



# Child Life Council

32<sup>nd</sup> Annual Conference on Professional Issues



## Jazzin' It Up

BIG IDEAS IN THE BIG EASY

Conference Program

New Orleans, LA , May 22 - 25, 2014

The Disney logo is written in its signature purple script font.

is proud to support  
Child Life Council



**Together, promoting the happiness  
and well-being of kids and families**



[www.disney.com/citizenship](http://www.disney.com/citizenship)

## Schedule-at-a-Glance

### Thursday, May 22, 2014

7:00 a.m. – 4:00 p.m.  
8:00 a.m. – 6:00 p.m.  
8:30 a.m. – 11:30 a.m.  
9:00 a.m. – 12:00 p.m.  
9:00 a.m. – 4:00 p.m.  
1:00 p.m. – 4:00 p.m.  
1:00 p.m. – 4:00 p.m.  
1:00 p.m. – 5:00 p.m.  
4:30 p.m. – 5:30 p.m.  
5:30 p.m. – 6:30 p.m.  
5:30 p.m. – 6:30 p.m.

### Friday, May 23, 2014

7:00 a.m. – 10:00 a.m.  
7:00 a.m. – 6:00 p.m.  
7:00 a.m. – 6:00 p.m.  
8:30 a.m. – 10:30 a.m.  
10:45 a.m. – 12:15 p.m.  
12:15 p.m. – 2:15 p.m.  
12:30 p.m. – 1:45 p.m.  
2:15 p.m. – 3:45 p.m.  
4:00 p.m. – 5:30 p.m.  
5:45 p.m. – 7:00 p.m.  
6:00 p.m. – 8:30 p.m.  
7:00 p.m. – 8:00 p.m.

### Saturday, May 24, 2014

7:30 a.m. – 4:00 p.m.  
8:00 a.m. – 10:30 a.m.  
8:30 a.m. – 11:30 a.m.  
  
8:30 a.m. – 11:30 a.m.  
9:00 a.m. – 10:00 a.m.  
1:00 p.m. – 2:30 p.m.  
2:45 p.m. – 4:15 p.m.  
4:30 p.m. – 6:00 p.m.  
6:15 p.m. – 7:15 p.m.  
6:15 p.m. – 7:15 p.m.

### Sunday, May 25, 2014

8:30 a.m. – 9:30 a.m.  
9:45 a.m. – 10:45 a.m.  
11:00 a.m. – 12:30 p.m.  
2:00 p.m. – 5:00 p.m.

### Pre-Conference Events

Conference Badge & Tote Bag Pick-Up Open for Pre-Registered Attendees  
On-Site Registration Open  
Board of Directors Meeting  
Pre-Conference Half-Day Intensives (3 PDHs)  
Pre-Conference Full-Day Intensives (6 PDHs)  
Pre-Conference Half-Day Intensives (3 PDHs)  
Committee Chairs Orientation & Leadership Development Session  
Exhibit, Poster, and Bookstore Set-Up  
First Timer/New Member Orientation  
Connect 4 Success Social Hour  
Student Networking Event with Panel

### Conference Events

Exhibit, Poster, and Bookstore Set-Up  
Conference Badge & Tote Bag Pick-Up Open for Pre-Registered Attendees  
On-Site Registration Open  
Opening General Session and Emma Plank Keynote Address (2 PDHs)  
Professional Development Workshops #1 - 6 (1.5 PDHs)  
Exhibit Hall Open with Posters, Bookstore and Lunch  
Committee Meetings – Track A  
Professional Development Workshops #7 – 12 (1.5 PDHs)  
Professional Development Workshops #13 – 18 (1.5 PDHs)  
Committee Meetings – Track B  
Opening Reception and Bookstore in Exhibit Hall  
Staffed Poster Presentations (1 PDH)

CLC Information Desk in Registration Area  
Breakfast in Exhibit Hall  
Hospital Tours – Tulane Lakeside Hospital for Women & Children and Ochsner Medical Center for Children  
Half-Day Intensives (3 PDHs)  
CLC Town Hall Update  
Plenaries (1.5 PDHs)  
Professional Development Workshops #19 – 24 (1.5 PDHs)  
Professional Development Seminars #25 - 30 (1.5 PDHs)  
Academic Professionals Meeting  
Research Discussion

Professional Development Workshops #31 – 38 (1 PDH)  
Professional Development Workshops #39 – 45 (1 PDH)  
Closing General Session (1.5 PDHs)  
Academic Roundtable

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Front cover photograph courtesy of Tulane Lakeside Hospital for Women & Children

## Program Overview

New Orleans is a timeless city with a unique way of life, where French, Spanish, Caribbean and African influences collide in a brilliant explosion of flavors, sights and sounds. In May, CLC will welcome more than 1,000 child life professionals, educators and students from around the world to join this lively cultural gumbo during the CLC 32<sup>nd</sup> Annual Conference on Professional Issues, where we'll share *Big Ideas in the Big Easy*.

At this unique event, you'll have the opportunity to craft a personalized educational experience with the highest quality educational content. With more than 40 professional development workshops, plenary sessions, poster presentations, and full- and half-day intensives addressing a wide spectrum of issues and best practices tailored to all levels of experience, the conference agenda offers something for everyone.

Dr. Garry Landreth, an internationally recognized authority in the world of child-centered play therapy and the founder of the Center for Play Therapy at the University of North Texas, will return to the conference to deliver the opening keynote address.

The closing general session will feature Robin D. Richards, a successful entrepreneur, co-founder and CEO of CareerArc Group, and president of the Chase Foundation, an organization dedicated to financially supporting programs that provide for the social, emotional and developmental needs of hospitalized children.

Three exciting plenary sessions will feature presentations from noted field experts Scott Riviere, Paul Wyman and Dr. Donna Koller.

In addition to these dynamic educational offerings designed to provide you with tools to be successful in your career, the Annual Conference will offer unmatched opportunities for networking with your peers. At the Connect 4 Success Social Hour on Thursday, professional members will hit the ground running and discuss common issues and challenges with their colleagues. The Student Networking Event, hosted by a distinguished panel of experienced child life professionals, will provide



student attendees with similar opportunities to connect with peers. At the popular Exhibit Hall, enjoy mingling with exhibitors and other attendees as you learn about an exciting variety of products and services available to support child life programming. On Sunday afternoon, the Academic Roundtable meets from 2pm – 5pm; more information on who should attend is located inside this booklet.

During your free time, be sure to explore the unique charms of the Big Easy. Many of the city's exceptional restaurants, tours and popular attractions, including the historic French Quarter district, are within walking distance of the event hotel.

Your next great educational experience begins in New Orleans – we hope you will join us and *laissez les bons temps rouler* – let the good times roll!

# Child Life Council 32nd Annual Conference on Professional Issues

## 2014 Conference Program Committee Members



**2014 Committee Chair**  
**Anne Claire Hickman, CCLS, CIMI**  
Psychosocial Supervisor  
Children's Comprehensive Care  
Austin, TX



**Chair Elect**  
**Barbara Romito, MA, CCLS**  
Director, Child Life Program  
The Bristol-Myers Squibb Children's  
Hospital at Robert Wood Johnson  
University Hospital  
New Brunswick, NJ



**CLC Board Liaison**  
**Meghan Kelly, MS, CCLS**  
Director, Child Life Program, GWN  
Explainer Program  
Montefiore Medical Center  
Bronx, NY

## Committee Members

**Lendy Chapman, CCLS**  
Child Life Specialist, NICU  
Arnold Palmer Hospital for Children  
Orlando, FL

**Emily Durham, MA, CCLS**  
Supervisor, Child Life Program  
Children's Hospital of the Greenville Hospital System  
Greenville, SC

**Megan Fisher, CCLS**  
TR/Child Life Specialist III  
Children's Hospital Colorado  
Aurora, CO

**Linsey Hammon, CCLS**  
Child Life Educator  
Cook Children's Healthcare System  
Fort Worth, TX

**Victoria Vaden, MA, CCLS**  
Senior Child Life Specialist  
Dell Children's Medical Center of Central Texas  
Austin, TX

## Adjunct Reviewers

**Sheri Brasher, MA, CCLS**  
Child Life Specialist  
Denver Health/Family Crisis Center – Child Life  
Denver, CO

**Stephanie Dill, CCLS, FCS**  
Children's Healthcare of Atlanta  
Atlanta, GA

**Susan Gorry, MA, CCLS**  
Child Life Specialist II  
Children's Hospital Los Angeles  
Glendale, CA

**Lisa Lemieux, Bed., CCLS**  
Program Delivery Coordinator & Child Life Specialist  
Canadian Institutes of Health Research  
Quebec, Canada

