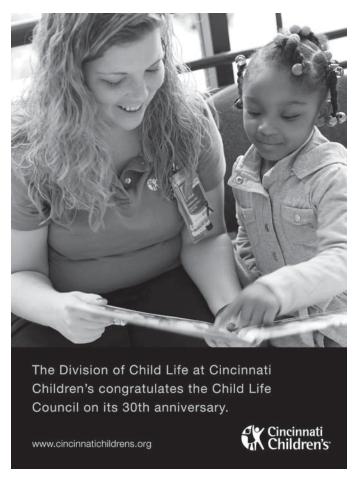
The event will take place in a ballroom divided into four separate networking sections, each dedicated to a topic. During the first hour of Connect 4 Success (5:00 p.m. - 6:00 p.m.), attendees will choose the topic of greatest interest, and meet with other members for a stimulating discussion centering on that topic. During the second hour (6:00 p.m. - 7:00 p.m.), attendees may choose to stay within the same discussion, or switch to another section of the ballroom to join a different discussion. All Professional participants (including First Timer and New Members) may attend the second hour. Students are strongly encouraged to register and attend the Student Networking Panel Event.

#### **Student Networking Event**

5:30 p.m. - 6:30 p.m.

### Sponsored by Mattel Children's Hospital UCLA

This is a special event allowing students the opportunity to ask open-ended questions to child life professionals. All students are encouraged to register for this interactive event.



### FRIDAY, MAY 25, 2012

### Opening General Session & Emma Plank Keynote Address (2 PDHs)

8:30 a.m. - 10:30 a.m.

#### Is It In You? The Role of Playfulness in Healing Children

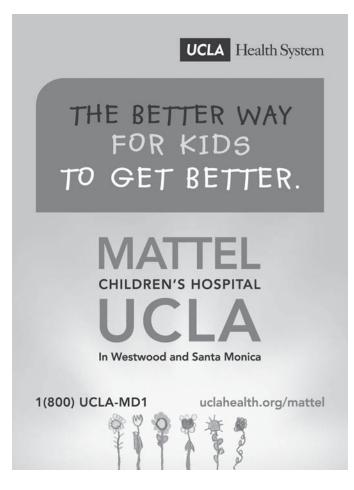
Steve Gross is the Chief Playmaker and founder of the Life is good Playmakers (formerly Project Joy), a nonprofit that uses joyful play to strengthen and heal children whose lives have been deeply impacted by poverty, violence and illness. He will explore the tremendous healing properties of playful engagement and how cultivating our own playfulness en-



ables each of us to be a joyful, loving and inspiring force in the lives of the children in our care.

#### **Professional Development Workshops (1.5 PDHs)**

10:45 a.m. - 12:15 p.m.



#### 1. The Gift of Life: Unwrapping the Mysteries about Organ Donation

Shea Short, CCLS, Phoenix Children's Hospital, Phoenix, AZ

Jenni Tessmer, CCLS, Phoenix Children's Hospital, Phoenix, AZ

Common misconceptions surrounding organ donation may inhibit child life specialists from providing accurate, age-appropriate support to siblings of organ donors. A review of current practice will empower specialists with correct knowledge and promote multidisciplinary involvement in the process, while exploring how to approach the subject of brain death and organ donation with children.

#### 2. The First Year of Life; Providing Exceptional Infant Care

Erin Contreras, CCLS, CIMI, CPST, Parkland Health & Hospital System/Parkland Memorial Hospital, Dallas, TX

The session will review the effects that hospitalization can have on infant development, educate child life professionals on assessing infants and their families, and offer ideas for therapeutic interventions. Case examples will be provided for small group brainstorming, large group discussion, hands-on demonstration and detailed instruction on assessment, therapeutic care plans, and appropriate interventions.

#### Managing Performance: A Coordination of Administrative Supervision and Use of the Department of Human Resources

Lauren Mahoney, CCLS, CEIM, Child Life Program Coordinator, The Kennedy Krieger Institute, Baltimore, MD

Catherine Northrup, CCLS, Senior Child Life Specialist, Johns Hopkins Children's Center, Baltimore, MD

Cora Welsh, CCLS, Child Life Supervisor, Johns Hopkins Children's Center, Baltimore, MD

The primary focus of this workshop is to explore a variety of non-clinical techniques which will increase the child life specialist's skills, knowledge and comfort with staff supervision. The services and expertise of the Department of Human Resources will be highlighted. The content of this workshop is aimed at those supervising other child life staff, although general principals of supervision are addressed.

### 4. Inter-Agency Therapeutic Family-Centered Programming for Burn Survivors

Amy Clark, CCLS, Family Services Coordinator, The Phoenix Society for Burn Survivors, Grand Rapids, MI

Carla Oliver, MSW, CCLS, Senior Child Life Specialist, Children's Hospital Colorado, Aurora, CO

Kristen Conover Quinn, M Ed, CCLS, LPC, Pediatric Crisis Intervention Specialist, University of Utah Hospital, Salt Lake City, UT

Jessica Irven, MS, CCLS, LRT/CTRS, Recreational Therapist, UNC Health Care, Chapel Hill, NC

A youth and family program within a national adult program was the collaborative effort of a multidisciplinary and interagency team of professionals. A program to implement developmentally appropriate interventions for those affected by burn injury from ages 7-17 was developed. A panel will present a summary of the program model, a program overview and evaluation.

#### 5. Using Visual Supports - Not Just for Patients with Autism

Jennifer Staab, MS, CCLS, Child Life Specialist, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Gail Klayman, MEd, CCLS, Adaptive Care Team Program Coordinator, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Visuals can significantly reduce the stress levels and challenging behaviors patients may exhibit when they do not understand the expectations in health care. Children who are anxious can have difficulty comprehending the verbal information they are expected to understand in health care. This presentation will demonstrate how visual supports can help patients use their visual strengths to enhance their processing and response, decrease anxiety, reduce challenging behavior and enhance understanding.

