Child Life Council 33rd Annual Conference on Professional Issues

Commitment to Care: Creating Change in Cincinnati

May 21-24, 2015



Child Life Council 33rd Annual Conference on Professional Issues

Schedule-at-a-Glance

Thursday, May 21, 2015 Pre-Conference Events

7:30 a.m. - 6:00 p.m. **CLC Registration Desk Open Exhibitor Set-Up** 8:00 a.m. – 3:30 p.m. 8:30 a.m. - 11:30 a.m. **Board of Directors Meeting Pre-Conference Full-Day** 8:30 a.m. – 3:30 p.m. Intensives (6 PDUs) 12:30 p.m. – 3:30 p.m. **Committee Chairs Orientation** & Leadership Development Session 4:00 p.m. – 5:00 p.m. First Timer/New Member Orientation **Connect for Success Social** 5:00 p.m. – 6:00 p.m. Hour (Professional Networking Event) 5:00 p.m. – 6:00 p.m. **Student Networking Event** with Panel 6:00 p.m. – 8:00 p.m. Welcome to Cincinnati **Reception in the Exhibit Hall**

Friday, May 22, 2015 Conference Events

7:30 a.m. – 6:00 p.m.	CLC Registration Desk Open
8:30 a.m. – 10:30 p.m.	Opening General Session with Emma Plank Keynote Address and Distinguished Service Award Presentation (2 PDUs)
10:45 a.m. – 12:15 p.m.	Professional Development Workshops #1 - 7 (1.5 PDUs)
12:15 p.m. – 2:15 p.m.	Exhibit Hall Open with Lunch
12:30 p.m. – 1:45 p.m.	Committee Meetings – Track A
2:15 p.m. – 3:45 p.m.	Professional Development Workshops #8 – 14 (1.5 PDUs)
4:00 p.m. – 5:30 p.m.	Professional Development Workshops #15 – 22 (1.5 PDUs)
5:45 p.m. – 7:00 p.m.	Committee Meetings – Track B
5:30 p.m. – 8:00 p.m.	Opening Night Reception in Exhibit Hall
6:00 p.m. – 7:00 p.m.	Staffed Poster Presentations (1 PDU)



Saturday, May 23, 2015

8:00 a.m. – 5:00 p.m.	CLC Registration Desk Open
8:30 a.m. – 10:00 a.m.	Plenaries (1.5 PDUs)
10:15 a.m. – 11:15 a.m.	Professional Development Workshops #23 – 29 (1 PDU)
11:30 a.m. – 1:00 p.m.	Research & Scholarship Committee Presentation (1.5 PDUs)
11:30 a.m. – 1:00 p.m.	Professional Development Workshops #30 – 36 (1.5 PDUs)
1:30 p.m. – 2:30 p.m.	Town Hall
1:30 p.m. – 4:30 p.m.	Half-Day Intensives (3 PDUs)
1:30 p.m. – 5:30 p.m.	Hospital Tour – Cincinnati Children's Hospital Medical Center
2:30 p.m. – 3:30 p.m.	Research Discussion
3:30 p.m. – 5:30 p.m.	Academic Professionals Meeting

Sunday, May 24, 2015

8:30 a.m. – 9:30 a.m.	Professional Development Workshops #37 – 43 (1 PDU)
9:45 a.m. – 10:45 a.m.	Professional Development Workshops #44 – 50 (1 PDU)
11:00 a.m. – 12:30 p.m.	Closing General Session and Mary Barkey Award Presentation (1.5 PDUs)
12:30 p.m. – 5:00 p.m.	Hospital Tour –Cincinnati Children's Hospital Medical Center

Attention Registered Nurses

All educational sessions at the CLC Annual Conference have been reviewed and approved by Cincinnati Children's Hospital Medical Center as sources of professional development credit. Contact hours will be awarded to nurses who attend the entire program and complete an evaluation tool.

Cincinnati Children's Hospital Medical Center (OH-046, 9/1/2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



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CHILD LIFE COUNCIL

Board of Directors Committee & Task Force Chairs CLC Staff



Download the Confernce app! http://childlife.quickmobile.mobi/

Child Life Council 33rd Annual Conference on Professional Issues Duke Energy Convention Center

Known as The Queen City, Cincinnati, OH, boasts beautiful architecture, a vibrant and rich history, many signature dishes, and a friendly atmosphere. This year, child life professionals, educators and students from around the globe will experience the welcoming spirit of the city as they gather for CLC's 33rd Annual Conference on Professional Issues. Come join us as we affirm our commitment to care in Cincinnati!

At this year's conference you'll have ample opportunity to expand your professional knowledge. The Conference Planning Committee has hand-picked a dynamic collection of professional development workshops, poster presentations, plenary sessions, and full- and half-day intensives encompassing the latest research and topics of interest in child life. Customize your conference experience by selecting the educational sessions most relevant to your position and leave the event with enhanced knowledge, broadened skills and a fresh perspective!

Pre-conference activities kick off on Thursday, May 21 with a series of full-day intensives covering a range of interests including trauma in children's disaster response, the Coach Approach to leadership and the recently-launched Psychosocial Risk Assessment in Pediatrics (PRAP). Afterwards, be sure to connect with old friends (or meet new ones!) at the Welcome to Cincinnati reception, held in the Exhibit Hall from 6:00 p.m. to 8:00 p.m.

Loretta LaRoche, an acclaimed author, television star, and humor and stress-management consultant, will deliver the opening keynote address on Friday morning. Known as the "Siren of Stress," Loretta is a trained mental health advocate and comedic performer who is dedicated to helping people manage stress through laughter and engaging entertainment.

Be sure to register in advance and attend the poster presentations on Friday evening (worth one PDU). Participants will have the opportunity to vote for your favorite poster, and the winning poster will be awarded the Blue Ribbon.

Beginning at 8:30 a.m. on Saturday morning, leading experts will present three separate plenary sessions on the topics of clinical hypnosis, generations in the workplace and relational neuroscience. Choose from a series of professional development workshops offered Saturday morning, including a panel presentation brought to you by the Research and Scholarship Committee. Cincinnati Children's Hospital Medical Center will host tours on both Saturday and Sunday afternoon. Hospital tours tend to fill up quickly, so register early!

The closing general session on Sunday will feature Alex Sheen, the Founder of *because I said I would*, a nonprofit organization committed to motivating people to make positive changes and commit acts of kindness. Come be inspired as Alex speaks on the importance of promises made and kept.

In addition to top-notch educational sessions there will be prime opportunities for networking with your peers. Don't miss out on the chance to mingle with your colleagues and discuss common issues during the Connect for Success social hour on Thursday evening or the separate networking event for students. Make sure you visit the Exhibit Hall on Thursday and Friday to chat with exhibitors and see the exciting array of services and products available to child life programs.

During your free time, be sure to take advantage of all that Cincinnati has to offer! Many of the city's best shops, dining options, tourist sites, and beautiful landscapes are within walking distance of the hotels and convention center.

We look forward to seeing you in May!

2015 Conference Program Committee Members



2015 Committee Chair Barbara Romito, MA, CCLS Director, Child Life Program The Bristol-Myers Squibb Children's Hospital at Robert Wood Johnson University Hospital New Brunswick, NJ



Chair Elect Victoria Vaden, MA, CCLS Winter Park, FL



CLC Board Liaison Meghan Kelly, MS, CCLS Director, Child Life Program, GWN Explainer Program Montefiore Medical Center Bronx, NY

<u>Committee Members</u> Jodi Bauers, MM, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH **Stephanie Dill, CCLS, FCS** Child Life Specialist <u>Children's Healthcar</u>e of Atlanta

Atlanta, GA

Emily Durham, MA, CCLS Supervisor, Child Life Program Children's Hospital of Greenville System Greenville, SC

Linsey Hammon, MS, CCLS Child Life Educator Cook Children's Healthcare System Fort Worth, TX

Susan Gorry, MA, CCLS Child Life Specialist Lead Children's Hospital Los Angeles Los Angeles, CA

Adjunct Reviewers Elizabeth Ayoub, CCLS Child Life Specialist Helen DeVos Children's Hospital Grand Rapids, MI

Emily Beauchemin, CCLS Child Life Specialist Jeff Gordon Children's Hospital Charlotte, NC

Brittany Blake, MS, CCLS Child Life Specialist Medical City Children's Hospital Dallas, TX

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Catherine Leung, CLSt. Dipl., CCLS Child Life Specialist BC Children's Hospital Vancouver, BC, Canada

Lauren McCann, LMSW, CCLS Manager, Child Life Services Le Bonheur Children's Hospital Memphis, TN Rhonna McConnell, MA, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Lauren Shinn, MS, CCLS Child Life Specialist MD Anderson Cancer Center Houston, TX

Shannon Sonnhalter, CCLS Child Life Manager Children's Hospital Cleveland Clinic North Ridgeville, OH

2015 CONFERENCE HOST COMMITTEE

CO-CHAIR Amanda Rich, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

CO-CHAIR Megan Zaleuke, MA, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Members of Sponsorship Committee Sarah Braukman, CCLS, CTA, CTS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Emily Jones, MS, MEd, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Melissa Liddle, CCLS, CTRS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

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Sarah Sands, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

<u>Members of Welcome Committee</u> Patricia Boettcher-Prior, MA, CCLS, LPC Child Life Specialist III Cincinnati Children's Hospital Medical Center Cincinnati, OH

Annette Bonjour, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Rebekah Doshi, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Jena Hughes, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Nikki Orkoskey, MA, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Mary Faith Roell, MS, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Jenna Shields, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Jenna Zayatz, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH Members of Volunteer Committee Nicole Gosnell, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Amy McGrory, MA, CCLS Josh Cares Senior Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Rhonna McConnell, MA, CCLS, CFLE Outpatient Coordinator - Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Sharon McLeod, MS, CCLS, CTRS Senior Clinical Director Cincinnati Children's Hospital Medical Center Cincinnati, OH