**Catherine Leung, BA, BSc, CLSt. Dipl., CCLS**  
Child Life Specialist  
BC Children's Hospital  
Vancouver, BC, Canada

**Jillian Lewis, CCLS**  
Child Life Specialist  
Lakeland Regional Medical Center  
Bartow, FL

**Martha McLeod, CCLS**  
Child Life Specialist  
The Credit Valley Hospital, Paediatrics  
Mississauga, Canada

**Rhonna McConnell, MA, CCLS**  
Child Life Specialist II  
Cincinnati Children's Hospital Medical Center  
Cincinnati, OH

**Lauren Shinn, MS, CCLS**  
Child Life Specialist  
MD Anderson Cancer Center  
Houston, TX



# Child Life Council 32nd Annual Conference on Professional Issues

## 2014 Conference Host Committee

### CO-CHAIR

#### **René T. Assetta Guilbeau, CCLS, CPST**

Manager, Child Life and Family Advocacy  
Tulane Lakeside Hospital for Women & Children  
New Orleans, LA

### CO-CHAIR

#### **Sharon D. Wesberry, CCLS**

Child Life Manager  
Our Lady of the Lake Children's Hospital  
Baton Rouge, LA

## Members of Sponsorship Committee

#### **Caroline Poole, CCLS, CPST**

Child Life Specialist  
Tristar Centennial Women's and Children's Hospital  
Hoover, AL

#### **Paige Cox, CCLS**

Child Life Specialist  
Sutton Children's Medical Center  
Shreveport, LA

#### **Madison Dumas, CCLS**

Child Life Specialist  
Our Lady of the Lake Children's Hospital  
Geismar, LA

#### **Ashley McMillan, CCLS**

Child Life Specialist  
Shriners Hospital for Children  
Shreveport, LA

#### **Amy Heron, CCLS, CIMT**

Child Life Specialist  
CHRISTUS Sutton Children's Medical Center  
Shreveport, LA

## Members of Welcome Committee

#### **Jessica McNulty, CCLS**

Child Life Specialist  
Tulane Lakeside Hospital for Women & Children  
New Orleans, LA

#### **Katherine Staiger, CCLS**

Tulane Hospital for Children  
New Orleans, LA

#### **Suzanne Lee Reeves, MS, CCLS**

Volunteer Services / Special Child Life I  
Children's of Alabama  
Hoover, AL

#### **Janie Eldridge, CCLS**

Women's and Children's Hospital  
Lafayette, LA

#### **Dana McCormick, CCLS**

Association Child Life  
Baton Rouge, LA

#### **Katherine Schof, CCLS**

Certified Child Life Specialist  
Our Lady of the Lake Children's Hospital  
Baton Rouge, LA

#### **Morgan Covington, MEd., CCLS**

St Jude Affiliate Clinic  
Baton Rouge, LA

#### **Julie Mentel, CCLS**

Child Life Specialist  
Women's & Children's Hospital  
Opelousas, LA

#### **Leslie Dollar, MS, CCLS**

Child Life Supervisor/Instructor  
DCH Regional Medical Center  
Tuscaloosa, AL

#### **Roxanna Chesteen, CCLS**

Child Life Specialist  
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Pelham, AL

#### **Tishawn Thames, Ed.D, CCLS**

Child Life Coordinator  
Florence, MS

## Members of Volunteer Committee

#### **Julie Parker, Ph.D., CCLS**

Assistant Professor  
Mississippi State University  
Columbus, MS

#### **Amanda Hays, CCLS**

Manager, Certified Child Life Specialist  
The Children's Hospital of LSUHSCS  
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#### **Lee Ann Myers, CTRS**

Certified Therapeutic Recreation Special  
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#### **Kaley Furlow, CCLS, CPST**

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#### **Anita Pumphrey, MS, CCLS**

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#### **Grace Chambers, MS, CCLS**

Child Life Specialist  
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Birmingham, AL

#### **Lindsay Joe, MS, CCLS**

Vestavia, AL

#### **Jennifer Deneke, MS, CCLS**

Director of Family Services  
Children's Hospital of Alabama  
Warrior, AL

#### **Kristin Haugen, CCLS, CTRS**

New Orleans, LA

#### **Laura "Allison" Leaver, CCLS**

Child Life Specialist  
Children's Hospital of Alabama  
Hoover, AL

#### **Angela Joy Hardy, CCLS, CPST**

Children's Health System of Alabama  
Child Life Specialist  
Birmingham, AL

## Location Information

In this little corner of the American South, where European traditions blend with Caribbean influences, the history is as colorful as the local architecture; the food is the stuff of legend. Haitian and African Creoles developed an exotic, spicy cuisine and were instrumental in creating jazz and Cajun Zydeco. The street names are French and Spanish, the Creole architecture comes in a carnival of tropical colors, and the voodoo is a Caribbean import. The magic is irresistible. Come and experience the most celebrated and historic core of the city – including the Faubourg Marigny, French Quarter, Central Business District, Warehouse and Arts District, Magazine Street corridor, Garden District, and the beautiful St. Charles Avenue, lined with shady oaks, stately homes and historic mansions ... a place like no other ... a sensory overload with an authentic spirit ... a way of life that began three centuries ago and remains today.



## Hotel Information

At the Hilton New Orleans Riverside, enjoy a prime location on the banks of the Mississippi, adjacent to Harrah's Casino and steps from famous New Orleans Streetcar lines. The New Orleans hotel is located a short four-block walk away from the city's colorful French Quarter, Jackson Square and many other iconic landmarks.

This downtown New Orleans hotel offers 90,000 sq. ft. of full-service health and fitness facilities. The Health Club by Hilton features a fitness center, exercise classes, and indoor tennis, squash and racquetball courts. Refresh after a workout by plunging into one of two outdoor swimming pools or simply spend time relaxing pool-side. Special hotel rates for CLC Conference attendees are \$154 per night plus tax (currently at 13%, plus \$3.00 per day). The rate quoted is for single/double occupancy – each additional person is an extra \$30 per night. This rate will be offered to all conference attendees who are interested in extending their stay beginning May 18 and continuing through May 28 (based on availability).

To make your reservation online, go to the Annual Conference/Location & Hotel Information section of the CLC website and click on [Reserve Your Hotel Room Now](#). If you prefer to book your reservation by phone, call 1-504-561-0500. Be sure to identify yourself as a Child Life Council conference attendee in order to ensure you receive the discounted group rate. All conference events will take place at the conference hotel with the exception of the hospital tours. A complete list of room assignments for each of the conference sessions will be provided on-site, at the Conference Badge & Tote Bag Pick-up area.

### Hotel Parking

The Hilton New Orleans Riverside Hotel offers on-site and valet parking. On-site self-parking is \$31.25, plus tax, per day, and valet parking is \$36.61, plus tax, per day.

### Getting There

There are several options available for getting to and from the Hilton New Orleans Riverside Hotel.



# Child Life Council 32nd Annual Conference on Professional Issues

## Taxi or Shuttle

Taxis are readily available at the **Louis Armstrong New Orleans International Airport (MSY)**. Taxis are available at the lower level outside of the Baggage Claim area. Typical minimum charge is \$33 for a one-way trip to the Central Business District. Please visit the airport website at [www.flymsy.com](http://www.flymsy.com), for more information on ground transportation options.

## Driving Directions

Download printer-friendly driving directions from the Annual Conference/Location & Hotel Information section of the CLC website at [www.childlife.org](http://www.childlife.org).

## Stay at the CLC Conference Hotel

By staying at the CLC conference hotel, you enable us to reduce the overall costs associated with producing the conference. These savings allow CLC to offer reduced registration fees and increased conference savings.

## Weather

May weather in New Orleans, Louisiana typically ranges from average high temperatures in the 80's to low temperatures in the 70's. We recommend bringing a sweater, as the temperature inside most hotels can be quite cool.

## Registration Information

Register for the conference online by the early registration deadline of March 7, 2014 for the best rates.

## Poster Presentations

Poster Presentations are always a popular feature at the conference, and this year, the poster presenters will be available for questions and discussion on Friday, May 23, from 7:00 p.m. to 8:00 p.m. Again, this year, the poster quiz will be in electronic format, and will be sent via email at the conclusion of conference. Please note that only those participants who include the Poster Presentations in their conference registration will be eligible to take the quiz.