### 6. Change is Not a Bad Word: It's the One Thing You Can Count On!

Shawna Grissom, MS, CCLS, CEIM, Child Life Director, St. Jude Children's Research Hospital, Memphis, TN

Amy Kennedy, CCLS, Child Life Specialist III, St. Jude Children's Research Hospital, Memphis, TN

To be effective, productive and maintain alignment with child life and institutional visions, it is vital to manage and gain tools

to respond to change. The current culture in health care is affecting us as professionals and our approach will impact those we serve. This workshop will explore the key components driving change and how to manage it effectively.



#### 7. Quit Banging Your Head Against the Wall: Techniques on Educating Multidisciplinary Teams on the Role of Child Life Specialists

Shannon Sonhalter, CCLS, Child Life Supervisor, Children's Hospital Cleveland Clinic, Cleveland, OH

Diane Swinehart, CCLS, Children's Hospital Cleveland Clinic, Cleveland, OH

How often are you frustrated with the lack of understanding by others of your role as a child life specialist? Child life's role within the multidisciplinary team varies in different settings. This presentation will offer participants innovative techniques in educating residents, nurses, and other staff of the specific role of a child life specialist in the hospital setting.

#### **Lunch and Bookstore in Exhibit Hall**

12:15 p.m. - 2:15 p.m.

Join your fellow conference attendees and exhibitors for a casual meal and great conversation. Take time to stop by each booth to show your appreciation to our exhibitors, both new and more established, who are there to share their products and services with the child life community.

#### **CLC Committee Meetings — Track A**

12:30 p.m. - 1:45 p.m.

For Current Committee Members of the following Committees/ Tasks Forces:

- Academic Task Force 2020
- 2. Awards Committee
- 3. Bulletin Work Group

# **Congratulations**

Texas Children's Hospital® congratulates the Child Life Council on 30 wonderful years of helping children and families. And best wishes for many more years to come!



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- 4. Child Life Certifying Committee
- 5. Conference Host Committee (Committee Co-Chairs Only)
- 6. Conference Planning Committee
- 7. Evidence-Based Practice Committee
- 8. Internship Accreditation
- 9. Program Review and Development Service Committee
- 10. Research and Scholarship Committee
- Web and Online Networking and Advisory Committee (WONAC)

#### Staffed Poster Presentations — (1 PDH)

1:15 p.m. - 2:15 p.m.

### A. "Beads of Wisdom": Lessons Learned Along the Beaded Journey

Lois Wolgemuth, CCLS, Stollery Children's Hospital, Edmonton, Alberta, Canada

Allison Ingram, MEd, Provisional Psychologist, Stollery Children's Hospital, Edmonton, Alberta, Canada

Lessons learned from the Beaded Journey, one of the oldest running bead programs with a uniquely therapeutic focus, are presented. Testimonials from families in various stages of cancer treatment describe the therapeutic benefits of this intervention and importance of a concrete representation of experiences. Unique aspects of the program, significance to families, current research, and future research suggestions are included.

#### B. Show Me Where It Hurts: Patients' Interpretations of Pain

Maureen Jones, CCLS, Child Life Specialist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada

Nora Ullyot, CCLS, Child Life Specialist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada

This poster presentation will describe the process of engaging patients to express their experiences with pain by using creative arts mediums. The art work that was displayed during Pain Awareness Week highlights their understanding of the interplay of physiological and psychological dimensions of pain.

### C. Healing, One Book at a Time: A Guide to Using Bibliotherapy in Child Life Practice

Annie Beatson, CCLS, Special Events and CCTV Coordinator, Johns Hopkins Hospital, Baltimore, MD

Gwendoline Rosen, MLS, Family Resource Librarian, Johns Hopkins Hospital, Baltimore, MD

Mollie Young, CCLS, Child Life Specialist-Pediatric Radiology, Johns Hopkins Hospital, Baltimore, MD

This session demonstrates the effectiveness, relevance, and practical use of bibliotherapy with children in the hospital. Child life specialists are uniquely positioned to maximize therapeutic benefits when using bibliotherapy with patients. Attend-

ees are exposed to an analysis of research, key components, applicable resources, and criteria to consider when matching a book with a patient.

#### D. Sibling Support in End of Life Care

Tina Ulanowski, MEd, CCLS, Child Life Specialist III, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

The purpose of this poster is to disseminate research evidence on supporting siblings in end of life care and to illustrate how the utilization of a knowledge transformation model can guide the child life specialist to make practice and program changes based on findings.

#### E. Coping with Cancer: Developing Successful Support Programs for Adolescent Oncology Patients

Martha Young, MA, CCLS, Patient and Family Education Specialist, Dana-Farber Cancer Institute, Jimmy Fund Clinic, Boston, MA

Jennifer Noonan, Adolescent Specialist-Pediatric Oncology, Dana-Farber Cancer Institute, Jimmy Fund Clinic, Boston, MA

This poster presentation will provide specialists with the tools needed to create and implement a successful support program that matches not only the psychosocial needs of oncology teens but also appeals to their particular developmental interests.

# F. The Meaning of Survivorship for Latino Adolescents and Young Adults Diagnosed with Cancer

Farya Phillips, MA, CCLS, Child Life Specialist Doctoral Candidate, University of Texas at Austin, Austin, TX

This poster presentation highlights a qualitative phenomenological study used to discover the meaning of surviving cancer for Latino adolescents and young adults. An understanding of their lived experiences will allow health care providers to gain a greater appreciation of this rapidly growing population and thus aide in creating programs that will promote their long term health and well-being.