Rachel Nieboer, MA, CCLS, CFLE Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Members of Publicity Committee Nicole Gandolfo, MA, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Kerri Gembra, CCLS, CIMI Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Kelly Range, MEd, CCLS Child Life Specialist III Cincinnati Children's Hospital Medical Center Cincinnati, OH

Kathryn Shamszad, MS, CCLS Clinical Manager Cincinnati Children's Hospital Medical Center Cincinnati, OH **Nicole Tanghe, CCLS** Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Members of Tours Committee Rebekah Doshi, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Nicole Gosnell, CCLS Child Life Specialist II Cincinnati Children's Hospital Medical Center Cincinnati, OH

Emily Jones, MS, MEd, CCLS Child Life Specialist Cincinnati Children's Hospital Medical Center Cincinnati, OH

Kathryn Shamszad, MS, CCLS Clinical Manager Cincinnati Children's Hospital Medical Center Cincinnati, OH





Location Information

With beautiful skylines, gently rolling hills, and lovely river views, Cincinnati, Ohio has much to offer visitors. Browse the many local shops; visit the birthplace of professional baseball at the Great American Ball Park, home of the Cincinnati Reds; or experience the thriving theater scene at any of the city's many performing arts centers. Whether you are interested in tasting the city's signature style chili, meandering through the many walking trails and riverside parks, or exploring the downtown museums and attractions, Cincinnati has something for everyone.

HOTEL INFORMATION

Both the Hilton Cincinnati Netherland Plaza and the Hyatt Regency Cincinnati are only a short walk from the Duke Energy Convention Center and are located in the heart of downtown Cincinnati, with easy access to shops, restaurants, and other attractions. The Hilton Cincinnati Netherland Plaza is known as one of the finest examples of the French Art Deco style, featuring beautiful two-story ceiling murals and rare Brazilian rosewood paneling. Right down the street, the Hyatt Regency Cincinnati has been recently transformed into one of the best luxury hotels in downtown Cincinnati. In addition to being conveniently close to downtown shops and restaurants, both of these hotels feature business centers, indoor pools, and on-site fitness centers. Special hotel rates for CLC Conference attendees are \$149 per night plus tax (currently at 17%). The rate quoted is for single/double occupancy - each additional person is an extra \$30 per night.

To make your reservation online at either hotel, go to the Annual Conference section of the CLC website and click on either Hilton Cincinnati Netherland Plaza or Hyatt Regency Cincinnati. If you prefer to book your reservation at the Hilton Cincinnati Netherland Plaza by phone, call 1-513-421-9100. If you prefer to book your reservation at the Hyatt Regency Cincinnati by phone, call 1-513-579-1234. Be sure to identify yourself as a Child Life Council conference attendee to ensure you receive the discounted group rate. All conference events will take place at the Duke Energy Convention Center with the exception of the hospital tours. A complete list of room assignments for each of the conference sessions will be provided on-site, at the Conference Registration Desk and in the conference app.

Hotel Parking

The Hilton Cincinnati Netherland Plaza offers on-site and valet parking. On-site self-parking is \$20.00, plus tax, per day, and valet parking is \$25.00, plus tax, per day.

The Hyatt Regency Cincinnati offers on-site day parking and overnight valet parking. On-site day parking is \$14.00, plus tax, for under 12 hours, and valet parking is \$28.00, plus tax, per night.

Getting There

There are several options outlined below for getting to and from the Hilton Cincinnati Netherland Plaza and the Hyatt Regency Cincinnati.

Taxi or Shuttle

Taxi, van, or car service is readily available at the Cincinnati/ Northern Kentucky International Airport (CVG). Taxis are available at the taxi desk in the baggage claim area. The typical minimum charge is \$30 for a one-way trip to the downtown area. Van and car service is available for \$20 for a one-way trip to the downtown area. There is also a Public Transit (TANK) option available. Please visit the airport website for more information on Ground Transportation options.

Driving Directions

Download printer-friendly driving directions from the Annual Conference/Location & Hotel Information section of the CLC website at www.childlife.org.

Stay at a Hotel with the Conference Discount

By staying at one of the hotels with the conference discount, you'll save money and secure a convenient location within easy walking distance of the convention center at the same time that you help to reduce the overall costs associated with producing the conference. These savings allow CLC to offer reduced registration fees and increased conference savings.

Weather

May weather in Cincinnati, Ohio, typically ranges from average high temperatures in the 80's to low temperatures in the 70's. Don't forget to bring a sweater, as the temperature inside the meeting space can be quite cool.

Registration Information

For the best rates, register for the conference online by the early registration deadline of March 6, 2015.

Poster Presentations

Always a popular feature at the conference, the posters will be presented on Friday, May 22, from 6:00 p.m. to 7:00 p.m. If you wish to earn 1 PDU for participating in the poster presentations, you must successfully complete an electronic quiz that will be sent via email shortly after the presentation. Please note that only those participants who include the Poster Presentations in their conference registration will be eligible to take the quiz.

Professional Development Units (PDUs)

Conference attendees receive Professional Development Units (PDUs) necessary for recertification for the Certified Child Life Specialist (CCLS) designation. Basic registration for the 33rd Annual Conference includes opportunities for up to 15 PDUs. Up to 6 additional PDUs are available to those who attend preconference intensives. For more information on how PDUs are calculated, visit the Certification section of the CLC website.

Conference Registration Desk (Badge & Tote Pick-up)

Upon arrival at conference, please check in at the Conference Registration Desk to collect your conference materials. If you missed the pre-registration deadline and need to register on-site for the conference, CLC staff will be available to assist you at the Conference Registration Desk.

Conference Registration Desk Hours:

 Thursday, May 21
 7:30 a.m. - 6:00 p.m.

 Friday, May 22
 7:30 a.m. - 6:00 p.m.

 Saturday, May 23
 8:00 a.m. - 5:00 p.m.

IMPORTANT!

Conference Registration and Receipt

When you register online, you will receive an automatic registration confirmation and receipt via email. Please bring this with you to the conference. This receipt will include all of your selected events. If an event is missing from your receipt, it may mean that the event was SOLD OUT at the time you registered. If that is the case, you will need to log back in and select another event. On-site registrants may request a receipt at the time of registration.

Media Disclaimer

By registering for the conference, you understand and agree that any photograph, video/audio recording or written feedback of/from you may be used to further promote the annual conference, educational opportunities or the Child Life Council itself as the Child Life Council sees fit.

Content Disclaimer

The 33rd Annual Conference on Professional Issues is sponsored by the Child Life Council (CLC) for educational purposes only. This professional education program provides a forum for presentation authors to present their experiences and opinions, which may be helpful to other professionals. The material presented is not intended to represent the only or best approaches to the topics being discussed. Attendees participating in the Annual Conference do so with full knowledge that they waive any claim they may have against CLC for reliance on information presented during these educational activities. CLC does not guarantee, warrant or endorse any commercial products or services.

Exhibit Hall Information

The Exhibit Hall is consistently rated as one of the most popular features of the conference, and each year attendees look forward to viewing the latest innovative products and services available to support their efforts in helping children and families. The following group meal events will be held in the Exhibit Hall, and are included as part of your basic registration fee:

Thursday – Welcome to Cincinnati Evening Reception (heavy appetizers and cash bar) Friday – Lunch and Opening Night Reception (heavy appetizers and cash bar)

Exhibit Hall Guest Passes

If you are interested in bringing a guest to visit the Exhibit Hall, guest passes are available for \$50 for Thursday (includes evening reception) and for \$100 for Friday (includes lunch and reception). All attendees entering the Exhibit Hall area will be required to wear their conference or guest badge in order to be permitted entry – no exceptions.

IMPORTANT!

Name Badges

Name badges are required for admission to all conference sessions and events.

Exhibit Hall Hours

Thursday, May 21, 2015 6:00 p.m. – 8:00 p.m. Welcome to Cincinnati Reception (heavy appetizers & cash bar available)

Friday, May 22, 2015 12:15 p.m. – 2:15 p.m. Exhibit Hall Open with Lunch 5:30 p.m. – 8:00 p.m. Opening Reception (heavy appetizers & cash bar available)

Participating Exhibitors

The following is a list of exhibitors scheduled to participate in the Exhibit Hall as of January 2015. For more information on exhibiting, please contact the CLC office at 1-800-252-4515 ext. 1714 or conference@childlife.org.

Participating Exhibitors

Amazing Interactives LTD Art with Heart Beads of Courage, Inc. CareALine Products, LLC **Child Life Technology Volunteers** Celebration Shop, Inc. dba Hugworks **Cinemavision MRI Video and Audio Comfycozys For Chemo Diversionary Therapy Technologies** elmagine Technology Group Emspiration Erikson Institute: Graduate Programs in Child Development, Social Work, and Early Childhood Education Fun Express Give Kids The World **Kids Wish Network Kidzpace** Interactive Legacy Products Make-A-Wish **Medical Memories** Melodic Caring Project Memories Cast in Stone Memories Unlimited, Inc. **NOVA Southeastern University** Playability Toys, LLC **PlayopolisToys Project Sunshine Regali Fingerprint Charms** Re-Mission 2: A project of HopeLab Sara's Smiles Foundation Southpaw MSE Starlight Children's Foundation The Children's Hospital of Philadelphia TFH USA Ltd The Pablove Foundation Wish Upon a Teen Wunderworks of America





Professional Development Workshops

Friday, May 22

Professional Development Workshops 10:45 a.m. - 12:15 p.m.