## Session Levels

Each conference session has been assigned one of three different designations—Foundational, Intermediate, or Advanced—based upon information provided by each presenter during the abstract submission process. This information is provided to help you decide whether a session will be appropriate for you based on your knowledge and experience in a particular content area.

- **Foundational:** Information presented will be appropriate for attendees seeking to strengthen their basic/foundational knowledge in this content area
- **Intermediate:** Information presented will be appropriate for those with intermediate level knowledge and experience in this content area
- **Advanced:** Information presented will be appropriate for those with advanced level knowledge and experience in this content area



# Child Life Council 32nd Annual Conference on Professional Issues

## Professional Development Hours (PDHs)

Conference attendees receive Professional Development Hours (PDHs) necessary for recertification for the Certified Child Life Specialist (CCLS) designation. Basic registration for the 32st Annual Conference includes opportunities for up to 15.5 PDHs. Up to 6 additional PDHs are available to those attending pre-conference intensives, and 3 additional PDHs are available to those attending a Saturday morning intensive.

## Conference Bag & Tote Bag Pick-up

Upon arrival to the conference, all pre-registered attendees should check in at the Conference Badge & Tote Bag Pick-Up area to collect their conference materials. This area will be open from:

Thursday, May 22	7:00 a.m. – 4:00 p.m.
Friday, May 23	7:00 a.m. – 6:00 p.m.

## IMPORTANT!

### Conference Registration and Receipt

Participants who register online will receive an automatic registration confirmation and receipt via email. Please bring this with you to the conference. This receipt will include all of the events that you have registered for. If an event is missing from your receipt, it may mean that the event was SOLD OUT at the time you registered. If that is the case, you will need to log back in and select another event. On-site registrants may request a receipt at the time of registration.



## On-Site Registration

If you miss the pre-registration deadline and find it necessary to register on-site for the conference, CLC staff will be available to assist you at a separate On-site Registration Desk. Hours of operation are:

Thursday, May 22	8:00 a.m. - 6:00 p.m.
Friday, May 23	7:00 a.m. - 6:00 p.m.

## Media Disclaimer

By registering for the conference, you understand and agree that any photograph, video/audio recording or written feedback of/from you may be used to further promote the annual conference, educational opportunities or the Child Life Council itself as the Child Life Council sees fit.

## Content Disclaimer

The 32nd Annual Conference on Professional Issues is sponsored by the Child Life Council (CLC) for educational purposes only. This professional education program provides a forum for presentation authors to present their experiences and opinions, which may be helpful to other professionals. The material presented is not intended to represent the only or best approaches to the topics being discussed. Attendees participating in the Annual Conference do so with full knowledge that they waive any claim they may have against CLC for reliance on information presented during these educational activities. CLC does not guarantee, warrant or endorse any commercial products or services.



## Exhibit Hall Information

The Exhibit Hall is consistently rated as one of the most popular features of the conference, and each year attendees look forward to viewing the latest innovative products and services available to support their efforts in helping children and families. The following group meal events will be held in the Exhibit Hall, and are included as part of your basic registration fee:

Friday – Lunch and Opening Night Reception  
Saturday – Morning Breakfast Only

## Exhibit Hall Guest Passes

For conference attendees interested in bringing a guest to visit the Exhibit Hall, guest passes are available for \$85 for Friday (includes lunch and reception) and \$40 for Saturday (includes morning breakfast). All attendees entering the Exhibit Hall area will be required to wear their conference or guest badge in order to be permitted entry – no exceptions.

## Participating Exhibitors

The following is a list of exhibitors scheduled to participate in the Exhibit Hall as of December 2013. For more information on exhibiting, please contact the CLC office at 800-252-4515 x 1713 or [conference@childlife.org](mailto:conference@childlife.org).

Amazing Interactives — Pain Distraction

### Art With Heart

Bank Street College of Education

Beads of Courage

Childhood Leukemia Foundation

Child Life Technology

### Cinemavision MRI Video and Audio

Cook Children's Medical Center

Diversionary Therapy Technologies

Dreammakers for Life

Education, Inc.

Emspiration, LLC

Erikson Institute-Graduate Programs in  
Child Development, Social Work, and  
Early Childhood Education

Gebauer Company

Guideposts Comfort Kits

Hampton House Medical

### HopeLab

Hugworks

Kelsey's Kids Foundation

Kidzpace Interactive

### Legacy Products

### Medical Memories

### Memories Unlimited, Inc.

NOVA Southeastern University

Oriental Trading/Fun Express

### Playopolistoys (formerly Playworks)

Private Social Networks

Project Sunshine

Regali Fingerprint Charms

Southpaw MSE — Embracing the World  
of Sensory Therapies

Splashes of Hope

The Pablove Foundation

TFH USA, Ltd.

### TMC Furniture/Bomar Soft Playgrounds

## Bookstore

Conveniently located in the Exhibit Hall, the CLC Bookstore is the place to visit for the latest Child Life Council products and publications. Save money by taking advantage of conference discounts and avoiding shipping and handling fees.

## IMPORTANT!

### Name Badges

Name badges are required for admission to all conference sessions and events.

## Exhibit Hall Events & Bookstore Hours

### Friday, May 23, 2014

12:15 p.m. – 2:15 p.m. Exhibit Hall Open  
with Lunch

6:00 p.m. – 8:30 p.m. Opening Reception

### Saturday, May 24, 2014

8:00 a.m. – 10:30 a.m. Exhibit Hall Open  
with Breakfast

# Child Life Council 32nd Annual Conference on Professional Issues

## Conference Session Schedule

<b>FRIDAY, May 23 Professional Development Workshops</b>			
10:45 a.m. – 12:15 p.m.	1. Combating Non-Compliance in Pediatric Patients with Cystic Fibrosis through an Innovative Incentive Program and Multidisciplinary Team Approach	2. Gathering and Utilizing Metric Data for Program Growth and Development	3. Creating Art from Grief: Adolescent Siblings Film Making Project
	4. Be Specific: Positive Praise and Appropriate Incentive Giving in the Health Care Setting	5. "It Takes a Village": An Interdisciplinary Approach to Patient and Family Pre-Operative Education	6. This is How We Do It: The Path to a Competent and Engaged Staff
2:15 p.m. – 3:45 p.m.	7. Creating Spiritually-Rich Environments in Child Life Programs for Uplifting a Child's Spiritual Domain	8. Be a "Change Agent": Child Life Involvement in Quality Improvement	9. Adapting Interventions: Supporting Adult Patients and their Children
	10. Rising to the Challenge of Creating a Comprehensive Sibling Support Program	11. Relationship Building and Collaboration with Nursing: The Key Ingredients for Teamwork and Job Satisfaction	12. Introducing an Incentive-Based Program to Promote Medication Adherence in Adolescents with HIV: First Look
4:00 p.m. – 5:30 p.m.	13. Providing Meaningful, Appropriate Interventions to Patients with Mental and Behavioral Health Issues	14. "Mwalimu" Teaching Child Life in Africa, a Two World Experience	15. A Multidisciplinary Approach to End-of-Life Care
	16. Adolescent-Specific Programming Development and Facilitation	17. Proactive Strategies to Identify, Acknowledge and Prevent Stressors that Create Burnout and Compassion Fatigue	18. What's the Next Step? Consider a Child Life Fellowship
<b>SATURDAY, May 24 Plenary Sessions</b>			
1:00 p.m. – 2:30 p.m.	A. Bag-0-Tricks: Creative Interventions for Children!	B. From Drama to Empowerment: Escaping the Dreaded Drama Triangle	C. Distraction Techniques: A Review of Best Practices for Child Life
<b>Professional Development Workshops</b>			
2:45 p.m. – 4:15 p.m.	19. Outside the "Comfort Zone": Sexual Development and Behaviors in Children	20. "Has My Story Helped Anyone Else Today?": Making Meaning Through Post Procedural Interventions	21. There's NOT an App for That
	22. Play Using Projects: Strategies to Facilitate Innovative Play Dates and Promote Peer Social Interactions in Child Life Programs	23. Providing Support to Siblings During Brain Death Testing and Organ Procurement	24. Developing a Culture of Learning Through Peer-to-Peer Mentoring: A New Approach
4:30 p.m. – 6:00 p.m.	25. When Life Matters Most: Legacy Work Between the Adult Patient and Their Children or Grandchildren	26. Preparing Patients with Autism Spectrum Disorder, Their Caregivers, and Medical Personnel for the Operating Room	27. Applying Play Therapy Techniques to Child Life Practice
	28. "No Child is Created Equal": Incorporating Temperament Into Your Child Life Assessment	29. Living with Epilepsy: Child Life Programming	30. Carrying the Torch Without Letting Your Flame Fizzle: Avoiding Burnout as a Child Life Specialist
<b>SUNDAY, May 25 Professional Development Workshops</b>			
8:30 a.m. – 9:30 a.m.	31. Lead to Succeed: Fostering Trust and Professional Development Through Team Building	32. Positive Outcomes of Maltreatment: Team Approach of Child Life and Forensic Nursing	33. Clearing Up the Confusion: How to Assess the Pain of Children with Autism Spectrum Disorders
	34. Supporting the Shadow Survivors	35. Therapeutic Play for Long-Term Ventilated Children	36. Comfort Campaign: A Collaborative Effort to Promote Comfort During Needle-Stick Procedures in a Pediatric Emergency Department
	37. Taking Child Life to Camp	38. "It's My Body, I Should Know!": Children's Perspectives On Health Care Decision Making	
9:45 a.m. – 10:45 a.m.	39. It Takes a Village: Integrating Psychosocial Collaboration into Patient Care	40. Better Prepared: Creating Care Environments for Patients Diagnosed with Autism Spectrum Disorder	41. Deep Breath: New Realities of Nitrous Oxide Uses and Limitations
	42. Fun-damental Challenges: Exploring the Roadblocks and Solutions to Providing Therapeutic Play Experiences in the Hospital	43. Leading with Empowerment	44. The Voices Project: Utilizing Narratives to Promote Social Support in Young Adults with Chronic Illness
	45. Therapeutic Camps for Children with Perinatal Stroke		