## G. Examining the Effects of Play and Non-Play Activities on Children Visiting the Doctor's Office

Sherwood Burns-Nader, MS, CCLS, Child Life Advisor/Adjunct Instructor, University of Alabama, Tuscaloosa, AL

This poster allows child life specialists to examine the effects of different types of play, including medical and typical play, on children's fear, anxiety, and distress behaviors at the doctor's office. By comparing play types, child life specialists will become familiar with optimal activities to minimize the stress associated with routine and unexpected visits to the doctor's office.

#### H. Coping Through Quilting: Project for Long Term Patients

Amy Anderson, CCLS, Child Life Specialist, Nationwide Children's Hospital, Columbus, OH

This poster presentation will educate child life specialists on the organization of a therapeutic quilting project for long term patients. The poster will allow for an understanding of how the project was developed and the beneficial qualities for patients, families and staff and how to implement such a project into various clinical scenarios.

#### **Professional Development Workshops (1.5 PDHs)**

2:15 p.m. - 3:45 p.m.

#### 8. Are We Listening? The Voice of Sibling Donors

Cara Morris, MA, CCLS, Children's Mercy Hospital and Clinics, Kansas City, MO

Cara Smith, MA, CCLS, Child Life Specialist II, Children's Mercy Hospital and Clinics, Kansas City, MO

Sibling bone marrow donors may be reticent to donate or feel coerced by doctors and parents. The introduction of a donor advocate serves to meet the mental, emotional, and psychosocial needs of sibling donors. Participants will increase their knowledge of current guidelines from the American Academy of Pediatrics for sibling donors and gain tools to develop a donor advocacy program.

#### Practical Applications and Interventions for Chronically III Children

Katherine Cedja, MS, CCLS, St. Jude Children's Research Hospital, Memphis, TN

Jessica Goddard, CCLS, St. Jude Children's Research Hospital, Memphis, TN

Families living with a chronic illness face unique challenges as they manage their child's care over years of the continuum of care. This professional development workshop will provide a framework for implementing ongoing therapeutic interventions for these patients and families, within a collaborative environment.

# 10. The Story of Developing Sustainable Child Life Programs in a Low Income Country

Morgan Livingstone, MA, CCLS, CIMI, Certified Child Life Specialist Consulting and Therapeutic Services, Toronto, Canada

Learn from the experiences of a Non-Governmental Organization (NGO) implementing sustainable child life supports, strategies and programs within an existing health care system in a low-income country. This informative session shares real life examples and stories of the first five years of hard work involved in successfully introducing the concept and practice of child life in East Africa.

### 11. From Student to Specialist: Tips and Tricks for a Successful Transition

Berndadette Sanchez, CCLS, BC Children's Hospital, Vancouver, Canada

Catherine Leung, CCLS, BC Children's Hospital, Vancouver, Canada The transition to professional life can be stressful. This presentation, aimed at students and new clinicians, will explore the stages of professional transition and equip participants with strategies to thrive in spite of the demands, role ambiguity and organizational politics associated with becoming a new professional.

#### 12. A Child's Life in a Coma

Christina Dellibovi, CCLS, CBIS, CFLE, Children's Specialized Hospital, New Brunswick, NJ

For patients and families experiencing coma, the medical model can be overwhelming. This presentation will prepare child life specialists to recognize and advocate for the specific needs of this population. A unique program philosophy will be reviewed along with strategies that can be implemented by child life in multiple settings to promote well-being and healing within the family.

#### 13. Ten Principles of Healthy Department Culture

Matthew Roefer, CCLS, Child Life Specialist, Dell Children's Medical Center, Austin, TX

Shawn Brasher, CCLS, Child Life Director, CHRISTUS Schumpert Sutton Children's/Children's Medical, Shreveport, LA

Effectively creating a healthy department culture is vital for a department's growth and development. This workshop examines the departmental culture practices of top companies and awarded hospitals and leading child life departments to facilitate improved departments. This presentation will expound on how one can impact and create a healthy environment in their respective department and align their team with their ideal culture.

#### Emphasizing Child Life Research: Sharing Professional and Student Research

Jessica Fralic, CCLS, Child Life Specialist, IWK Health Centre, Halifax, Nova Scotia, Canada

Meghan Kelly, MSEd, CCLS, Director, Child Life Program, The Children's Hospital at Montefiore Child Life, Bronx, NY

The purpose of this workshop is to provide a forum for the dissemination of professional and student research. A panel of successful professional and student researchers will outline and detail the opportunities, values and benefits of the research they have conducted with tips on how to facilitate this within your own institution.

#### **Professional Development Workshops (1.5 PDHs)**

4:00 p.m. - 5:30 p.m.

### 15. We Remember Together: Creating a Pediatric Memorial Service

Kelly Blanchette, CCLS, Goryeb Children's Hospital Morristown Memorial/Overlook Hospitals, Summit, NJ

Planning a pediatric memorial service can be quite an endeavor

for a child life specialist. Learn about the importance of such a program for both families and staff. Discover fresh ideas and innovative resources to help create or refresh a memorial service to fit the needs of any setting.

#### 16. "Why Can't Mommy Play with Me? And Why Does Daddy Seem So Sad?" Supporting Parent Patients and the Children Who Love Them

Colleen Lacey, MA, CCLS, LAMFT, Child Life Specialist, Children's Hospitals and Clinics of MN/United Hospital, Minneapolis/St. Paul, MN

Cinda McDonald, MEd, CCLS, RDH, Child Life Specialist, Baylor University Medical Center at Dallas, Dallas, TX

Alexandra Waltien, CCLS, Vermont Children's Hospital, Burlington, VT

Child life specialists support children wherever they may encounter a stressful health care experience. The adult hospital has been identified as a setting where child life services are increasingly needed. A panel of child life specialists will discuss ways in which to integrate and implement such services by highlighting case studies, literature reviews and clinical practices.