Ambiguous Loss: Finding Meaning and Validation in the Many Losses of Hospitalization

Early Play Programs: Innovations in Child Life Curriculum

Evaluation of the Past and Present: Guiding Information for the Future

Expressive Arts: Facilitating the Emotional Expression of the Hospitalized Child

Peer Support Groups: Enhancing Psychosocial Care of Adolescents with Cancer

Navigating Transition with Shared Governance

When Secrets Hurt: Child Life's Role in Working with Children Who Have Been Sexually Abused

Saturday, May 23

Professional Development One-Hour Workshops 10:15 a.m. - 11:15 a.m.

"Is a Doctoral Degree Right for Me?": Choosing a Doctoral Program

Leader by Choice, Not by Title

Preparing for Medical Imaging: There's an App for That!

Spirituality of Children: A Multidisciplinary Approach to Supporting Children Through Change, Grief and Loss

Taking Child Life to India: Implementing an Aftercare Program for Survivors of Human Trafficking

The First Year: Establishing a Child Life Program in a Maternal-Fetal Center

Training the Trainer: How to Prepare Child Life Specialists to Become Proficient Internship Supervisors

Professional Development Workshops 2:15p.m. - 3:45 p.m.

A Natural Fit: Incorporating Qualitative Research into Child Life Practice

Laying the Foundation for Future Success: Building a Child Life Practicum Program

Moving Past Pinwheels and Prep Books: Preparation and Procedural Support for Adolescents and Young Adults

Take a Deep Breath and Relax: How Child Life and Nitrous Oxide Sedation Can Work Together to Help Reduce Patient Anxiety During Procedures

The ABC's of Autism: Autism, Behavior, and Clinical Settings

The Next Level of Child Life Leadership

The Power of Social Media in Child Life Programming

Professional Development Workshops 4:00 p.m. - 5:30 p.m.

At Your Fingertips: Benefitting From a Collaborative Preparation Library

Connecting with Child Life: How One University Uses E-Learning to Enhance Child Life Education and Clinical Internship Experiences

Healing After the Sirens Stop—Supporting Children and Families Impacted by Trauma

Needle Play: What's the "Point?"

NICU Sibling Group: Journey from Program Proposal to Implementation

Parental Presence During Induction: A Patientand Family-Centered Journey into the OR

The Impact of Child Life Support for Children Undergoing Radiation Therapy

Why your CEO is a Key to your Program's Success

Professional Development Workshops 11:30 a.m. – 1:00 p.m.

A Comprehensive Approach to the Training, Management, and Retention of a Child Life Volunteer Program

Animal Camp: A Therapeutic Experience for Children Impacted by Cancer

Research & Scholarship Committee Presentation: Can a Child's Position Influence Anxiety Level and Perception of Pain?

Pokes, Tourniquets and Teddy Bears: Fundamentals of Medical Play

Seeing Past a Sickled Cell: Creating Individualized Care Plans for Patients with Sickle Cell Disease

The Power of One: Sanity, Effectiveness, and Longevity for the One-Person Child Life Program

Tweet, Pin, Like, Hashtag: A Guide to Utilizing Social Media as a Child Life Specialists

Sunday, May 24

Professional Development One-Hour Workshops 8:30 a.m. - 9:30 a.m.

Ten Proven Steps to a Successful Job Interview

Creating Visual Aids for Diagnostic Teaching

Going Big When You Can't Go Home: The Impact of Large-Scale Therapeutic Interventions with School-Age Children

Gus the Great: A Urology Puppet's Impact on Physician Engagement with Child Life

How to Incorporate a Research Study into Child Life Practice

The Anniversary Effect: Recognizing Personal Impact and Allowing the Recovery Process to Continue

The Success of Non-University Affiliated Interns in Community Child Life Practice

Professional Development One-Hour Workshops 9:45 a.m. - 10:45 a.m.

Ways to Plan and Prosper: Insights from a Financial Planner

Child Life Services in an Adult Setting: Transitioning Child Life Skills to Serve Children of Adult Patients

Developing and Implementing Teen Group Programming

Into the Lion's Den: How to Create a Child Life Presentation that will Gain the Respect of a Medical Audience

Making it Work for Moms Who Work

Mining for Diamonds: The Multiple-Mini Interview Format for Student, Intern and Employee Selection

The Concept of Mindfulness: An Intervention For Children and Adolescents With Chronic Illness

THURSDAY schedule of events

THURSDAY, MAY 21, 2015

Pre-Conference Full Day *Intensives (6 PDUs) Registration fee includes a box lunch.

> *Please note that CLC will also be offering intensive sessions on Saturday afternoon during the middle of the conference (additional fees apply). The Saturday intensive sessions will take place from 1:30 p.m. to 4:30 p.m., concurrent with the Academic Professionals Meeting, the Research Discussion, and a tour of Cincinnati Children's Hospital Medical Center. Additional information about these Intensives is available on page 18, or by clicking here.

8:30 a.m. - 3:30 p.m.

An Introduction to the Coach Approach

\$150 – All Attendees Bernadette Sanchez, CCLS, BC Children's Hospital, Vancouver, British

Columbia Catherine Leung, CCLS, BC Children's Hospital, Vancouver, British Columbia

Coaching is an innovative style of interaction that facilitates decisionmaking and problem-solving. It encompasses skilled listening, questioning, encouragement, and action planning. Coaching enhances child life practice by refining skills in assessment, advocacy, and interdisciplinary collaboration. This results in improved family-centered practice and communication among team members. In this interactive intensive, participants will develop coaching skills and practice the coaching exchange in a safe, supportive learning environment.

Children's Disaster Response; Decreasing Trauma in the Aftermath of a Disaster

\$150 – All Attendees Katie Nees, CCLS, MSHS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH Kathleen Fry-Miller, MEd, National Children's Disaster Services, Manchester, IN

Child life specialists have a unique skill set and knowledge base that is valuable outside the hospital including within the specialized field of disaster relief. This presentation will provide participants with an opportunity to learn about the need and the interventions for working with children during a disaster relief deployment. Participants will each have the opportunity to become a certified Children's Disaster Services volunteer through this exciting training opportunity.

Quantifying our Work: Understanding the Psychosocial Risk Assessment in Pediatrics (PRAP) and Implementing it into Clinical Practice

\$150 – All Attendees - Registration fees to attend this
Intensive do not and will not go toward any costs associated in obtaining the PRAP tool.
Emily Jones, MS, MEd, CCLS, Cincinnati Children's Hospital
Medical Center, Cincinnati, OH
Annette Bonjour, CCLS, Cincinnati Children's Hospital Medical
Center, Cincinnati, OH
Kate Shamszad, MS, CCLS, Cincinnati Children's Hospital
Medical Center, Cincinnati, OH
Melissa Liddle, CCLS, CTRS, Cincinnati Children's Hospital
Medical Center, Cincinnati, OH
Mary Faith Roell, MS, CCLS, Cincinnati Children's Hospital
Medical Center, Cincinnati, OH

The PRAP is a valid and reliable assessment tool that allows child life specialists to quantify the psychosocial vulnerability of pediatric patients. This intensive will provide introduction to the PRAP, training on administering and implementing the PRAP using both hands-on and video training, and critical discussion and analysis of how to implement it into practice. Presentation will include staff training, implications for direct healthcare professionals, and use of PRAP data to track patient vulnerability trends.

The Interpersonal Neurobiology of Trauma: How Understanding Our Embodied Brains Can Help Us Be Present with Little Ones and Their Parents

\$150 – All Attendees Bonnie Badenoch, PhD, LMFT, Center for Brain-Wise Living, Vancouver, WA

It may seem daunting to imagine learning about our embodied brains, but we don't have to be neuroscientists to draw on the science of relationship to deepen our compassion and capacity for being present. Today, we will explore the nature of trauma and how our brains are touched by these experiences as infants, children, and teens. Interpersonal neurobiology, the study of how we shape one another's brains, offers hope for healing even when young ones have endured severe harm. By the end of the day, increasing clarity about our how our brains are wounded and heal may help us provide greater support not only for the children we see but also for their parents.

Learning objectives:

. Understand and be able to describe how our brain's natural movement toward optimal connectivity is impeded by trauma and the resulting emotional and behavioral difficulties. . Understand the nature of trauma and how our presence is integral to healing.

. Develop comfort with using the hand model of the brain to talk with little ones, teens, and their parents about the nature of the trauma and how it will heal.

. Deepen our capacity for compassion and presence through implementing practices that support our own well-integrated healthy embodied brains.

The Leader In Me

\$150 – All Attendees Kellye Carroll, MS, CCLS, CEIM, Mattel Children's Hospital UCLA, Los Angeles, CA Jodi Bauers, MM, CCLS, CISM, Cincinnati Children's Hospital Medical Center, Cincinnati, OH Shawna Grissom, MS, CCLS, CEIM, St. Jude Children's Research Hospital, Memphis, TN

This session will focus on the attendee's leadership journey in the field of child life and the varied stages of experience and position in their careers. Participants will explore styles, theories of leadership and have the opportunity to reflect on individual strengths through self-assessment. Case examples, media and participation in group activities will inspire attendees to set goals, identify opportunities to transform their current leadership patterns and leave with a renewed vision for their role.

New Member/First Timer Orientation – 4:00 p.m. – 5:00 p.m.

The New Member/First Timer Orientation is a great opportunity to join veteran CLC members and staff for an informative overview of CLC and the Annual Conference on Professional Issues. Whether you are a new member, a first-time conference attendee or potential member, this is a great opportunity to learn how to make the most out of networking opportunities and professional development through the Child Life Council. This event will set the stage for a successful conference.