## SCHEDULE OF EVENTS

Thursday, May 22, 2014

### Pre-Conference Full Day Intensives (6 PDHs)

Time has been built into the schedule to allow for a one and a half hour lunch break, scheduled between 11:30 a.m. and 1:00 p.m. CLC will not be providing lunch for any intensives.

9:00 a.m. - 4:00 p.m.

#### I. A Live Clinical Supervision Group and Facilitation Intensive for Child Life Professionals

\$130 – All Attendees

Diane Rode, MPS, CCLS, LCAT, ATR-BC  
*Director, The Mount Sinai Kravis Children's Hospital, NY, NY*

Gloria Mattera, MS, MEd, CCLS  
*Child Life Director, Bellevue Hospital Center, Brooklyn, NY*

This unique, live-supervision opportunity provides an in-depth exploration of the importance and value of clinical

supervision in child life practice. Participants will gain skills to begin developing their own supervision groups through the information and experience gathered from this session. Case material from participants will be used in the groups. Strategic planning in relation to the initiation and maintenance of clinical supervision processes in individual departments will be explored.

#### II. Honing Our Intern Supervision Skills

\$130 – All Attendees

Erin Munn, MS, CCLS  
*Child Life Specialist, Monroe Carell Jr. Children's Hospital at Vanderbilt, Brentwood, TN*

Belinda Sweett, CCLS  
*Retired, Sooke, BC*

In this interactive session, participants will build on and adapt skills they employ in their practice with children and families to enhance their practice as intern supervisors. Core skills of relationship-building, assessment and goal-setting, effective communication, and reflective practice will be reviewed and applied within a coaching framework, providing an effective approach for meeting interns' individual learning needs while maintaining alignment with the CLC Internship Curriculum.

#### III. 20/20: Seeing the Future of Integrating Child Life Practice and Technology with Clarity

\$130 – All Attendees

Katie McGinnis, CCLS  
*Certified Child Life Specialist, All Children's Hospital, St. Petersburg, FL*

Chris Flood-Gutierrez, MA, CCLS  
*Child Life Coordinator, Bristol-Myers Squibb Children's Hospital at Robert Wood Johnson University Hospital, New Brunswick, NJ*

Luis Borges, BFA  
*Technology Coordinator, Mount Sinai Kravis Children's Hospital, Brooklyn, NY*

Lou Riccio, BA  
*Director, Child Life Technology, Bound Brook, NJ*

Jane Shaffer, CCLS  
*Child Life Specialist I, Greenville Memorial Hospital, Charlotte, NC*

Kia Beickert, MS, CCLS,  
*Child Life Coordinator, NorthShore University HealthSystem, Evanston, IL*

Many new technological innovations have the potential to become valuable therapeutic instruments in the hands of ready and capable child life specialists, but are often underutilized with patients. This session will introduce a variety of affordable technologies and teach participants how to practically and seamlessly integrate these into their practices. Hands-on breakout sessions addressing multiple popular technology topics and a panel of experts



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# Child Life Council 32nd Annual Conference on Professional Issues

who currently utilize different technologies with patients will help facilitate participants' learning.

## Pre-Conference Half Day Intensives (3 PDHs)

9:00 a.m. – 12:00 p.m.

### IV. Emotional Self-Regulation and Heart Rate Variability: Coping Skills for You, Your Patients, and Their Families

Jenni Davis, CCLS, LRT/CTRS  
UNC Hospitals, Chapel Hill, NC

Michelle Barr, LRT/CTRS  
Senior Recreational Therapist, UNC Hospital, Chapel Hill, NC

The health care environment can be stressful for child life specialists, patients, and families. This session will review stress and its impact on the psychological and physiological systems. The presentation will serve as a basic introduction to heart rate variability. Participants will learn and practice self-regulation tools in a stress management context. Applications of these skills in individual and group settings will be discussed.

### V. You Can Choose, Which Type of Leader Will You Be?

\$80 – All Attendees

Shawna Grissom, MS, CCLS, CEIM  
Director of Child Life, St. Jude Children's Research Hospital, TN

Kellye Carroll, MS, CCLS, CEIM  
Manager, Mattel Children's Hospital UCLA, Los Angeles, CA

Jodi Bauers, MM, CCLS, CISM  
Child Life Specialist, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

This session will focus on the attendee's leadership journey in the field of child life and the varied stages of experience in their careers. Participants will explore styles, theories of leadership and have the opportunity to self-reflect on individual strengths through self-assessment. Case examples, media and participation in group activities will inspire attendees to set goals, identify opportunities to transform their current leadership patterns and leave with a renewed vision for their role.

## Pre-Conference Half Day Intensives (3 PDHs)

1:00 p.m. – 4:00 p.m.

### VI. Decreasing the Trauma of Trauma: How to Safely Process and Decrease the Stress of Trauma in Hospital Environments

\$80 – All Attendees

Suzanna Paisley, MS, CCLS  
Child Life Specialist II, Colorado Children's Hospital, Aurora, CO

Jenaya Gordon, MA, CCLS, NCC  
Child Life Specialist, Colorado Children's Hospital, Aurora, CO

Patients and families traumatized by an event or diagnosis have unique needs in the pediatric medical setting. Traumatized children and adolescents often experience an increased sense of fear, loss of safety, and lack of control over their environment and emotions. Hands on activities and knowledge will be presented, about the effects of trauma and specific interventions, including the how, when, and why of trauma processing, to increase coping and decrease negative emotional effects.

### VII. An Introduction to the Coach Approach

\$80 – All Attendees

Bernadette Sanchez, CCLS  
Child Life Specialist, BC Children's Hospital, Vancouver, BC

Catherine Leung, BA, BSc, CLSt.Dipl., CCLS  
Child Life Specialist, BC Children's Hospital, Vancouver, BC

Coaching is an innovative style of interaction that facilitates decision-making and problem-solving. It encompasses skilled listening, questioning, encouragement, and action planning. Coaching enhances child life practice by refining skills in assessment, advocacy, and interdisciplinary collaboration. This results in improved family-centered practice and communication among team members. In this interactive intensive, participants will develop coaching skills and practice the coaching exchange in a safe, supportive learning environment.

*CLC will also be offering intensive sessions on Saturday morning during the middle of the conference (additional fees apply). The Saturday intensive sessions will take place from 8:30 a.m. to 11:30 a.m., concurrent with the final Exhibit Hall session and a tour of Tulane Lakeside Hospital for Women & Children and Ochner Medical Center for Children. Additional information about these intensives is available beginning on Page 22 of this program.*

## New Member/First Timer Orientation

4:30 p.m. – 5:30 p.m.

The New Member/First Timer Orientation is a great opportunity to join veteran CLC members and staff for an informative overview of CLC and the Annual Conference on Professional Issues. Whether you are a new member, a first-time conference attendee or potential member, this is a great opportunity to learn how to make the most out of networking opportunities and professional development through the Child Life Council. This event will set the stage for a successful conference. Refreshments will be served, and participants are sure to leave with their questions answered.

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## Connect 4 Success Social Hour

5:30 p.m. – 6:30 p.m.