#### 17. Creating Truly Powerful and Effective Child Life Presentations for Your Hospital and Community

Christy Campo, CCLS, Child Life Specialist, Orange, CA

Stephanie DeMello, MS, CCLS, Child Life Specialist, Children's Hospital of Orange County, Orange, CA

This workshop will explore presentation techniques, methods to tailor presentations for different audiences, and ways of de-

veloping marketing strategies for maximum impact. We hope to inspire the audience to create presentations that will leave powerful impressions, increase child life education, and have positive outcomes for their programs.

## 18. Weathering the Storms that Come Our Way with Optimism and Positive Psychology

Thomas Brown, PhD, Professor of Psychology, Utica College, Utica. NY

Civita Brown, MS, CCLS, Coordinator of Internships/ Psychology, Utica College, Utica, NY

This presentation will review the development, basic principles, and importance of Optimism and Positive Psychology within the context of child life practice. Research has shown implication for health and resilience following illness or trauma within Optimism and Positive Psychology.

## 19. Incorporating Knowledge of Brain Development into Child Life Interventions for Hospitalized Infants and Toddlers

Jennifer Smith, CCLS, CIMI, Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN

Amy Scott, CCLS, Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN

Hospitalized infants and toddlers are often recognized as a vulnerable population. This presentation will identify the significance of brain development during this time, how hospitalization may impact this process, and how child life specialists can promote on-going optimal brain development. A case study will provide insight into how interventions can be implemented.



### **Call for Abstracts**

Child Life Council 31st Annual Conference on Professional Issues

May 16 – 19, 2013 Sheraton Denver Downtown Hotel Denver, CO.

Abstract submissions for the CLC 31st Annual Conference will be accepted through the CLC Website beginning June 8, through July 31, 2012.

# 20. A Child Life Passport: International Child Life Lessons and Research Outcomes for the Student, Educator, and Practitioner

Jennifer Chabot, PhD, CCLS, Associate Professor, Ohio University, Athens, OH

Michelle Reinhart, CCLS, Child Life Specialist, Children's Medical Center, Dallas, TX

Global health care opportunities help define clinical skills and understanding of applying child life interventions in multicultural settings. This session will discuss the presenters' four-week experience as part of an international child life volunteer team, and share research on how international volunteer and service-learning experiences shape participants' professional employment as child life specialists..

### 21. Empowering Leaders at Every Level: A Shared Governance Model

Cathleen Johnson, CCLS, Child Life Specialist, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Rebekah Ganon, CCLS, Child Life Specialist, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

"Shared Governance...is about having a 'voice'- being informed, heard and included in decision-making." Discover the process and benefits of this approach for engaging and empowering ourselves and others in a department or work-group. Examine the principles and methods of this cooperative approach to leadership and decision-making, and identify ways to adopt the model and strategies in your setting.

#### **CLC Committee Meetings – Track B**

5:45 p.m. - 7:00 p.m.

For current members of the following Committees/Tasks Forces:

- 1. Archives Management Group
- 2. Diversity Task Force
- 3. Education & Training Committee
- 4. Internship Task Force
- 5. Leadership Development Committee
- 6. Official Documents Task Force
- 7. Partnership Review Committee
- 8. Patient Ratio Study Task Force
- 9. Policy Task Force
- 10. Professional Resources Committee
- 11. Program Standards Task Force

#### **30th Anniversary Reception**

6:30 p.m. - 8:30 p.m.

Come and help us to honor 30 years of supporting children and families, by joining in the Child Life Council 30th Anniversary Reception. Take stroll through the Exhibit Hall, enjoy tasty tidbits, renew old acquaintances and make new ones.

#### **Poster Presentations**

7:00 p.m. - 8:00 p.m.

### **SATURDAY, MAY 26, 2012**

#### **CLC Information Desk Open**

7:00 a.m. - 4:00 p.m.

Located in the same area formerly designated for Conference Badge & Tote Bag Pick-up, the CLC Conference Information Desk will be staffed with volunteers for any conference-related questions.

#### **Exhibit Hall and Bookstore Open**

8:30 a.m. - 12:30 p.m.

#### Hospital Tour — Inova Fairfax Children's Hospital

8:30 a.m. - 11:30 a.m.



\$25 - All attendees - Limited space (100)

Inova Fairfax Hospital for Children is a 186-bed, full-service children's hospital devoted to the health care of infants, children and adolescents in the Northern Virginia area. We use state-of-the-art technology, research and teaching innovations, and a dedicated team approach to patient care. As Northern Virginia's only pediatric tertiary care center, we provide only the highest level of care for our patients.

We include a pediatric emergency department, the region's only pediatric intensive care unit and the region's largest neonatal intensive care unit. IFHC has 11 child life specialists covering all inpatient pediatric units, Radiology, the Pediatric Emergency Department, and the Pediatric Surgical Unit.

#### Half-Day Intensives (3 PDHs)

8:30 a.m. - 11:30 a.m.

### VI. Emma Emma Bobemma! How Any CCLS Can Promote Poetry as WordPLAY for Growth and Healing

\$75 - All Attendees

Susan "Boon" Murray, EdD, CCLS, CTRS, Professor, University of Wisconsin La Crosse, La Crosse, WI

Clap, tap, recite, and write your way through hands-on poem recitation and poem-making and facilitate the power of word-PLAY for healing. Explore six contexts for using poetry as a CCLS. Boost your confidence to use techniques with three easy take-alongs. Discover program resources from the interdisciplinary association that launched the biblio/poetry therapy career in Washington, DC as a signature location.