Connect for Success Social Hour -5:00 p.m. – 6:00 p.m. For Professional Attendees Only

Connect for Success is a social event for professional attendees to connect with friends and colleagues and share ideas. Attendees will have an opportunity to identify and network with professionals from their region and across the globe. There will be a cash bar and snacks. First Timers and New Member Orientation Session participants are encouraged to stay for this social event. Students are strongly encouraged to register and attend the Student Networking Panel Event.

Student Networking Panel Event -5:00 p.m. – 6:00 p.m.

This interactive event will provide students in varying levels of education with a forum to ask open-ended questions to a panel of experienced child life professionals who serve in a variety of roles. Academic program coordinators, internship & practicum coordinators, supervisory child life specialists, and hiring managers on the panel will provide students with tips and information about the field. All students are encouraged to attend.

Welcome to Cincinnati Reception -6:00 p.m. – 8:00 p.m.

New in 2015, everyone is invited to join us in the Exhibit Hall for a welcome reception on Thursday evening. Come for food and drink, to network and visit with colleagues and exhibitors.





Save the Date September 12-13, 2015

24th Annual FACLP Conference Hyatt Regency, Jacksonville Florida

Learn More at our Website: www.faclp.org



FRDAY schedule of events

FRIDAY, MAY 22, 2015

Opening General Session & Emma Plank Keynote Address (2 PDUs) Sponsored by The Walt Disney Company with Disney Corporate Citizenship 8:30 a.m. - 10:30 a.m.



Loretta LaRoche is an acclaimed author, television star, and humor and stress-management consultant. Known as the "Siren of Stress," Loretta is a trained mental health advocate and comedic performer who has been dedicated for the past 30 years to helping people manage stress through laughter and engaging entertainment. Though she performs for a wide variety of audiences, Loretta's focus is particularly on those in health-related fields. She is the founder and president of The Humor Potential, Inc., a company with programs and products to assist in lifestyle management. She has written a number of books including *Relax, You May Only Have A Few Minutes Left, Life Is Not a Stress Rehearsal,* and *Happy Talk*.

Child Life Distinguished Service Award Presentation



The Distinguished Service Award is the highest award presented by the Child Life Council Board of Directors, recognizing exceptional members for outstanding contributions to the field of child life. The 2015 Distinguished Service Award will be presented at the Opening General Session to Susan Marchant, MA, CCLS, lecturer and student supervisor in child life at Mills College in Oakland, California. A full feature article detailing Susan's inspiring career will appear in the Spring 2015 edition of the *Bulletin*.

Professional Development Workshops (1.5 PDUs) 10:45 a.m. - 12:15 p.m.

Ambiguous Loss: Finding Meaning and Validation in the Many Losses of Hospitalization

Jenny Chabot, PhD, CCLS, Ohio University, Athens, OH Janelle Mitchell, MS, CCLS, Nationwide Children's Hospital in Columbus, OH

Ambiguous loss theory can be used to describe the many losses and ambiguity families experience due to hospitalization. This workshop will look at the ways caregivers experience a variety of losses throughout hospitalization. Participants will work together to identify where ambiguous loss exists for patients and families and the implications for child life work. (INTERVENTION)

Early Play Programs: Innovations in Child Life Curriculum

Joan Turner, PhD, CCLS, Mount Saint Vincent University, Halifax, Nova Scotia

Civita Brown, CCLS, Utica College, Utica, NY Lois Pearson MEd, CCLS, Edgewood College, Madison, WI

As more clinicians move into classrooms, the veteran academicians see an opportunity to support instructor development through sharing their methods for the inclusion of the 'history of play programs' into the classroom. The integration of historical and modern perspectives on play can enhance student experience and preparation. This presentation explores an innovative approach to teaching and learning in the context of child life academic curriculum. (PROFESSIONAL RESPONSIBILITY)

Evaluation of the Past and Present: Guiding Information for the Future

Jessica Biondi, MS, CCLS, Golisano Children's Hospital at UR Medicine, Rochester, NY Johanna Jennings, CCLS, Golisano Children's Hospital at UR Medicine, Rochester, NY

Evaluation is key to continual reflection for growth and continuity. Through the use of two examples, presenters will discuss the importance of learning key concepts of evaluation that can be used in all aspects of child life programming. The steps provided, based on evaluation theory, will help to ensure that intended program objectives are being met through the use of clear methodology and an understanding of outcomes to better inform future decision making. (ASSESSMENT)

Expressive Arts: Facilitating the Emotional Expression of the Hospitalized Child

Lisa Knight, CCLS, BC Children's Hospital, Vancouver, British Columbia

Catia Stuart, CCLS, BC Children's Hospital, Vancouver, British Columbia

Joanne Hochu, MEd, CCLS, BC Children's Hospital

This session will review theory and rationale for facilitating emotional expression for children in the hospital to support positive coping. The development and implementation of an expressive arts program will also be shared. (INTERVENTION)

Peer Support Groups: Enhancing Psychosocial Care of Adolescents with Cancer

Dawn Kidder, CCLS, Children's Hospital, Health Sciences Centre, Winnipeg, Manitoba

Nicole Hase-Wilson, CCLS, Children's Hospital, Health Sciences Centre, Winnipeg, Manitoba

Jessica Lizotte, CCLS, Children's Hospital, Health Sciences Centre, Winnipeg, Manitoba

This presentation will describe the development of a peer support group. Evidence supporting the role for peer support in contributing to the psychosocial well-being and coping of adolescents with cancer will be highlighted. Key elements in sustaining a peer support group will be described including planning, program implementation, evaluation, funding, outcomes and lessons learned. Elements of this program can be adapted to meet the needs of other populations. (INTERVENTION)

Weathering the Storm: Navigating Transition with Shared Governance

Amanda Ellefson, CCLS, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Brooke Calfas, CCLS, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Decision making within child life departments can be challenging and time consuming. Shared Governance is a decision making process that allows members of a team to feel empowered and have the opportunity to participate. This session will explore challenges child life departments face during times of change and transition in three areas: departmental, institutional, and healthcare. This workshop is designed to offer participants a guide for implementing a Shared Governance model in their own department. (PROFESSIONAL RESPONSIBILITY)

When Secrets Hurt: Child Life's Role in Working with Children Who Have Been Sexually Abused

Amanda Ammons, MS, CCLS, Children's Health, Children's Medical Center Dallas, Dallas, TX

Annie Jones, CCLS, Children's Health, Children's Medical Center Dallas, Dallas, TX

Children who have experienced sexual abuse experience long term effects such as anger, fear, and depression. As experts in child development, the child life specialist must feel confident in their ability to work with this population of children. This presentation will provide participants with an overview of sexual abuse, tools and strategies for interaction, guidelines for communication, documentation and self-care. (INTERVENTION)

Lunch in Exhibit Hall 12:15 p.m. – 2:15 p.m.

Join your colleagues in the Exhibit Hall for a casual meal and great conversation. Take time to walk through the hall, visit with exhibitors to learn of products, services and programs available to support your work in child life.

CLC Committee Meetings – Track A

12:30 p.m. – 1:45 p.m.

For Current Committee Members of the following Committees/Tasks Forces:

- 1. Awards Committee
- 2. Bulletin Work Group
- 3. Conference Planning Committee
- 4. Program Review and Development Service Committee
- 5. Child Life Certifying Committee
- 6. Research and Scholarship Committee
- 7. Evidence-Based Practice Committee
- 8. Web and Online Networking Advisory Committee (WONAC)

Professional Development Workshops (1.5 PDUs) 2:15 p.m. - 3:45 p.m.

A Natural Fit: Incorporating Qualitative Research into Child Life Practice

Cara Sisk, MA, CCLS, Tennessee Technological University, Cookeville, TN Rebekah Marcum, MA, Tennessee Technological University, Cookeville, TN

Child life specialists are natural qualitative researchers. This interactive session will make connections between daily child life practice and research. Presenters will describe qualitative research including data collection, analysis methods, and data representations by sharing their original research studies. Attendees will brainstorm research areas of interest and participate in discussion to meet individual needs. (PROFESSIONAL RESPONSIBILITY)

Laying the Foundation for Future Success: Building a Child Life Practicum Program

Linsey Hammon, MS, CCLS, Cook Children's Medical Center, Fort Worth, TX

Jennifer Guilliams, CCLS, CIMI, The Children's Hospital at Memorial University, Savannah, GA

A child life practicum is a foundational learning opportunity for child life students. A high quality practicum curriculum helps to ensure quality learning experiences. This workshop is designed for professionals interested in creating new child life practicum curriculum within the clinical setting or for those desiring to transform existing practicum programs. Participants will develop a project-planning algorithm that aligns with the recommended standards for child life practica.

In order to yield the most value from this hands-on workshop, participants will be expected to complete reading and/or video/webinar viewing assignments, gather program-specific data and documents, and complete other prerequisite work as determined by the instructors prior to the conference.

