

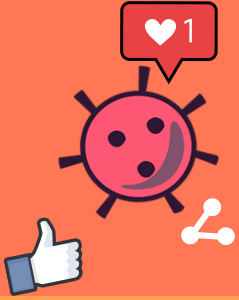


IF CORONAVIRUS WERE A VIRAL SOCIAL MEDIA POST....

How to Talk to Teens about COVID-19



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OMG, CORONAVIRUS! I HAVE TO SHARE THIS POST!

Coronavirus is like a viral social media post. When people share, like or post a photo or video, it gains more views and more people see it, eventually, "going viral."

The same goes for COVID-19. When people SHARE and SOCIALIZE in close proximity, COVID-19 has the ability to spread.

SHARING A POST DOESN'T AFFECT ME. WHY SHOULD I CARE?

You may share a post or a meme that you think is funny and it doesn't bother you. However, that post or meme could be offensive, insulting, or painful to someone else. By not sharing a post, you are helping someone else from feeling upset or sad.

COVID-19 is most harmful to elderly people, people who are immunocompromised or immunosuppressed. When you do not practice social distancing and share space with others, you put them at a greater risk for getting sick.

SO HOW DO I STOP A VIRAL POST?

The best way to stop a viral post from spreading is easy: don't share it! Don't like it! Don't comment!

For COVID-19, the best way to prevent it from spreading is to stay away from others. Stop sharing germs by being in close contact to others. Wash your hands regularly with soap and water.

WHEN WILL THE VIRAL POST STOP SPREADING?

The less people who share, like or comment, the more likely it is to stop spreading around. Therefore, it is your job to just close the app and stop sharing! Practice social media distancing!

COVID-19 works the same way. The less social interactions we have with others, the less opportunity the virus has to spread.

BUT I REALLY LIKE SHARING MEMES AND POSTS.

This is only temporary. Given current events, sometimes it is best not to share or post certain images, memes or videos. Find another way to express yourself that will not hurt others. Dance to your favorite music; draw a beautiful picture; read a new book or call a friend!

COVID-19 will stop spreading when we maintain social distancing and practice good hand hygiene. These small actions WILL SAVE LIVES.