#### VII. Childhood Shouldn't Hurt: The Role of the Child Life Specialist with Non-Accidental Trauma Cases

\$75 - All Attendees

Amanda Ammons, MS, CCLS, Child Life Specialist, Children's Medical Center, Dallas, TX

Jill Bringhurst, MS, CCLS, CPST, Child Life Specialist, Children's Medical Center, Dallas, TX

Matthew Cox, MD, Child Abuse Pediatrician, Associate Professor of Pediatrics, Medical Director, REACH Program, Children's Medical Center, Dallas, TX

Child life specialists and a child abuse pediatrician will review forms of non-accidental traumas including physical abuse, sexual abuse, neglect and medical neglect. Participants will receive verbal and hands-on therapeutic interventions to be used with child abuse victims. Special considerations will be given to interdisciplinary and community collaborations, professional and personal boundaries, family dynamics and custody issues.

### VIII. Update on the Top Ten Pain Myths: Research and Resources to Address Barriers to Effective Pain Management

\$75 - All Attendees

Amy Baxter, MD, Proprietor, MMJ Labs, Inc., Atlanta, GA

This talk will present the most common objections to providing appropriate procedural pain management in the clinical setting, and the research to refute them. As part of the talk, nuances of options for needle pain management will be discussed, as well as the most recent literature surrounding the most effective use of non-IV options for minimal sedation and anxiolysis (midazolam, fentanyl, nitrous, and oral analgesics).

#### Plenary Sessions (1.5 PDHs)

1:00 p.m. - 2:30 p.m.

#### A. When Children Have Life-Threatening Medical Conditions: Help for the Child, the Family and the Professionals

Nancy Boyd Webb, DSW, LICSW, RPT-S, Distinguished Professor of Social Work Emerita, Fordham University

Serious health problems in infancy or early childhood may seriously derail a child's development and create daunting problems for all involved. This presentation illustrates the role of different expressive therapies to help chronically or terminally ill children achieve a positive outlook despite the anxiety associated with multiple hospitalizations and ongoing treatment. Attention will also be given to the stresses on the helpers and methods to enhance their positive coping.

#### B. Spirituality: For Us or Against Us

Rev. Paula J. Teague, D. Min., MBA, Director, Pastoral Care, Johns Hopkins Bayview Medical Center

Spirituality is a key to decision making and coping for patients and their loved ones. However, there are times when spirituality is a source of contention, making for difficult relationships with these same patients and families. This lecture provides background information about the importance of spirituality in providing care. Difficult cases involving spirituality will be discussed. Practical solutions for these troubled situations will be offered.

#### C. Child Life Specialists: Clowns, Companions, and Confidants

J. Durell Tuberville, PhD, LPC, LMFT, CTS, President, Personal Solutions, Inc.

Experiencing unique and demanding stressors on my self, work and family is common place while desperately managing the overwhelming compassion fatigue associated with struggling children are issues on the plates of the consumate helper in the lives of those who are called child life specialists. Dr. Tuberville will, through laughter, challenges and human observation, show how to continue building the love of serving for those professionals with expertise in helping children and their families overcome life's most challenging events.

### Professional Development Workshops (1.5 PDHs)

2:45 p.m. - 4:15 p.m.

#### 22. The Grants Game for Child Life Programs

Teresa Schoell, MA, CCLS, Child Life Specialist, Rochester General Hospital, Rochester, NY

Carol Fisher, Director of Grants, Rochester General Hospital, Rochester, NY

A professional grant writer teams up with a child life specialist to bring you insight and training in how to identify, apply for, and best utilize grants to support child life programs. Special attention will be given to strategizing and leveraging grants to make the most of every effort and every dollar.

### 23. Mental Illness: Revealing the Individual Behind the Diagnosis

Melissa Liddle, CCLS, CTRS, Child Life Specialist, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Nancy Pushkar, MA, CCLS, Child Life Specialist, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

This presentation is intended to help child life specialists develop an enhanced understanding of children and teens beyond their mental health diagnosis. It will provide education on complicating factors as well as tools and interventions which have been successful. In this interactive session, participants will be collaborating in small groups with clinical scenarios that address these psychosocially complex clinical cases.

#### 24. Extreme Holiday Makeover

Rose Seelenbinder, CCLS, Child Life Specialist, Children's Hospital of Philadelphia, Philadelphia, PA

Elana Brewer, MS, CCLS, Director, Children's Hospital of Philadelphia, Philadelphia, PA

Ever wonder if you are meeting your patients' and families' needs when it comes to celebrating the winter holidays? Struggling with how to balance family-centered care, staff's therapeutic relationships, and commercial holiday celebrations? This presentation will take you through one hospital's journey of evaluations of gift giving procedures, lessons learned along the way, and the establishment of new traditions.

# 25. "I am Grrr Girl, Hear me Roar": The Successful Collaboration of Child Life with an Arts Non-Profit Organization to Provide a Self-Esteem Support Group for Girls Living with Chronic Illness

Sarah Roffe, CCLS, Child Life Specialist II, The Child Life and Creative Arts Therapy Department, The Mount Sinai Kravis Children's Hospital, New York, NY

Sharon Granville, MS, CCLS, CTRS, NCC, New York Presbyterian Cornell Weil

Jennifer Armstrong, MA, ATR, National Program Development Specialist, Art of Elysium, Los Angeles, CA

Diane Rode, MPS, CCLS, LCAT, ATR-BC, Director, Child Life and Creative Arts Therapy Department, The Mount Sinai Kravis Children's Hospital, New York, NY

This presentation showcases a successful collaboration between a hospital and community program. Participants will be exposed to the intricacies of co-managing a group consisting of culturally and medically diverse adolescent female patients through a self-esteem workshop.