Moving Past Pinwheels and Prep Books: Preparation and Procedural Support for Adolescents and Young Adults Jessika Boles, MEd, CCLS, St. Jude Children's Research Hospital,

Memphis, TN

Megan Billig, MA, CCLS, St. Jude Children's Research Hospital, Memphis, TN

This workshop explores the unique developmental needs of adolescent and young adult patients in the context of preparation and support for invasive procedures and major surgery. Through activities, case studies and multimedia examples, participants will learn innovative techniques for providing preparation and procedural support. Strategies for multidisciplinary collaboration to promote institutional awareness of the psychosocial needs of this patient population will be discussed. (INTERVENTION)

Take a Deep Breath and Relax: How Child Life and Nitrous Oxide Sedation Can Work Together to Help Reduce Patient Anxiety During Procedures

Kristy Rowe, CCLS, Dayton Children's Hospital, Dayton, OH

Involving child life when nitrous oxide (N2O) sedation is used is beneficial to the patient and staff. Presenter will describe how N2O was introduced into the medical imaging sedation program, how N2O works, and the role child life plays during N2O. The information given will be from a viewpoint of sedation during a voiding cystourethrogram (VCUG) but can be applied to other procedures requiring sedation. (INTERVENTION)

The ABC's of Autism: Autism, Behavior, and Clinical Settings

Hope Nyce, MEd, CCLS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Mattie Dunn, CCLS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

This presentation will provide a detailed description of autism, signs, symptoms and behaviors. An overview of Applied Behavior Analysis (ABA), how to apply ABA to the clinical setting and other tips for working with children on the autism spectrum will be shared. Parent perspectives and multidisciplinary team experiences will also be included. (PROFESSIONAL RESPONSIBILITY)

The Next Level of Child Life Leadership

Toni Millar, MS, CCLS, New York-Presbyterian Morgan Stanley Children's Hospital, New York, NY

Janet Cross, MEd, CCLS, Monroe Carell Jr. Children's Hospital, Nashville, TN

Diane Hart, MA, CCLS, EDAC, BC Children's Hospital, Vancouver, BC Jill Koss, MS, CCLS, Cook Children's Medical Center, Fort Worth, TX

Leadership roles in child life have traditionally followed a clinical ladder model, many culminating as the director of a child life program. In the last few years, the changes in healthcare and child life leadership have become intertwined, resulting in new leadership opportunities that involve oversight of programs and departments beyond child life. The presenters will describe their roles, organizational structure, and the successes and challenges faced as they have navigated the complexities in their positions. (PROFESSIONAL RESPONSIBILITY)

The Power of Social Media in Child Life Programming

Shannon Thornton, MS, CCLS, Child Life Mommy Private Practice, Bank Street College Adjunct Faculty, Floral Park, NY Morgan Livingstone, CCLS, CIMI, MA, Certified Child Life Specialist Consulting and Therapeutic Services Toronto, ON Luis Borges, The Mount Sinai Kravis Children's Hospital, Brooklyn, NY

This presentation will cover the benefits of connecting social media sites to child life programs. The panelists come from a variety of child life settings and will discuss the type of social media used, implementation, challenges that arise and the success in launching it. They will share how social media is increasing program visibility, connecting with potential donors and providing a sense of normalcy and support to patients and families. (PROFESSIONAL RESPONSIBILITY)

Save the Date!

20th Annual Midwest Child Life Conference –

Honoring the past, celebrating the present, and looking toward the future

November 7 – 8, 2015 Minneapolis, MN



Professional Development Workshops (1.5 PDUs) 4:00 p.m. - 5:30 p.m.

At Your Fingertips: Benefiting From a Collaborative Preparation Library

Lou Riccio, Founder/Director, Child Life Technology, Bound Brook, NJ Amanda Moatz, Med, CCLS, Atlanta, GA

Utilizing an electronic preparation resource provides benefits for both child life specialists and patients including efficiency, mobility, and the opportunity to meet a variety of learning needs. Those benefits are multiplied when the resource is a free app featuring a fullycustomizable preparation library resulting from the collaborative effort of the child life community. This session will provide participants with a hands-on experience to optimize all of the app's features and enhance clinical preparation skills. (ASSESSMENT)

Connecting with Child Life: How One University Uses E-Learning to Enhance Child Life Education and Clinical Internship Experiences

Allison Sohanlal, MSc, CCLS, McMaster University, Hamilton, Ontario Cathy Humphreys, CCLS, McMaster University, Hamilton, Ontario Sarah Patterson, MSc, CCLS, McMaster University, Hamilton, Ontario

This workshop will examine principles and trends in online learning. Material presented and interactive workshop activities will focus on the benefits and challenges to online learning, examination of current education research, principles of online course design, active engagement techniques and methods of online student evaluation. Feedback from online learners from a child life program will be shared with participants to inform discussion of best practices in online course delivery. (PROFESSIONAL RESPONSIBILITY)

Healing After the Sirens Stop: Supporting Children and Families Impacted by Trauma

Crystal Wilkins, MEd, Senior CCLS, Children's Health, Children's

Medical Center Dallas, Dallas, TX

Stephanie Haynes, CCLS, Children's Health, Children's Medical Center Dallas, Dallas, TX

According to the National Child Traumatic Stress Network, 1 out of 4 children will experience a trauma by age 16. Traumatic events result in ER visits and hospitalization, where child life specialists have opportunities to help patients process traumatic events, establish safety and promote coping through preparation, education and play. Participants will be provided with information regarding the needs of trauma patients and the implementation of supportive interventions. (PROFESSIONAL RESPONSIBILITY)

Needle Play: What's the "Point?"

Jennifer Smith, MS, CCLS, CIMI, St. Jude Children's Research Hospital, Memphis, TN

William Shawn Brasher, MS, CCLS, St. Jude Children's Research Hospital, Memphis, TN

Needle play can be an effective tool for the child life specialist to assist with assessing and evaluating a child's knowledge base and coping. Attendees will learn key techniques such as positioning, control, and guidance in order to provide a safe and skilled intervention. The "point" of this presentation is to encourage child life professionals to confidently utilize needle play as well as to add an additional intervention to their tool belt. (INTERVENTION)

NICU Sibling Group: Journey from Program Proposal to Implementation

Julie Avirett, MA, MT-BC, Golisano Children's Hospital of Southwest Florida, Fort Myers, FL

Stacy Robillard MS, CCLS, Golisano Children's Hospital of Southwest Florida, Fort Myers, FL

A comprehensive application of family-centered care may present challenges to specialized units including the Neonatal Intensive Care Unit. Presenters will describe the development and implementation processes utilized in establishing a weekly support group for siblings of patients in the NICU. Presenters will address methods for collaboration with neonatologists, nurses, and infection control department for successful integration of the program. In addition, attendees will learn interventions utilized for expression and bonding. (PROFESSIONAL RESPONSIBILITY)

Parental Presence During Induction: A Patient and Family-Centered Journey into the OR

Lauren McCann, LMSW, CCLS, Le Bonheur Children's Hospital, Memphis, TN

The implementation of a parental presence during induction (PPI) program is often met with many obstacles. In order to provide the best in patient- and family-centered care, a multi-disciplinary team approach was utilized to develop a process in which PPI is routinely offered rather than a random occurrence. The implementation of this program will be discussed, including lessons learned, ongoing adjustments and overall successes. (PROFESSIONAL RESPONSIBILITY)

The Impact of Child Life Support for Children Undergoing Radiation Therapy

Katherine Bailey, MS, CCLS, St. Jude Children's Research Hospital, Memphis, TN

Kathryn Cantrell, MA, CCLS, The University of Massachusetts, Boston, MA Shawna Grissom, MS, CCLS, CEIM, St. Jude Children's Research Hospital, Memphis, TN

Amy Kennedy, CCLS, St. Jude Children's Research Hospital, Memphis, TN

This presentation examines the efficacy of child life services to decrease sedation for children undergoing radiation therapy. Using a retrospective review of medical records and documentation, the impact of child life play-based procedural preparation and support interventions will be explored. Analysis validates the child life intervention and profession not only as a play-based developmental service, but also as a crucial component of cost effective healthcare in today's economic climate. (PROFESSIONAL RESPONSIBILITY)

Why your CEO is a Key to your Program's Success

Judith Rich, RN, BSN, President and CEO Tucson Medical Center, Tucson, AZ

Heather Roberts, MSW, CCLS, Tucson Medical Center, Tucson, AZ Brooke Casebolt, RN, BSN, Tucson Medical Center, Tucson, AZ

This presentation will delve into the relationship between child life programs and hospital administration. Participants will be given the tools to engage their CEO and create a lifelong partnership that benefits both the hospital and the child life department. (PROFESSIONAL RESPONSIBILITY)

CLC Committee Meetings – Track B 5:45 p.m. – 7:00 p.m.

For current members of the following Committees/Tasks Forces:

- 1. Archives Management Group
- 2. Education & Training Committee
- 3. Leadership Development Committee
- 4. Professional Resources Committee
- 5. Webinar Advisory Group
- 6. Undergraduate Endorsement Committee
- 7. Graduate Program Accreditation Task Force
- 8. Internship Accreditation Oversight Committee

Opening Night Reception

5:30 p.m. – 8:00 p.m.

Come join your fellow conference attendees for our opening night reception. Take a stroll through the Exhibit Hall, enjoy tasty tidbits, renew old acquaintances and make new ones.

Staffed Poster Presentations – (1 PDU) 6:00 p.m. – 7:00 p.m.