Sponsored by



For Professional Attendees Only

Connect 4 Success is a social event and networking opportunity for professional attendees to connect with old friends and colleagues as well as share ideas and stories. Attendees will have an opportunity to identify and network with professionals from their region and across the globe. First Timers and New Member Orientation Session participants are encouraged to stay for this social event. There will be a cash bar and snacks. Students are strongly encouraged to register and attend the Student Networking Panel Event.

## Student Networking Event

5:30 p.m. – 6:30 p.m.

This is a special interactive event which allows students from varied backgrounds and levels of education the opportunity to ask open-ended questions to experienced child life professionals. A panel of professionals who serve in a variety of roles (academic program coordinators, internship & practicum coordinators, supervisory child life specialists, and hiring managers) will help to provide students with information surrounding the field and respond to participant inquiries. All students are encouraged to attend.



## Thank You to **Child Life Specialists** Everywhere who Tirelessly Work to **Make Things Better for Children.**

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OUR LADY OF THE LAKE  
CHILDREN'S HOSPITAL

**Friday, May 23, 2014**

## **Opening General Session & Emma Plank Keynote Address (2 PDHs)**

Sponsored by



**8:30 a.m. - 10:30 a.m.**

### **Child Life Distinguished Service Award Presentation**

The Distinguished Service Award is the highest award presented by the Child Life Council Board of Directors, recognizing exceptional members for outstanding contributions to the field of child life.



The 2014 Distinguished Service Award will be presented at the Opening General Session to Dr. Peggy Jessee, professor emeritus of the Department of Human Development and Family Studies at The University of Alabama in Tuscaloosa. A full feature article detailing Peggy's inspiring career will appear in a future edition of the *Bulletin*.

### **You Can't Build A Relationship With A Problem**



**Garry L. Landreth, LPC, RPT-S**, internationally recognized for his writings and work in promoting the development of child-centered play therapy, is a Regents Professor in the Department of Counseling and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His presentation will

explore unique differences in the play relationship that make an impact: listening with your heart, touching the inner person of a child, what "Being With" a child means, confirming a child's existence, the four healing messages needed by a child who is hurting, helping children develop a feeling of being in control, the person of the child life specialist as a therapeutic variable, and messages in the art expressions of Ryan, a child who was dying.

## **Professional Development Workshops (1.5 PDHs)**

**10:45 a.m. - 12:15 p.m.**

### **1. Combating Non-Compliance in Pediatric Patients with Cystic Fibrosis through an Innovative Incentive Program and Multidisciplinary Team Approach**

**INTERMEDIATE**

Katie McGinnis, CCLS

*Certified Child Life Specialist, All Children's Hospital, St. Petersburg, FL*

Heather Bradford McKee, MSW

*Social Work Coordinator, All Children's Hospital, St. Petersburg, FL*

Noncompliance is a pervasive problem among pediatric patients with chronic conditions and complex treatment regimes. This session will introduce participants to an innovative and successful incentive program that was created and implemented by a multidisciplinary CF care team within a hospital setting. Relevant background literature, program development and results, and the collaborative team approach will be discussed.

### **2. Gathering and Utilizing Metric Data for Program Growth and Development**

**INTERMEDIATE**

Teresa Schoell, MA, CCLS

*Child Life Specialist, Rochester General Hospital, Rochester, NY*

Administrators and donors often ask about metric data. "How many patients do you see? How often do you offer therapeutic play? How do you justify the need for additional staff?" High quality metrics empower you to share accomplishments, and request resources, with greater impact. Learn techniques for collecting, managing, and utilizing metric data to enrich your presentations and proposals.

### **3. Creating Art from Grief: Adolescent Siblings Film Making Project**

**INTERMEDIATE**

Tommi Beth McHugh, MA, CCLS

*Child Life Specialist, Children's Hospital Colorado, Aurora, CO*

This presentation will walk attendees through the development and implementation of a film-making program for bereaved siblings. The group allows teens to create a film based upon their experience of grief over the death of a sibling. Sibling films will be shown to illustrate how the process facilitated the expression of their grief both verbally and nonverbally.



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## 4. Be Specific: Positive Praise and Appropriate Incentive Giving in the Health Care Setting

### FOUNDATIONAL

Nicole Rosburg, MS, CCLS  
*Child Life Specialist II, Texas Children's Hospital, Houston, TX*

Rachael Walker, CCLS  
*Child Life Specialist II, Texas Children's Hospital, Houston, TX*

Krista Caballero, CCLS, CIMI  
*Child Life Specialist II, Texas Children's Hospital, Houston, TX*

Child life specialists are champions of the appropriate use of specific and developmentally appropriate language with children in health care environments. In this presentation, participants will learn the benefits of using specific praise and appropriate incentive programs to encourage positive coping for children and discourage meaningless prize giving by staff. Practical and research-supported examples of appropriate praise and rewards will be shared, along with ways to develop an effective incentive program in your own setting.

## 5. "It Takes a Village": An Interdisciplinary Approach to Patient and Family Pre-Operative Education

### FOUNDATIONAL

Natalie Kinsky, CCLS  
*Child Life Specialist, Gillette Children's Specialty Healthcare, St. Paul, MN*

Amy Pepper, MSW, LICSW  
*Social Worker, Gillette Children's Specialty Healthcare, St. Paul, MN*

Jackie Norling, PT, MPT  
*Physical Therapist, Gillette Children's Specialty Healthcare, St. Paul, MN*

Gail Busch, RN, BAN, MSN, CPN  
*Registered Nurse, Gillette Children's Specialty Healthcare, St. Paul, MN*

While pre-operative classes for adults undergoing surgery is becoming a widespread norm in the health care setting, this is not necessarily the case for the pediatric patient population. Presenters will discuss the implementation of an interdisciplinary staff-led approach to pre-operative education classes for one type of pediatric elective orthopedic surgery. Background, class design, staff involvement, current class model, class impact, and future growth will be discussed.

## 6. This is How We Do It: The Path to a Competent and Engaged Staff

### ADVANCED

Kristen Stocks, CCLS  
*Child Life Coordinator, Children's Healthcare of Atlanta, Atlanta, GA*

Lindsay Damron, CCLS  
*Child Life Coordinator, Children's Healthcare of Atlanta, Atlanta, GA*

At a time when raises and promotions are often not an option, retention of skilled staff can be a challenge. This

presentation will focus on laying a solid foundation for new staff by building skills and ensuring competence. Attendees will learn easy and effective ways to raise morale and validate the everyday work of staff, as well as keeping experienced staff engaged and challenged. This is how we do it...how will you do it?

## Lunch and Bookstore in Exhibit Hall

12:15 p.m. – 2:15 p.m.

Join your fellow conference attendees and exhibitors for a casual meal and great conversation. Take time to stop by each booth to show your appreciation to our exhibitors, both new and more established, who are there to share their products and services with the child life community.

## CLC Committee Meetings – Track A

12:30 p.m. – 1:45 p.m.

For Current Committee Members of the following Committees/Tasks Forces:

1. Academic Preparation/Task Force 2022
2. Awards Committee
3. Bulletin Work Group
4. Child Life Certifying Committee
5. Conference Host Committee (Co-Chairs Only)
6. Conference Program Committee
7. Evidence-Based Practice Committee
8. Professional Benchmarking Task Force and Pilot Study Participants
9. Professional Resources Committee
10. Research and Scholarship Committee
11. Web and Online Networking Advisory Committee (WONAC)

## Professional Development Workshops (1.5 PDHs)

2:15 p.m. - 3:45 p.m.

### 7. Creating Spiritually-Rich Environments in Child Life Programs for Uplifting a Child's Spiritual Domain

#### INTERMEDIATE

Kathleen Harris, PhD  
*Assistant Professor, Seton Hill University, Greensburg, PA*

The stressors of hospitalization, unknown severity of illness, and separation from family members contribute to a child's anxiety and distress. In this presentation, participants will explore how contemporary spiritual development is nurtured in child life programs using

rituals, story-telling, visualizations, yoga, and meditations. Specific activities will be discussed ensuring child life specialists can create spiritual environments nurturing and uplifting a child's spiritual domain.

## 8. Be a "Change Agent": Child Life Involvement in Quality Improvement

### INTERMEDIATE

Jennifer Staab, MS, CCLS  
*Child Life Specialist, Children's Hospital Colorado, Denver, CO*

Due to national and local pressures, many health care organizations are searching for ways to deliver more cost effective, higher-quality care. As a result, quality improvement initiatives have become widespread throughout health care. Child life can be a vital team member in developing, implementing, and sustaining quality improvement initiatives. This session will provide the information, tools, and guidance needed to help practitioners become involved in quality improvement initiatives and make systematic and continuous improvement within their practices.