#### 26. The Not-So Forgotten Children: The Development of a Comprehensive Sibling Support Program

Sarah Miedel, MS, CCLS, Child Life Coordinator, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

Siblings of pediatric patients often experience many distinctive stressors. This facility used a sibling-specific playroom to develop an all-inclusive support program. This presentation will present a journey of growth and provide various therapeutic interventions used by multidisciplinary team members to address the complex issues faced by siblings.

#### 27. Expanding Clinical Practice into the Classroom: Perspectives of an Academician and a Clinician

Katherine Bennett, MEd, CCLS, Child Life Specialist, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Laura Gaynard, PhD, CCLS, Adjunct Associate Professor, University of Utah-Family & Consumer Studies, Salt Lake City, UT

Translating child life specialists' clinical skills into university classrooms can be a challenge. Attendees will understand the characteristics needed for effective instruction and will be given suggestions regarding syllabus development based on guidelines from the CLC. Emphasis will be placed on collaboration between new and seasoned academics and the common factors between effective clinical skills and classroom teaching abilities.

### 28. Creating a Culture Change: Advocating for Family-Centered Care, Where Our Family Meets Your Family

Erin O'Brien, MS, CCLS, Steven and Alexandra Cohen Children's Medical Center of New York, New Hyde Park, NY

Nancy Palumbo, MD, Director of Pediatric Hospitalist
Program, Steven and Alexandra Cohen Children's Medical
Center of New York, New Hyde Park, NY

Tara Matz, MSN, RN, Adolescent Unit Nurse Manager, Steven and Alexandra Cohen Children's Medical Center of New York, New Hyde Park, NY

Nicole Taormina, RN, Assistant Nurse Manager, Steven and Alexandra Cohen Children's Medical Center of New York, New Hyde Park, NY

This presentation will allow the multi-disciplinary team to recognize ways in which family-centered care and family-centered rounds contribute to a positive healing environment. The attendees will learn strategies to implement family-centered care philosophy as well as family-centered rounds in their own environment.

### **Professional Development Workshops (1.5 PDHs)**

4:30 p.m. - 6:00 p.m.

### 29. Support for Children of Adult Patients in the Critical Care Setting

Janet Cross, MEd, CCLS, Director, Patient-and Family-Centered Care, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Christie Zeman, MEd, CCLS, Child Life Specialist I, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Providing developmentally appropriate strategies to support children of adult patients increases a child's ability to manage emotions. This presentation will provide an overview and outcomes of a recently completed pilot program of child life in adult critical care units. Methods used to demonstrate the value of adding a child life specialist to the adult health care team will be examined

### 30. Babywearing: Developmental Benefits of Slings, Wraps, and Carriers

Erin Contreras, CCLS, CIMI, CPST, Child Life Specialist, Parkland Health & Hospital System, Dallas, TX

This professional development session will introduce babywearing as a clinical tool child life specialists can utilize with hospitalized infants. The history of babywearing, cultural perceptions, and developmental benefits will be discussed. There will be in-depth demonstration utilizing various, wraps, slings, and carriers with emphasis on safe babywearing practices. Research and resources for promoting babywearing will be provided.

### 31. Home-Based Hospital Preparation for Children and Families: A European Reality

Jean-Claude, Child Life Specialist, Director, Association Le P.A.S., Hopital de l'Enfance de Lausanne Pediatric Hospital, Lausanne, Switzerland

Verena P De Valle Mattsson, Psychologist, Certified Child Life Specialist, Hopital de l'Enfance de Lausanne Pediatric Hospital, Lausanne, Switzerland

This presentation will provide child life specialists with information about an existing one-person, free-of-charge, home-based European, preparations program. This program provides surgery preparation to children and their families who will be in a hospital where child life services are not offered. A review of the literature, the limitations of the program and conclusions will be discussed, along with other home-based interventions.

## 32. Defining Cultural Competencies for the Child Life Field: Opportunities for Education and Policy Development

Priti Desai, PhD, MPH, CCLS, Assistant Professor, East Carolina University, Greenville, NC

This session is targeted for clinical and academic educators to engage in a dialogue regarding the need for defining cultural competencies in the child life field. Cultural competency standards in other pediatric health care professions, a template of such standards for child life, best practices in cultural diversity education and training, as well as pertinent research opportunities will be discussed.

### 33. The Creative Power of the Pen: For Pleasure, Purpose, or Publication

Shannon Alford, CCLS, Child Life Specialist, Nationwide Children's Hospital, Upper Arlington, OH

Therapeutic benefits of expressive writing for both personal and professional purposes will be the focus of this presentation. Words have creative power and the process of writing can produce powerful outcomes. This workshop explores writing strategies and techniques to be utilized by participants who will be actively engaged in writing exercises and small group discussion.

#### 34. Using Sign Language to Empower Children and Ease Stress

Dawn Braa, MA, Instructor, Dakota County Technical College, Rosemount, MN

Signing can be a window into a child's mind and personality. This session will enable participants to use American Sign Language with the children in their care. Attendees will learn how the use of sign language can ease frustration, increase self-esteem, and assist in diagnosing and managing pain, as well as help a child understand the sequence of a procedure.

#### 35. The Art of Listening: Do You Hear What I Hear?

Heather Crawford, CCLS, Child Life Specialist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada

Maureen Jones, CCLS, Child Life Specialist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada

Listening with compassion and respect are significant factors in promoting family-centered care and facilitating interpersonal relationships with children and families in health care settings. This presentation will utilize the 'Learning to Listen' assessment tool to promote the importance of effective listening to improve communication.

#### **Internship Open Forum**

6:15 p.m. - 7:15 p.m.

The Internship Task Force will host this meeting to discuss their recent work to the Internship Supervisor's Manual. All internship coordinators are encouraged to attend.