Child Life at High Speed: Reducing Pediatric Distress on Transport

Chris Flood-Gutierrez, CCLS, Robert Wood Johnson University Hospital, Hillsborough, NJ

The purpose of this poster presentation is to present the components of a pediatric stress reduction initiative developed by the author and meant to be utilized in a pediatric transport setting. The components of the initiative are detailed in hopes that other child life programs and transport teams will benefit from them. (INTERVENTION)

Child Life Land: Between the Lines

Michelle Townsend, MS, CCLS, Huntsville Hospital for Women and Children, Huntsville, AL

Teaching the importance of therapeutic relationships and healthy boundaries is an important step in the training of child life students and young professionals. This interactive game has been used with both interns and child life classes in the academic setting. This poster will describe the research used to develop questions which evoke discussion

Child Life Specialist as Part of a Multidisciplinary Perinatal Palliative Care Team

Laura Johnson, MA, CCLS, Mission Health, Asheville, NC CJ Smart, MSN, RNC-MNN, CPN, CPLC, Mission Health, Asheville, NC

More and more families are turning to palliative care as an option for their unborn babies diagnosed with life-threatening or life-limiting conditions. A family centered, multidisciplinary approach is vital to meeting the needs of families experiencing perinatal loss, including the siblings, whose needs are often unmet or overlooked. As a member of the Perinatal Palliative Care Team, child life specialists are uniquely qualified to provide developmentally appropriate support for grieving siblings. (INTERVENTION)

Coffee Talk: Caring for Caregivers in the Pediatric Intensive Care Unit and Pediatric Cardiac Intensive Care Unit

Angela Koeneker, MS, CCLS, Kravis Children's Hospital at Mount Sinai, Mount Sinai, NY

Leigh Penner, LCSW, Kravis Children's Hospital, New York, NY Toshiko Nonaka, MS, CCLS, Kravis Children's Hospital at Mount Sinai, Mount Sinai, NY

This program's goal is to encourage families to leave the bedside and foster supportive relationships among caregivers in the PICU/PCICU. By not labeling this program as a formal support group we have found caregivers are more likely to attend, and anecdotal feedback from families has been uniformly positive. We believe that participation in this program provides both a positive outlet for caregivers and helps maintain unit patient satisfaction scores in the "very good" range. (INTERVENTION)

Cooking with Kids: Stirring up Some Fun in the Hospital!

Leslie Dempsey, CCLS II, St. Joseph's Children's Hospital, Tampa, FL

The need for therapeutic activities in a hospital setting is crucial in providing positive outlets and promoting effective coping. This poster presentation will identify and explore the emotional, physical, social, and cognitive benefits cooking can provide for patients and families during their hospital experience. In addition, participants will take away the fundamentals they need to develop their own cooking program as well as learn creative and innovative cooking interventions to take back to their work setting. (INTERVENTION)

Screening for Success: Identifying High Anxiety Patients in Same Day Surgery

Nicole Gosnell, CCLS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Patients in Same Day Surgery at this hospital are currently seen by a child life specialist according to scheduled surgery time. In an effort to allow for more efficient child life practice, an evidence-based project trialed using a screening tool to identify high anxiety patients through pre-operative phone calls. The number of high anxiety patients seen by child life rose from 48%-80% using this method, and this poster highlights the process. (ASSESSMENT)

To Visit or Not to Visit: A Multidisciplinary Collaboration to Meet the Needs of Young Children Visiting Family in a CVICU Setting

Jaime Bruce Holliman, MA, PhD, CCLS, Vanderbilt University Medical Center, Nashville, TN As our adult care model transitions to a more family-centered approach, many care providers have realized the importance of allowing children and adolescents to be present in areas of the adult hospital that had previously been closed to young visitors, including some ICU areas. This poster illustrates an innovative collaboration between child life and nursing staff to develop a protocol for supporting young visitors in the CardioVascular Intensive Care Unit (CVICU) of a university hospital. (PROFESSIONAL RESPONSIBILITY)

Topics and Trends: A Content Analysis of CLC Conference Sessions 1998-2014

Joan Turner, PhD, CCLS, Mount Saint Vincent University, Halifax, Nova Scotia

The poster includes the results of a deductive content analysis of sessions presented at the Annual Child Life Annual Conference on Professional Issues over a 16-year period. Conference literature can serve as a "barometer of a profession's maturity"; this unique perspective of continuity and change offers participants an opportunity to consider the past and future directions for the progression of child life. (PROFESSIONAL DEVELOPMENT)

Utilizing Outpatient Clinic Billing Data to Justify Creation of a Child Life Specialist Position

Danielle Rhodes, MS, CCLS, Children's Hospital of Michigan, Detroit, MI

Olivia Rauen, CCLS, Children's Hospital of Michigan, Detroit, MI

When justifying the need for a new child life specialist position in an area previously without child life coverage, unit or clinic managers often request data to substantiate the importance and benefit of this new position. This presentation will show attendees a sample quality improvement study that assessed the return on investment child life services could bring to an outpatient clinic utilizing current billing protocols. (PROFESSIONAL RESPONSIBILITY)

When Grief Becomes Violent: Finding a Balance of Support And Safety

Sarah Braukman, CCLS, CTA, CTS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH Emily Smith, MA, CCLS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Grief is individual and unpredictable. It is often a challenge to create an environment following unexpected death which supports the family's right to grieve, but that also honors safety and ongoing quality care for unrelated patients. This poster will detail the intentional restructuring of a cohesive psychosocial team approach which has positively impacted the environment, safety and patient care provided by one level I trauma center. (ASSESSMENT)



SATURDAY schedule of events

SATURDAY, MAY 23, 2015

CLC Registration Desk Open 8:00 a.m. – 5:00 p.m.

Plenary Sessions (1.5 PDU) 8:30 a.m. - 10:00 a.m.



The Interpersonal Neurobiology of Relationship: Deepening Our Healing Presence

Bonnie Badenoch, PhD, LMFT, Co-founder, Center for Brain Wise Living, Vancouver, WA

What we have perhaps learned most from the discoveries of relational neuroscience is that our listening presence has the greatest influence on how people will feel

supported and how healing may unfold. We move toward this work because we want to be with those who are suffering, and now the science behind the art of presence is helping us get a greater sense of how we can deepen that capacity. Whether we are in the role of caseworker, advocate, or counselor, the principles of interpersonal neurobiology can become a secure foundation for what we cherish most about our work. (ASSESSMENT)



Comfortable Kids, Confident Caregivers: A Primer on Clinical Hypnosis for Child Life Specialists Andrew J. Barnes, MD, MPH, Assistant Professor & Fellowship Director, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN

Self-regulation techniques, such as clinical hypnosis and biofeedback, offer a practical approach to help children

help themselves feel better – whether dealing with an acute injury and pain, being overwhelmed in a hospital or ER, in chronic pain, or undergoing medical procedures. This interactive session will explain clinical hypnosis and explore its evidence base to help child life specialists understand how it can become a useful part of their skill set. (ASSESSMENT)



Hannah Ubl, Generational Expert, Speaker, BridgeWorks LLC, Minneapolis, MN

A writer, researcher, and speaker on generational issues, Hannah Ubi will be presenting the plenary, **"When Generations Connect."** Hannah works with Bridgeworks, a company that studies and consults on generational

differences for a variety of clients and organizations. Hannah's expertise has been featured in publications such as The Wall Street Journal, The Washington Post, and National Public Radio. With a particular focus on healthcare, marketing, and sustainability, Hannah weaves together stories and statistics to help people better understand each other and collaborate more effectively in the workplace. (PROFESSIONAL RESPONSIBILITY)

Professional Development Workshops (1 PDUs) 10:15 a.m. - 11:15 a.m.

"Is a Doctoral Degree Right for Me?": Choosing a Doctoral Program

Korie Leigh, MA, CCLS, CT, Private Practice and doctoral student at ASPP @ Argosy University, San Francisco Cara Sisk, MA, CCLS, Child Life Program Director and Instructor, Tennessee Tech University, Cookeville, TN Alison J. Chrisler, MA, CCLS, Instructor and doctoral student at Michigan State University, East Lansing, MI Are you a child life specialist interested in pursuing a doctoral degree or curious if this degree might meet your goals? A panel of doctoral students will guide attendees through a process of learning what degrees exist and questions to ask to find a good program match. Panelists will overview programs of study, research projects, and relevance of doctoral degrees to the child life profession. Attendees will brainstorm future research projects and activities. (ASSESSMENT)





Leader by Choice, Not by Title

Desiree Heide, CCLS, St. Jude Children's Research Hospital, Memphis, TN

While there are many qualified and skilled child life professionals, there are limited opportunities for official leadership positions within the field. Through interactive discussion, self-evaluation, and lecture, participants will explore the idea of 'leadership without a title,' learn to identify their strengths, and take away new leadership skills. Examples of strengths application to various professional roles will be provided, thereby enabling participants to become positive influences and leaders amongst their peers – regardless of position title. (PROFESSIONAL RESPONSIBILITY)

Preparing for Medical Imaging: There's an App for That!

Siobhan Greene, CCLS, The Royal Children's Hospital, Melbourne, Australia

With technological advancements come great opportunities for the families we work with and the child life profession. This presentation will share the journey of developing a game-based preparation app. It encourages families to explore the medical imaging environment in a new and unique way, combining the preparation strategies we know and love with the engaging nature of apps. There will also be an abundance of hints, tips & things to avoid! (INTERVENTION)

Spirituality of Children: A Multidisciplinary Approach to Supporting Children Through Change, Grief and Loss

Ruthie Davis, MA, CCLS, McLane Children's Hospital, Baylor Scott & White Health, Temple, TX

Ryan Campbell, MTS, BCC, Children's Health, Children's Medical Center, Dallas, TX

Rachel Thienprayoon, MD, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Caregivers often wonder how to support children through grief and loss. In this presentation, participants will engage in a multidisciplinary approach to supporting the spiritual needs of grieving children. Participants will engage, wonder and dialogue about challenges, best practices, and the difficult-to-articulate aspects of providing spiritual care to children who are experiencing grief. (INTERVENTION)

Taking Child Life to India: Implementing an Aftercare Program for Survivors of Human Trafficking

Cheryl Murray Miyamasu, MA, CCLS, Jeevan Aadhar Transformative Aftercare Services, Canton, OH

Human trafficking is a domestic and international issue. Child life specialists posses the skills and experience to work with victims of human trafficking. Participants will learn about one specialist's journey of taking child life across the world to an organization working with survivors of human trafficking and the process of implementing a program promoting healing and restoration. (INTERVENTION)

The First Year: Establishing a Child Life Program in a Maternal-Fetal Center

Elizabeth Shaughnessy, MS, CCLS, Children's Hospital of Philadelphia, Philadelphia, PA

A high-risk obstetrics and delivery practice is a non-traditional and developing area for child life services. This presentation will discuss how child life services were established in a maternal-fetal care center and delivery unit. The session will describe how families are followed by a child life specialist throughout the continuum of care beginning with fetal diagnosis through the prenatal course and delivery. Program development, case examples, and interventions will be shared. (INTERVENTION)

Training the Trainer: How to Prepare Child Life Specialists to Become Proficient Internship Supervisors

Melissa Leiby, CCLS, The Bristol-Myers Squibb Children's Hospital at Robert Wood Johnson University Hospital, New Brunswick, NJ Chris Flood-Gutierrez, MA, CCLS, The Bristol-Myers Squibb Children's Hospital at Robert Wood Johnson University Hospital, New Brunswick, NJ

The role of an internship supervisor is critical in the training and success of child life interns. This session will discuss how to successfully train novice internship supervisors by developing and implementing a training workshop for her/his department. Participants will learn how to recognize the need for and effectively teach supervisory skills to child life specialists to prepare them to be effective internship supervisors. (PROFESSIONAL RESPONSIBILITY)

Professional Development Workshops (1.5 PDUs) 11:30 a.m. - 1:00 p.m.