## 9. Adapting Interventions: Supporting Adult Patients and their Children

### INTERMEDIATE

Colleen Lacey, MA, CCLS, LAMFT  
*Child Life Specialist, Children's Hospitals and Clinics - Minneapolis, Minneapolis, MN*

Cinda McDonald, MEd, CCLS, RDH  
*Manager, Child Life Specialist, Baylor University Medical Center at Dallas, Dallas, TX*

Supporting adult patients and their children is a familiar request for child life specialists, yet training for this population is often minimal. Presenters will discuss developmental considerations of children, and their typical responses when a parent is hospitalized, also using case examples, presenters will explore adaptations to pediatric-based interventions to fit the needs of families with focus given to treatment maintenance, rehabilitation, intensive care, maternity, oncology, trauma, and bereavement services.

## 10. Rising to the Challenge of Creating a Comprehensive Sibling Support Program

### FOUNDATIONAL

Valerie Stuve, CCLS  
*Child Life Specialist, Mayo Clinic Children's Center, Rochester, MN*

Jennifer Rodemeyer, MA, CCLS  
*Child Life Specialist, Mayo Clinic Children's Center, Rochester, MN*

Caroline Tourdot, CCLS  
*Child Life Specialist, Mayo Clinic Children's Center, Rochester, MN*

Siblings of children with special health or developmental needs are faced with a wide variety of challenges and experiences. Sibling support programs can provide a unique opportunity for these significant siblings. This presentation will give attendees the tools needed to create and facilitate an effective sibling support program. Attendees will participate actively in discussion and will be asked to practice their own skills and creativity.

## 11. Relationship Building and Collaboration with Nursing: The Key Ingredients for Teamwork and Job Satisfaction

### FOUNDATIONAL

Leah Frohnerath, CCLS, CEIM  
*Child Life Specialist, All Children's Hospital, St. Petersburg, FL*

Stephanie Pitts, MSN, RN, VA-BC  
*Vascular Access Nurse, St. Joseph's Children's Hospital, Tampa, FL*

Child life specialists often seem to walk a thin line between balancing and advocating for the needs of the child and family while communicating with the medical team and supporting the medical care plan. This research-based presentation, given from the perspectives of a nurse and a seasoned child life specialist, will provide the attendee with strategies for building strong working relationships with nursing and the medical team

## 12. Introducing an Incentive-Based Program to Promote Medication Adherence in Adolescents with HIV: First Look

### FOUNDATIONAL

Kathryn Cantrell, MA, CCLS  
*Graduate Researcher/ Doctoral Candidate, University of Massachusetts-Boston, Boston, MA*

Ronald Dallas, MS, CCRP  
*Clinical Research Associate II, St. Jude Children's Research Hospital, Memphis, TN*

Shawna Grissom, MS, CCLS, CEIM  
*Director, Child Life Program, St. Jude Children's Research Hospital, Memphis, TN*

The A-Team (or Adherence-Team) is a contingency management program designed to promote medication adherence within pediatric HIV populations. Once able to meet pre-determined criteria demonstrating adherence to anti-retroviral regimens and appointments, patients are provided with an incentive in the form of a universal gift card. This presentation will outline the need for adherence interventions in chronic illness populations and describe in detail the design and evaluation of this incentive-based program.

## Professional Development Workshops (1.5 PDHs)

4:00 p.m. - 5:30 p.m.

### 13. Providing Meaningful, Appropriate Interventions to Patients with Mental and Behavioral Health Issues

#### INTERMEDIATE

Jenna Teso, CCLS  
*Child Life Specialist, Casa Community Services, Green Valley, AZ*

Youth with mental and behavioral health issues can be an undeserved population. Participants will learn the basics of common pediatric mental and behavioral health issues and become familiar with appropriate intervention and advocacy techniques.

### 14. "Mwalimu" Teaching Child Life in Africa, a Two World Experience

#### INTERMEDIATE

Morgan Livingstone, MA, CCLS, CIMI  
*Certified Child Life Specialist, Certified Child Life Specialist Consulting, Toronto, ON, Canada*

Judith Duncan, MEd, CCLS, EXA cert  
*Professor Cambrian College, Sudbury, ON, Canada*

With child life growing in many countries outside North America, it is important to support sustainable growth through culturally conscious education and training. Learn about the process of developing and providing a child life course for delivery within an existing health care system in Africa. This informative session shares real stories of the efforts involved in adapting child life curriculum for global growth.

### 15. A Multidisciplinary Approach to End-of-Life Care

#### INTERMEDIATE

Karen McCarthy, CCLS, CTRS  
*Child Life Specialist II, Children's Healthcare of Atlanta, Atlanta, GA*

Tracy Howk, LCSW, CT  
*Licensed Clinical Social Worker, Children's Healthcare of Atlanta, Atlanta, GA*

Chronically ill patients and their families facing end-of-life embody unique psychosocial needs that are best addressed by a multidisciplinary team. Whether a poor prognosis is revealed at diagnosis or later in the course of treatment, there are ample opportunities for clinically significant interventions that improve coping and promote adjustment. This presentation will utilize theoretical frameworks as a basis for clinical interventions that span from initial prognostic conversations to legacy-making activities.

### 16. Adolescent-Specific Programming Development and Facilitation

#### FOUNDATIONAL

Hillary Bauer, MS, CCLS  
*Certified Child Life Specialist 2, Children's Healthcare of Atlanta, Atlanta, GA*

Molly Wilson, CCLS  
*Certified Child Life Specialist 2, Children's Healthcare of Atlanta at Scottish Rite, Atlanta, GA*

One of the cornerstones of child life practice is providing normalization and socialization to pediatric patients in the hospital setting. This presentation highlights unique adolescent-specific programming opportunities developed and implemented by child life specialists to promote socialization, normalization and coping within the hospital environment. Presenters will share obstacles encountered, insights obtained and accomplishments achieved.

### 17. Proactive Strategies to Identify, Acknowledge and Prevent Stressors that Create Burnout and Compassion Fatigue

#### FOUNDATIONAL

Leeanne Lackey, CCLS  
*Child Life Specialist, Vanderbilt Children's Hospital, Franklin, TN*

Exposure to complicated family and organizational systems, human suffering and death often puts child life specialists at risk for experiencing burnout and compassion fatigue. This presentation will examine the difference between feelings of burnout versus those of compassion fatigue. Also included will be the challenges and coping strategies professionals often employ when at "capacity" the effects of accumulated and internalized stressors and specific methods for creating balance and mindfulness in the midst of chaos.

### 18. What's the Next Step? Consider a Child Life Fellowship

#### ADVANCED

Chanel Pack, CCLS  
*Child Life Specialist, Children's Hospital of Michigan, Detroit, MI*

Lindsay Heering, MS, CCLS, CTRS  
*Manager, Child Life & Volunteer Services, Children's Hospital of Michigan, Detroit, MI*

Amy Rupp, CCLS  
*Child Life Fellow, Children's Hospital of Michigan, Detroit, MI*

A child life manager, child life specialist, and child life fellow will provide insight into one hospital's child life fellowship program. The presenters will discuss the development, implementation, and process of completing a child life fellowship. This particular fellowship offers three clinical rotations, educational opportunities, clinical

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supervision and research exposure. This session may appeal to professionals and students.

## CLC Committee Meetings – Track B

5:45 p.m. – 7:00 p.m.

For current members of the following Committees/Tasks Forces:

1. Archives Management Group
2. Education and Training Committee
3. Internship Accreditation Task Force
4. Official Documents Work Group
5. Program Standards
6. Public Policy Task Force
7. Webinar Advisory Group

## Opening Night Reception

6:00 p.m. – 8:30 p.m.

Come join your fellow conference attendees for our opening night reception. Take a stroll through the Exhibit Hall, enjoy tasty tidbits, renew old acquaintances and make new ones.

## Staffed Poster Presentations – (1 PDH)

7:00 p.m. – 8:00 p.m.

Again this year, 2014 Poster Award — The Poster Award was developed to highlight excellence within the poster presentations. Each poster will be reviewed for content and visual presentation by three judges. Be sure to check out this year's poster presentations and meet with the authors during the designated staffed time.