#### **Academic Professionals Meeting**

6:15 p.m. - 7:15 p.m.

This informal meeting is an opportunity for academic professionals to gather and discuss current issues in the academic community. All educators are encouraged to attend.

#### **SUNDAY, MAY 27, 2012**

#### **Professional Development Workshops (1 PDH)**

8:30 a.m. - 9:30 a.m.

### 36. I'm Looking for an Article: An Interactive Search for Literature

Kate Shamszad, MS, CCLS, Director, MD Anderson Children's Cancer Hospital, Houston, TX

Nicole Rosburg, MS, CCLS, Child Life Specialist, Texas Children's Hospital, Houston, TX

This interactive session will review steps taken to find relevant published literature. Participants will gain the knowledge and ability to recognize research ideas in current practice and how to perform a literature review as they delve into the world of research.

#### 37. A Pilot Program: Introducing Child Life into a Radiation Oncology Clinic

Kristan Lee Freitag, CCLS, Child Life Specialist, C.S. Mott Children's Hospital, Ann Arbor, MI

Joumana Dekmak, RT, Chief RT, University of Michigan Health Systems, Ann Arbor, MI

Molly Brumond, RN, BSN, OCN, Clinical Care Coordinator, University of Michigan Health Systems, Ann Arbor, MI

Participants will learn from a multi-disciplinary team how to initiate, plan, implement and finalize a child life specialist position in a pediatric/adult Radiation Clinic, where the introduction of child life resulted in reduced use of sedation, increased preparation and improved patient, family and staff satisfaction.

### 38. Disclosing to Children with Perinatally Acquired HIV: A Process-Oriented Model

Kathryn Cantrell, MA, CCLS, Child Life Specialist, Memphis, TN

As children with HIV continue to gain more access to antiretroviral therapy and develop meaningful lives, caregivers face the stressful process of informing their child about his/her illness. This presentation will outline the factors contributing to psychosocial adjustment to disclosure as well as provide participants with a progressive, developmental framework leading to this difficult conversation.

#### Uh-Oh, There's a Disaster?! Child Life's Role, from Policies to Play

Rebecca Baker, MS, CCLS, Child Life Specialist, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

Alanna Kanawalsky, MS, CCLS, Child Life Specialist, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

The presentation will inform participants of a child's psychological response to disaster and the effect it has on their development. Participants will learn various techniques to assess a patient, develop rapport, stabilize the environment and respond to a child's psychosocial needs. Presenters will discuss the development and integration of child life involvement into the multidisciplinary approach to disaster response.

### 40. Embracing the Rapid Changes of Technology to Transform Children's Health Care

Sarah Wagner, CCLS, CIMI, Child-Family Life Specialist, University of Minnesota Amplatz Children's Hospital Child Family Life, St. Paul, MN

Emily Trester, CCLS, Child-Family Life Specialist, University of Minnesota Amplatz Children's Hospital Child Family Life, St. Paul, MN

Rapid technology changes can be overwhelming. Learn how one facility successfully utilizes various multimedia components to improve the overall delivery of health care to children. Understand how mastering new technology will enhance your own child life practice. Walk away with strategies for integrating tablet technology (Apple iPad) as a respected therapeutic tool to use within your facility.

## 41. Transforming an Idea into Evidence-Based Practice: Developing a Research Study

Jennifer Holly, CCLS, University of Michigan C.S. Mott Children's Hospital, Ann Arbor, MI

Alison Chrisler, MA, CCLS, Child Trends, Washington, DC

Brenda Gordley, CCLS, PN, University of Iowa Children's Hospital, University of Iowa College of Nursing

This presentation will provide child life specialists the tools and skills needed to take an idea or child life intervention and develop a research study. The presentation will focus on collaborating with other health professionals. Examples of research studies conducted in hospitals and other settings will be shared with participants.

#### 42. The Ripple Effect of Medical Trauma: Helping Families Negotiate Uncharted Waters in the ER

Nancy Morphet, CCLS, Child Life Specialist, Children's Hospital, London Health Sciences Centre, London, Ontario, Canada

In negotiating the unchartered waters of the E.R. following an injury, patients have the potential to experience a "ripple effect" of trauma. This presentation will illustrate how initial interactions with health care staff help shape the way that pediatric patients perceive medical events and treatment, and will offer strategies to promote new "rippling effects" of resilience.

### Professional Development Workshops (1 PDH)

9:45 a.m. - 10:45 a.m.

### 43. Parents' Perceptions and Satisfaction with Child Life Interventions: Research Results

Chantal LeBlanc, CCLS, Child Life Specialist, IWK Health Centre, Halifax, Nova Scotia, Canada

Krista Naugler, CCLS, Child Life Specialist, IWK Health Centre, Halifax, Nova Scotia, Canada

This study explored parents' knowledge of the role of the child life specialist, the perception of need for each child life intervention; whether they received the service and their level of satisfaction. This study also examined the role of temperament in parent satisfaction with child life interventions. The results and implications of this study will be discussed.

#### 44. So You Want to Go Back to School...Considerations for Making the Move from Specialist to Student

Jessika Boles, MEd, CCLS, Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN

Megan Billing, MA, CCLS, Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN

This workshop will explore the academic avenues available to child life specialists who are considering continuing their education with a master's or doctoral degree. Participants will weigh the benefits and challenges of higher education and explore their own personal goals and motivations to determine the path that best complements their personal and professional needs.