A Comprehensive Approach to the Training, Management, and Retention of a Child Life Volunteer Program Emily Carlton, CCLS, All Children's Hospital, St. Petersburg, FL

The use of volunteers in healthcare has been a long-standing practice. Nonetheless, the need for specially trained child life volunteers is now greater than ever as many programs balance high ratios of patients with increasing acuity and psychosocial risk. This developing need makes an efficient, well-managed volunteer program essential. This session will identify various successes and challenges of supervising a child life volunteer program, while inspiring innovative and effective practices. (PROFESSIONAL RESPONSIBILITY)

Animal Camp: A Therapeutic Experience for Children Impacted by Cancer

Rose Resler, MA, CCLS, The University of Akron, Akron, OH Erin Rafter, PhD, CCLS, The Gathering Pace, Beachwood, OH

This session will explore the development and implementation of a therapeutic animal camp for children whose family member is living with or has died from cancer. The therapeutic use of animals and activities to assist children with relaxation, stress reduction and expression of feelings related to loss will be examined. (INTERVENTION)

Research & Scholarship Committee Presentation -

Can a Child's Position Influence Anxiety Level and Perception of Pain?

Colleen Lacey, CCLS, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN

Sherwood Burns-Nader, PhD, CCLS, Assistant Professor, University of Alabama, Tuscaloosa, AL

Morgan Livingstone, MA, CCLS, CIMI, Private Practice, Toronto, Canada

A panel of three child life specialists will present the findings from their research projects. Research topics that will be discussed include efficacy of comfort positioning, the relationship between mothers' coping and

children's anxiety, the impact of child life support on procedural coping, and parent and staff perceptions of the role of child life specialists. Panelists will offer insight and suggestions on how to successfully complete a research project. Time will also be allotted for questions and answers. (PROFESSIONAL RESPONSIBILITY)

Pokes, Tourniquets, and Teddy Bears: Fundamentals of Medical Play

Crystal Wilkins, MEd, LPC-I, Senior CCLS, Children's Medical Center, Dallas, TX

Medical play is an intervention unique to the field of child life. Medical play allows children an opportunity to play with items that are part of their "hospital world," providing them the opportunity for expression, mastery and coping skill development. This presentation will offer opportunities for new and seasoned child life specialists to develop skills in group medical play, directive and non-directive approaches and problem solve ways to maximize opportunities for medical play in inpatient and outpatient settings. (INTERVENTION)

Seeing Past a Sickled Cell: Creating Individualized Care Plans for Patients with Sickle Cell Disease

Madison Dumas, CCLS, Our Lady of the Lake Children's Hospital, Baton Rouge, LA

A diagnosis of sickle cell disease presents an opportunity for child life specialists to teach lifelong coping skills to patients and their families. The presenter will discuss ways to support these patients and families through procedures and hospitalization by creating individualized coping plans. (INTERVENTION)

The Power of One: Sanity, Effectiveness, and Longevity for the One-Person Child Life Program

Teresa Schoell, MA, CCLS, Rochester General Hospital, Rochester, NY

Learn more about one-person programs, where they fit in our community, what it takes to start one up, five strategies for making an effective program, and tips for troubleshooting common program challenges. This talk is for those considering launching a new program, as well as for those already running one. Please note: this offering will focus on the daily work of a one-person program, not how to secure funding for a new one. Also note, this talk is a repeat offering of the similarly-titled CLC webinar originally aired March 2014. (PROFESSIONAL RESPONSIBILITY)

Tweet, Pin, Like, Hashtag: A Guide to Utilizing Social Media as a Child Life Specialist

Becky Imel, MA, CCLS, Northwest Children's Hospital, Amarillo, TX Katie Beard, CCLS, Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville, TN

Social media has become a necessary component of engagement for professional organizations. Child life specialists utilize technology daily to communicate, advocate and search for ways to provide best patient care. Through hands-on demonstration, discussion and lecture, attendees will develop an understanding of the benefits of using social media and the ability to navigate the sometimes daunting task of social networking. (PROFESSIONAL RESPONSIBILITY)

Town Hall

1:30 p.m. – 2:30 p.m.

Representatives from the CLC headquarters and CLC Board of Directors will be on hand to give updates on activities and strategic plan initiatives.

Hospital Tour

1:30 p.m. – 5:30 p.m.

\$25 - All attendees - Limited space (100) - Box lunch provided



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Half-Day Intensives (3 PDUs) 1:30 p.m. – 4:30 p.m.

Bridging the Gap between Child Life and Applied Behavior Analysis: How Behavioral Approaches to Research and Treatment Can Aid Child Life Specialists \$100 – All Attendees

Jamie Hirsh, MS, MA, CCLS, Western Michigan University, Kalamazoo, MI

The knowledge and use of elementary applied behavior analysis concepts and principles are beneficial for child life specialists with respect to two primary domains: 1) dissemination of evidence-based practice research into the child life setting, and 2) assessing the function of children's behavioral problems, thereby developing more effective and efficient, developmentally-appropriate, function-based interventions. The above concepts will be expanded upon through lecture and interactive activities and case studies. (INTERVENTION)

The Power of Voice: Incorporating Narrative Therapy into Child Life Practice \$100 – All Attendees

Kathryn Cantrell, MA, CCLS, University of Massachusetts, Boston, MA

The language of an adolescent or young adult's autopathography, or illness narrative, sheds light on the psychosocial stressors that accompany a chronic illness diagnosis. When provided with occasions to construct and re-claim their illness narrative, youth can gain empowerment, social support, and self-efficacy. In this halfday intensive, participants will learn the theoretical foundation of narrative therapy, examples of successful narrative interventions, and how to incorporate narrative therapy into child life practice. (INTERVENTION)

We Do It Better Together: A Collaborative Approach to a Biopsychosocial Model of Care

\$100 – All Attendees Diane Hart, MA, CCLS, EDAC, BC Children's Hospital, Vancouver, British Columbia Theresa Newlove, PhD, BC Children's Hospital, Vancouver, British Columbia A Biopsychosocial Model of Care is a service delivery model that allows fun equitable access to psychosocial services for patients and families, utilizing disciplines of child life psychology and social work. This intensive will highlight the organizational drivers behind the implementation of a new model of care, the reconfiguration of services, and the challenges and successes of a change in practice. (PROFESSIONAL RESPONSIBILITY)

Creating Therapeutic Narratives with Your Patients (hands-on workshop)

\$100 – All Attendees

Lou Riccio, Founder/Director, Child Life Technology, Bound Brook, NJ

Lu Borges, Mount Sinai Kravis Children's Hospital, Brooklyn, NY Kia Beickert, Chicago Northshore University Health System, Evanston, IL

This intensive will provide hands-on training to create therapeutic narratives with your patients using iMovie and stop motion apps. Additionally, a brief overview of how to create your own custom prep books to best suit your respective practice, institution and specialty. Support will be given to busy child life specialists requesting a hand in creating sophisticated custom prep books as well as general technical support. (ASSESSEMENT)

Research Discussion

2:30 p.m. – 3:30 p.m.

Interested in research, but not sure where to start or who to ask? This discussion is for those who are starting, involved in, or just plain interested in child life research to meet and share their findings, challenges, and ideas. Active child life researchers and the research and scholarship committee will be available to help you connect with the resources and contacts you need to get your research going!

Please also join us for the inaugural Research Awards presentation. We will be presenting the Professional Research Recognition Award, which honors significant work by a child life specialist and celebrates research initiatives that contribute to theory and practice within the field of child life.

Academic Professionals Meeting

3:30 p.m. – 5:30 p.m.

This informal meeting is an opportunity for academic professionals to gather and discuss current issues in the academic community. All educators are encouraged to attend.

2016 Call for Abstracts

Child Life Council 34th Annual Conference on Professional Issues May 19-22, 2016 Walt Disney World Swan and Dolphin Orlando, FL

The Child Life Council (CLC), established in 1982, offers an unparalleled educational and networking experience for child life professionals. The annual conference program provides ideas on innovative resources and best practices in child life. CLC invites the submission of presentation proposals for its annual conference on issues that relate to the child life profession. Anyone wishing to present at the CLC Conference shall submit their abstract through the online Call for Submissions. This includes all forms of professional development sessions, workshops, intensives and posters. Please email questions to conference@childlife.org.