### A. Finding an “In” with Inpatient Mental Health

Jane Marchildon, MS, CCLS, CTRS  
*Child Life Specialist, IWK Health Centre, Halifax, NS, Canada*

Mental health no longer needs to be seen as a “non-traditional” setting for child life specialists. This poster will highlight the importance of child life programming for children and adolescents hospitalized with a mental health concern, in an effort to increase awareness of the need for child life in pediatric mental health. Stress points and child life interventions on an inpatient mental health unit will also be highlighted.

### B. Child Life to Replace Sedation?

Kate Morrison, CCLS  
*Child Life Specialist, IWK Health Centre, Halifax, NS, Canada*

As members of a relatively new profession, child life specialists are continually challenged to contribute

their expertise in new ways. This poster will describe a research study designed by a multidisciplinary pediatric cardiology team to demonstrate the validity of using child life interventions to replace sedation for young children requiring an echocardiogram.

### C. The Art of Giving: A Collaborative Event for Philanthropic and Therapeutic Benefit

Victoria Vaden, MA, CCLS  
*Child Life Specialist, Senior, Dell Children's Medical Center of Central Texas, Austin, TX*

This art event invited patients, families and members of a philanthropic group to create art to give back to the hospital for fundraising purposes. Child life and hospital foundation staffs collaborated to plan and implement this event, which raised money for the child life department and offered a therapeutic activity for current and former patients. Several different art activities were specifically designed for and facilitated at the event.

### D. Pediatric MRI Simulation and Play Preparation: A Quality Improvement Research Study

Catherine Leung, BA, BSc, CLSt.Dipl., CCLS  
*Child Life Specialist, BC Children's Hospital, Vancouver, BC, Canada*

Research into a child life-facilitated MRI play preparation and simulation program revealed superior scan quality in comparison to those of children in a control group. Attendees will gain insight into the design and implementation of this MRI quality improvement initiative, and gather rigorous research findings to support similar child life initiatives in their respective health care settings.

### E. Pain Free is the Way to Be! Reduction of Perceived Pain and Distress During Venipuncture in the Pediatric Population

Kendal Mundy, CCLS  
*Child Life Specialist II, St. Joseph's Children's Hospital, Tampa, FL*

The aim of this research project was to determine the efficacy of two different methods on the experience of pain and anxiety associated with venipuncture in pediatric patients. Participants were placed at random into one of three groups: vibration device based on the gate control theory of pain, dermal anesthetic cream, or a combination of the two. Results were evaluated based on gender and developmental age group.

### F. The Personal and Professional Well-being of the Child Life Intern

Amy Rothenberg, CCLS  
*Certified Child Life Specialist, Tucson Medical Center, Tucson, AZ*

Internships in any field can be stressful as interns must

balance high expectations, internship demands, financial concerns, and other stressors. Child life interns may also face additional challenges unique to the field, such as role ambiguity. These challenges may negatively impact the child life intern's personal and professional well-being. Through this poster presentation, attendees will discover challenges that child life interns face, the effects of these challenges, and strategies to better support child life interns.

## **G. Across Town, Across the Country! Live Peer Learning Via Conference Call: Combining the Best of Case Studies and Journal Club**

Toshiko Nonaka, MS, CCLS  
*Kravis Children's Hospital at Mount Sinai Medical Center,  
New York, NY*

Peer supervision and mentoring are highly valued in the child life community. This live peer learning program using conference calls provides child life specialists working in small programs the opportunity to connect and learn from one another by using case studies and journal club methods. Attendees will identify the strengths, challenges and future goals of the program.

## **H. Family Satisfaction with Pain Management Techniques in the Children's Emergency Department**

Karen Groeneweg, HBSc, CLSt Dipl, CCLS  
*Certified Child Life Specialist, Children's Hospital,  
London Health Sciences Centre, London, ON, Canada*

A survey was created and distributed in a Children's Emergency Department (ED) to gain an understanding of patient and family experiences with pain management techniques and staff perspectives of the involvement of child life specialists in ED. The poster serves as a review of current research, survey results, and subsequent recommendations which help to foster interprofessional collaboration as well as patient- and family-centered care.

## **I. My Voice: Facilitating a Patient Designed Newsletter**

April Cassella, MAEd CCLS  
*Certified Child Life Specialist, The Valerie Center at MMC, Eatontown, NJ*

Receiving a chronic or life-threatening diagnosis can be a terrifying experience; a patient designed newsletter can be utilized to empower children and families to share their stories and build a strong network of support. Participants will learn how to facilitate the creation of a patient designed newsletter and understand the impact a newsletter has on self-advocacy, coping and communication.

## **J. Assessing the Value of Child Life Services at Your Facility, One Research Study at a Time**

Brittany Blake, MS, CCLS  
*Medical City Children's Hospital, Dallas, TX*

Cassie Morrison, CCLS  
*Medical City Children's Hospital, Dallas, TX*

This poster presentation will show participants a sample of a completed research study that assessed the knowledge and perception of child life services and uncovered barriers to accessing child life services at a children's hospital within an adult hospital. The presentation will also address how to implement a similar study at one's own facility, while highlighting the "dos and don'ts" of creating a survey.

## **K. When the Parent is Ill: Helping Children Cope: Child Life Programming in an Adult Hospital**

Lois Pearson, MEd, CCLS  
*Child Life Specialist, Edgewood College, Menomonee Falls, WI*

Child Life Programming in alternative settings is a rapidly growing area in which the unique skill set of child life specialists is implemented in a particular population or setting. This poster will describe the development of child life programming designed to meet the unique needs of children of adult patients in a metropolitan adult hospital and outpatient clinics. Program elements, funding, resources and interventions will be included.

## **L. Steps Toward Defining the Role Of and Training For Child Life Specialists to Enhance Family-Centered Developmentally Supportive Care in the Neonatal Intensive Care Unit**

Jessica Smith, MS, CCLS  
*Child Life Specialist, The Children's Hospital of Pittsburgh of UPMC,  
Pittsburgh, PA*

Natalia Sira, PhD, MPH, CCLS  
*Assistant Professor, East Carolina University, Greenville, NC*

Priti Desai, PhD, PMH, CCLS  
*Assistant Professor, East Carolina University, Greenville, NC*

This presentation highlights practices and perceptions of the NICU child life specialist's role, training received, and the level of integration within the interdisciplinary team. The need for defining this unique child life role, an outline for NICU focused training of child life specialists concerning high risk infants and their families, and research implications are discussed.

**Saturday, May 24, 2014**

**CLC Information Desk Open**

**7:30 a.m. – 4:00 p.m.**

Located in the same area formerly designated for Conference Badge & Tote Bag Pick-up, the CLC Conference Information Desk will be staffed with volunteers for any conference-related questions.

**Exhibit Hall and Bookstore Open**

Breakfast will be available

**8:00 a.m. – 10:30 a.m.**

**Hospital Tours**

**8:30 a.m. – 11:30 a.m.**

\$25 – All attendees – Limited space (100)  
Attendees will tour both Hospitals



Ochsner has provided care with the smallest patients in

mind for over 60 years. Ochsner offers a full range of services specializing in comprehensive care for the child - from preventive care such as immunizations to life-saving efforts such as organ transplantation. In fact, it is the only pediatric hospital in Louisiana that can perform pediatric heart, kidney, and liver transplants. Ochsner has over 115 pediatric physicians - all of whom are trained and experienced in health problems specific to children from birth through adolescence.

Ochsner Medical Center for Children was designed with kids in mind. The pediatric inpatient unit was built with bright colors to resemble Cajun cottages which promote familiarity and normalcy. Ochsner also has several friendly play spaces that offer safe, fun-filled places of refuge where no medical procedures are performed. In addition, Ochsner offers a central play space for young children, a teen lounge with private space for teens ages 12 and older, and a special place just for siblings and visiting children donated by the Starlight Children's Foundation.

At Ochsner, patients are the #1 priority and they are proud to give the highest quality of care available in a comfortable setting.



Tulane Lakeside Hospital for Women and Children is the only truly specialized Women's and Children's health

care facility in the New Orleans area. Tulane is part of a large teaching institution. Tulane administers world class pediatric medical care within a nurturing environment. Tulane Pediatrics provides a full spectrum of pediatric medical specialties from level IIIR NICU, PICU, and med/surg pediatric inpatient services to general pediatrics, neurology, hematology/oncology, pulmonary, genetics, and transplant pediatric outpatient services. Tulane's experienced and specialized physicians can treat the most complex of illnesses.

Tulane's Child Life Department was established in the early 1980s and was the first of its kind in the region. Today, Tulane's Child Life team, which includes an Arts in Medicine program, continues to grow and expand developmental interventions and education to improve the delivery of pediatric patient care. At Tulane Lakeside Hospital for Women and Children, they know outstanding medical care isn't just about expert medical treatments, it's about treating each child as if they were their own.