# 45. The Children's Comfort Program: A Multidisciplinary Approach to Managing Pain in the Pediatric Emergency Department

Shannon Barnett, MS, CCLS, Child Life PICU/ED, New York Presbyterian Morgan Stanley Children's Hospital, New York, NY

Laura Gilbert, CCLS, Child Life PICU/ED, New York
Presbyterian Morgan Stanley Children's Hospital,
New York, NY

Daniel Tsze, MD, MPH, New York Presbyterian Morgan Stanley Children's Hospital, New York, NY

Pain is a common issue that is often a challenge to manage by the care team in the emergency department. This multidisciplinary panel will offer participants an overview of the creation, implementation and evaluation of a pediatric emergency department's pain management program. Successful pharmacological and non-pharmacological methods will be reviewed and discussed.

### 46. "You're Going to Play with a Real Needle?" A Complete Guide to Implementing Needle Play

Mitzi Privette, MEd, CCLS, Child Life Specialist, The Children's Hospital of the Greenville Hospital System University Medical Center, Greenville, SC

Needle play is a therapeutic tool that child life specialists may be aware of, but may not know how to implement with patients. This topic will explain needle play and illustrate the importance of utilizing it with patients who experience injections. Information will be shared to enlighten participants and increase their understanding of how to perform needle play with patients.

#### 47. Future Health Care Professionals Knowledge of Developmentally Appropriate Care: Research and Implications for Practice

Jessica Wente, MS, CCLS, Child Life Specialist, Florida Hospital for Children, Lakeland, FL

How prepared are health care professionals in providing developmentally appropriate care? What is our role in educating our fellow interdisciplinary team members and how do we engage them in training? This session presents research findings on future health care professionals' knowledge of developmentally appropriate care and their desire for further training.

### 48. A Favorable Beginning: An Inside Look into a Successful Child Life Practicum Program

Rebecca Baker, MS, CCLS, Child Life Specialist, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

Sara Fisher, MS, CCLS, Child Life Specialist, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

Practicum programs are becoming an important component in the student's child life learning process, often providing the student with a more competitive edge. This presentation will demonstrate how to design a strong child life practicum and will include detailed information on the benefits and challenges of creating a successful program.

#### 49. The Creation of an Advanced Competency in Bereavement

Sherry Polise, CCLS, Child Life Specialist, Children's Hospital of Philadelphia, Philadelphia, PA

Providing supervision and skill development pertaining to endof-life care is crucial to advance child life specialists' competency levels in bereavement. This presentation will share how one clinical leadership team developed and implemented a structure for educating, supervising, observing and providing feedback to child life specialists providing end of life care, while maintaining a respectful experience for families.

#### **Closing General Session**

11:00 a.m. - 12:30 p.m.

#### **Child Life Distinguished Service Award Presentation**

Winner to be Announced

The Distinguished Service Award is the highest award presented by the Child Life Council Board of Directors, recognizing exceptional members for outstanding contributions to the field of child life. The 2012 Distinguished Service Award will be presented at the Closing General Session.

#### A New Hope for Children and Families: It's Not a Fairytale

Jeni Stepanek, Ph.D., Executive Director, Mattie J.T. Stepanek Foundation



Jeni Stepanek, Ph.D., an award-winning speaker, writer and peace advocate, is the author of the *NY Times* Bestseller, *Messenger: The Legacy of Mattie J.T. Stepanek and Heartsongs.* Jeni's inspirational messages about disability, grief, parenting, education, healthcare, collaboration, hope, peace, and spirituality have been carried by all media outlets. She has

a rare neuromuscular disease, and relies on a ventilator and wheelchair for breathing and mobility. She earned her Ph.D. and M.Ed. in Early Childhood Special Education from the University of Maryland, and her B.A. in psychology and journalism from The Catholic University of America. For more information visit www.mattieonline.com.

#### Hospital Tour — Johns Hopkins Children's Hospital

1:00 p.m. - 5:00 p.m.

\$25 - All attendees Limited space (100)



Johns Hopkins Children's Center offers one of the most comprehensive pediatric medical programs in the country, with more than 92,000 patient visits and nearly 9,000 admissions each year. It consistently ranks among the top children's hospitals in the nation. This year, Hopkins Children's moved into The Charlotte R. Bloomberg Children's Center and is celebrating its 100th anniversary. Hopkins Children's Child Life program, founded in 1944, is among the first in the nation. More information: www. hopkinschildrens.org.

**Please note:** At the conclusion of this tour, all participants will be taken directly to the Baltimore Washington International Thurgood Marshall Airport as the final destination. This tour bus will not come back to the hotel.

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To access additional contact information, please visit the online Member Directory through the CLC website.

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NOTES	
D LIFE COUNCIL	

# **Congratulations**

Children's National Medical Center congratulates the Child Life Council on 30 years of dedication to children and families.

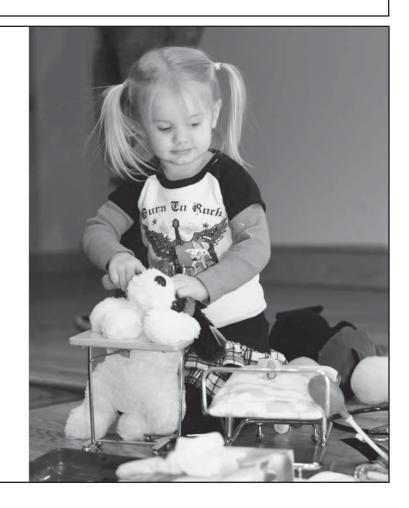
We applaud the extraordinary work of our Child Life Specialists who have made a lasting difference in the lives of countless children.





Children's Hospital Boston congratulates the Child Life Council and salutes our Child Life Specialists for their extraordinary contributions to patient care.







The Child Life Council is pleased to invite you to the 30th Annual Conference on Professional Issues. As the premier educational experience for child life professionals, the Annual Conference will bring together a dynamic group of attendees for unparalleled professional development and networking opportunities.

Child Life Council, Inc. is the leading membership association serving child life professionals as they empower children and families to master challenging life events.

CLC has more than 4,800 members.