Abstract submissions for the CLC 34th Annual Conference will be accepted through the CLC website beginning July 1, through July 19, 2015.

For more information visit www.childlife.org

SUNDAY schedule of events

SUNDAY, MAY 24, 2015

Professional Development Workshops (1 PDU) 8:30 a.m. - 9:30 a.m.

Ten Proven Steps to a Successful Job Interview

Julia Abell, SPHR, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Attendees will understand how to prepare and conduct themselves for a job interview that will maximize their success. (PROFESSIONAL RESPONSIBILITY)

Creating Visual Aids for Diagnostic Teaching

Amy Scott, CCLS, St. Jude Children's Research Hospital, Memphis, TN Clare Gardner, CCLS, St. Jude Children's Research Hospital, Memphis, TN

This workshop will explore the value of incorporating visual aids into diagnostic teaching sessions. Attendees will develop a deeper understanding of how children's and adolescents' beliefs about illness, understanding of the human body, and abstract thinking develops in a systematic manner. The process of developing new visual aids for teaching patients about their specific diagnosis will be detailed. Various mediums will be reviewed with a primary focus on images created to tell an illness story. (ASSESSMENT)

Going Big When You Can't Go Home: The Impact of Large-Scale Therapeutic Interventions with School-Age Children

Shira Miller, MS, CCLS, Rush Children's Hospital, Chicago, IL Megan O'Connell, MS, CCLS, CEIM, Rush Children's Hospital, Chicago, IL

This presentation will explore increasing the scale and scope of therapeutic interventions to increase the impact they have on school aged patients' preparation for procedures, self-expression and coping with hospitalization and illness. Case presentations, group discussion, hands on activities, and lecture will guide participants to an understanding of the foundation behind such unique interventions, approaches to implementation, and ways to achieve desired outcomes. (INTERVENTION)

Gus the Great: A Urology Puppet's Impact on Physician Engagement with Child Life

Katie Dillard, CCLS, The Children's Hospital at OU Medical Center, Oklahoma City, OK

Meeting patient and family needs through education and preparation are primary tasks of a child life specialist. New teaching tools and techniques are constantly required in the field of child life. This presentation will discuss how the creation of a urology puppet strengthened professional relationships between child life and physicians while increasing understanding among patients and families. Participants will be empowered to partner with physicians to create teaching tools to better serve their populations. (PROFESSIONAL RESPONSIBILITY)

How to Incorporate a Research Study into Child Life Practice

Brittany Wittenberg, CCLS, Seton Healthcare Family, Austin, TX Collin Hovinga, PharmD, MS, FCCP, Director of Research at Dell Children's Medical Center of Central Texas, Austin, TX

A research proposal consists of many components. The purpose of this presentation is to learn elements of a research study proposal and how to navigate the institutional review board process. We hope to motivate child life specialists to begin research studies within their organization. (PROFESSIONAL RESPONSIBILITY)

The Anniversary Effect: Recognizing Personal Impact and Allowing the Recovery Process to Continue

Kortnie Karn, CCLS, The Children's Hospital at OU Medical Center, Oklahoma City, OK

Many child life specialists will experience a traumatic event during their career that will affect their emotional wellbeing. The anniversary of this particular event can cause individuals to experience reactions that may have a negative emotional impact. Presenters will equip attendees with a strong knowledge of the impact that the Anniversary Effect can have on an individual and how to best cope with this reaction in order to avoid burnout and compassion fatigue. (PROFESSIONAL RESPONSIBILITY)

The Success of Non-University Affiliated Interns in Community Child Life Practice

Vicki Hartman, CCLS, The Hospital for Sick Children, Toronto, ON Morgan Livingstone, MA, CCLS, CIMI, Certified Child Life Specialist Consulting and Therapeutic Services, Toronto, ON

Supporting sustainable growth in the child life profession means considering the value in non-traditional internships for aspiring child life specialists. Learn how both the placement site and intern benefit from the collaborative nature of an independent internship and how you can implement this approach in your own setting. This informative session shares how this experience significantly improved services within the hosting organization and enhanced child life practice. (PROFESSIONAL RESPONSIBILITY)

Professional Development Workshops (1 PDU) 9:45 a.m. - 10:45 a.m.

Ways to Plan and Prosper: Insights from a Financial Planner Kristy O'Brien, Crew Capital, Blue Ash, OH

Do you ever feel overwhelmed when you think of financial planning? Don't be. You can be successful in achieving your goals with simple guidelines. The purpose of this session is to empower you with concepts that involve retirement planning, investment strategies, and survivor income needs, as well as implementing a little common sense that can go a long way in achieving financial independence. (PROFESSIONAL RESPONSIBILITY)

Child Life Services in an Adult Setting: Transitioning Child Life Skills to Serve Children of Adult Patients

Jaime Bruce Holliman MA, PhD, CCLS, Vanderbilt University Medical Center, Nashville, TN

Child life departments typically provide services to children needing medical interventions, but what resources are available to children who have an

ill or injured parent or caregiver? This presentation describes the role of child life in serving children of adult patients in one large university hospital. The presenter will offer practical strategies for assessments and interventions utilized in this setting including diagnosis teaching, visitation support and bereavement and legacy-building. (INTERVENTION)

Developing and Implementing Teen Group Programming

Jaime Moran, MS, CCLS, St. Jude Children's Research Hospital, Memphis, TN

Treatment and hospitalization have great potential to bring unique stressors to teen patients; child life specialists may also experience challenges in supporting these patients. Using a developmental lens, this presentation will highlight the need for teen-specific programming across domains. One child life department's teen program will be discussed, including its development challenges, services, outcomes, and areas for continued growth. (INTERVENTION)

Into the Lion's Den: How to Create a Child Life Presentation that will Gain the Respect of a Medical Audience

Divna Wheelwright, MA, CCLS, Johns Hopkins Hospital, Baltimore, MD

Presenting on the value of child life to the medical care team is inevitable for all child life specialists. This lecture will examine the most effective mode of communication when presenting to the medical care team to achieve thorough understanding of and respect for the child life role. (PROFESSIONAL RESPONSIBILITY)

Making it Work for Moms Who Work

Christine Knefley, MS, CCLS, Children's Health, Children's Medical Center, Dallas, TX

Ruthie Davis, MA, CCLS, McLane Children's Hospital, Baylor Scott & White, Temple, TX

Ashley Brady, MS, CCLS, Children's Health, Children's Medical Center, Dallas, TX

Combining work and parenthood is a reality for many child life specialists today and it can be a positive experience that is beneficial on many levels. Balancing the needs of both the child life department and the individual require cooperation and proactive planning at work and at home. Three working moms: a full time manager, a part-time CLS and a PRN CLS will explore various strategies for success in the workplace and at home. (PROFESSIONAL RESPONSIBILITY)

Mining for Diamonds: The Multiple-Mini Interview Format for Student, Intern, and Employee Selection

Cathy Humphreys, CCLS, McMaster University, Hamilton, Ontario Allison Sohanlal, MSc, CCLS, McMaster University, Hamilton, Ontario Sarah Patterson, MSc, CCLS, McMaster University, Hamilton, Ontario

Single interviews may not provide an accurate portrayal of a candidate's abilities. The Multiple Mini Interview (MMI) can dilute the impact of chance and allow strong candidates to overcome a single poor interview while preventing weaker candidates from gaining entry based on a single superior interview (Eva, et al., 2004) This presentation will demonstrate the reliability of the MMI process for selection of child life candidates, highlighting its efficacy and providing an implementation framework. (ASSESSMENT)

The Concept of Mindfulness: An Intervention For Children and Adolescents With Chronic Illness

Morgane Le Pouesard, MA, CCLS, Toronto, Ontario

This presentation will introduce the practice of mindfulness as an intervention for chronically ill children. Mindfulness will be explored with attention paid to how it differs from other forms of relaxation or meditation. Current research on the application and adaptations of mindfulness for pediatric patients will be presented. The presenters will end with a demonstration of mindfulness practice for use by child life specialists. (INTERVENTION)

Closing General Session – 11:00 a.m. – 12:30 p.m.



Mary Barkey Clinical Excellence Award Presentation

Each year, the CLC Board of Directors selects from a group of candidates nominated by their peers to honor a single child life specialist who has demonstrated exemplary child life care and a high level of clinical skill. The 2015 Mary Barkey Clinical

Excellence Award will be presented at the Closing General Session to **Thomas L. Collins, MA, CCLS,** senior child life specialist at UCSF Benioff Children's Hospital Oakland. Tom's contributions and accomplishments will be highlighted in a feature article scheduled to appear in the Summer 2015 edition of the *Bulletin*.



Alex Sheen is the founder of *because I said I would*, a social movement and nonprofit dedicated to bettering humanity through promises made and kept. Sparked by the loss of his father, Alex and his organization send "promise cards" to anyone anywhere in the world at no cost. Alex is someone who truly honors commitment. He once walked over 240 miles across the entire state of Ohio in 10 days to fulfill a promise. In just two years, because I said I would has sent

over 2.3 million promise cards to over 152 different countries. The promises written on these cards have made headlines around the world. His charitable projects and awareness campaigns have been featured on ABC World News with Diane Sawyer, CNN, The Today Show, NPR, The Los Angeles Times and many other programs.

Hospital Tour 1:30 p.m. – 5:30 p.m.

\$25 - All attendees - Limited space (100) - Box lunch provided



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"Child Life Services should be considered an essential component of quality pediatric health care and are integral to family-centered care and best –practice models of health care deliveryforchildren. The provision of such services is a quality benchmark of an integrated child health delivery system and an indicator of excellence in pediatric care." – American Academy of Pediatrics