**Half-Day Intensives (3 PDHs)**

**8:30 a.m. – 11:30 a.m.**

**VIII. Exploring the Puzzle of Self-Reflection and Processing**

\$80 – All Attendees

Lendy Chapman, CCLS

*Child Life Specialist, Arnold Palmer Hospital for Children, Orlando, FL*

Paige Fennessey, CCLS

*Child Life Specialist, Arnold Palmer Hospital for Children, Orlando, FL*

The practice of child life is not devoid of emotional responses. Child life specialists of varying levels of professional backgrounds often experience unexpected emotions that can negatively affect respectful and competent patient care. Utilizing hands-on participation, discussion and lecture, participants will gain a better understanding of the benefits of processing such emotions within their personal contexts.

## IX. Presence and Reflection: Fostering Resilience in Leadership through the Arts

\$80 – All Attendees

Kristin Maier, MS, CCLS  
*Director, Child Life, Music Therapy, PAS, All Children's Hospital,  
Saint Petersburg, FL*

Diane Rode, MPS, CCLS, LCAT, ATR-BC  
*Director, The Mount Sinai Kravis Children's Hospital, New York, NY*

In this therapeutic arts group, attendees will explore pathways for using their own creativity to access inner strength and resilience as leaders in the child life field. Using creative arts materials, attendees will explore their own meaningful encounters in the workplace and consider the dynamics of creating safe spaces for self-expression and dialogue with each other.

## X. More Than Just a Hand Mold: Re-envisioning Legacy Building with Chronic Populations

\$80 – All Attendees

Jessika Boles, MEd, CCLS  
*Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN*

This half-day intensive focuses on analyzing and reinterpreting the concept of legacy and legacy building interventions with chronic illness populations. Participants will explore legacy-specific assessment strategies and case examples while participating in group activities to stimulate a renewed vision of legacy building as an ongoing, collaborative representation of life, love, and loss.

## CLC Town Hall Update

9:00 a.m. – 10:00 a.m.

Representatives from the CLC headquarters and CLC Board of Directors will be on hand to give updates on activities and strategic plan initiatives.

## Plenary Sessions (1.5 PDHs)

Sponsored by



1:00 p.m. - 2:30 p.m.

### A. Bag-O-Tricks: Creative Interventions for Children!

Scott Riviere, MS, LPC, RPT-S  
*Director, K.I.D.Z., Lake Charles, Louisiana*

Are you looking for a workshop to learn innovative techniques and rejuvenate your spirit? Then make time to attend this training! This interactive workshop will focus on advanced and empirically-influenced interventions for school age children. Workshop participants will learn

THE primary method for engaging kids in treatment and well as the benefits of using Play-Based Interventions with children. A variety of creative interventions will be presented and participants will have the opportunity to interact with the activities to gain mastery and understanding.

Participants will be able to:

1. Identify key developmental differences between children and adolescents.
2. Identify the primary therapeutic factor in counseling kids.
3. List three benefits of directive and non-directive interventions.
4. Identify benefits of Play-Based Interventions.

### B. From Drama to Empowerment: Escaping the Dreaded Drama Triangle

Paul Wyman, CPPC  
*Colorado Children's Hospital, Aurora, CO*

Drama is a reality of every workplace. Otherwise capable staff expend energy pointing fingers, gossiping, and making mischief which distracts everyone from the real work of caring for kids. In this engaging and interactive presentation, you'll learn what causes workplace drama, the most common ways it shows up, and what you can do to overcome it. Based on the work of Steven Karpman, M.D., who first described the drama triangle, and the The Power of TED\* (\*The Empowerment Dynamic) model created by David Emerald, you'll leave with practical tools for redirecting your own energy and effort away from unproductive drama, and towards achieving the goals which matter to you most. The methods described here are applicable in your personal and professional lives, and can be used with great effectiveness to assist parents and families as they attempt to cope with the challenges of caring for a sick or injured child.

### C. Distraction Techniques: A Review of Best Practices for Child Life

Donna Koller, PhD  
*Associate Professor, Ryerson University, Adjunct Scientist,  
Hospital for Sick Children, Research Institute, Toronto, ON*

Distraction techniques are integral to child life practice. The current range of distraction techniques make it difficult for child life specialists to determine the best methods for particular situations. This presentation reviews current research on a variety of approaches and offers recommendations for evidence-based practice that can inform clinical decision-making.

## Professional Development Workshops (1.5 PDHs)

2:45 p.m. - 4:15 p.m.

### 19. Outside the “Comfort Zone”:

#### Sexual Development and Behaviors in Children

##### INTERMEDIATE

Amanda Ammons, MS, CCLS

*Child Life Specialist, Children’s Medical Center, Dallas, TX*

Christine Knefley, MS, CCLS

*Children’s Medical Center Dallas, Dallas, TX*

Ever been asked to give a safe sex talk to an adolescent patient? How about “Is it normal that my child touches himself down there?” As experts in child development, the child life specialist must be able to address the sexual development of children and adolescents. This presentation will discuss typical sexual development from birth to adolescence and identify departures from the norm, provide guidelines for communication, and identify techniques to incorporate this knowledge into practice.

### 20. “Has My Story Helped Anyone Else Today?”: Making Meaning Through Post-Procedural Interventions

##### FOUNDATIONAL

Nicola Woollaston, BAA, CCLS, NZHPSReg

*Practice Supervisor Hospital Play Specialist, Starship Children’s Health, Auckland, New Zealand*

Barbara Mackay, BA, Teaching (ECE/primary), NZHPSReg

*Hospital Play Specialist, Starship Children’s Health, Auckland City Hospital, Auckland, New Zealand*

Post-procedural support is invaluable for children, and helps them make meaning of their health care experiences. Changes to inpatient care and time constraints have impacted this aspect of play specialist practice. This presentation proposes a new approach to post-procedural interventions which is based on “ako,” a concept of reciprocal teaching and learning. The role of therapeutic conversations, reframing, and co-constructing narratives to recognize children’s strengths and resilience and foster empathy will be illustrated.

### 21. There’s NOT an App for That

##### INTERMEDIATE

Gretchen Pace, CCLS

*Child Life Specialist, Phoenix Children’s Hospital, Phoenix, AZ*

Ashley Tucker, CCLS

*Certified Child Life Specialist, Phoenix Children’s Hospital, Phoenix, AZ*

Lauren Peeples, MBA, CCLS, CIMI

*Certified Child Life Specialist, Emergency Department, Seattle Children’s, Seattle, WA*

Have you ever thought to yourself, “Wouldn’t an app

that did \_\_\_\_\_ be so helpful?” Many child life specialists have ideas about applications they wish to create, but don’t know what to do next. This presentation will show how one child life team was able to collaborate with a community organization to fulfill the needs of its hospital through the creation of an app, which in turn allowed them to empower health care providers, patients and families with easily accessible health care technology.

### 22. Play Using Projects: Strategies to Facilitate Innovative Play Dates and Promote Peer Social Interactions in Child Life Programs

##### FOUNDATIONAL

Kathleen Harris, PhD

*Assistant Professor, Seton Hill University, Greensburg, PA*

Play dates can serve several functions for young children, including children who are hospitalized. Play dates are advantageous for providing children opportunities to play with peers, create new friendships, reduce stress, and engage in new skills. This presentation will consider strategies for facilitating play dates using project-based learning. In addition, specific information regarding types of play, preparing for successful play dates, and strategies promoting peer interactions will be presented.

### 23. Providing Support to Siblings During Brain Death Testing and Organ Procurement

**Session Canceled**

##### INTERMEDIATE

Chelsea Shepherd, CCLS

*Child Life Specialist, Children’s Hospital of The King’s Daughters, Norfolk, VA*

Kristine Lucus, BSN, RN

*LifeNet Health, Virginia Beach, VA*

When working with patients and families after an event leading to brain death, it is essential that the child life specialist is comfortable involving and supporting siblings to enhance the legacy building and memory making process. With increased comfort in initiating difficult conversations, a clear understanding of the various processes and the techniques to foster healing, the child life specialist can ensure siblings feel included, respected, and knowledgeable during brain death testing and organ procurement.

### 24. Developing a Culture of Learning Through Peer-to-Peer Mentoring: A New Approach

##### ADVANCED

Megan Fisher, CCLS

*Child Life Specialist III, Children’s Hospital Colorado, Aurora, CO*

Debra Clark, MS, CTRS

*Children’s Hospital Colorado, Aurora, CO*



# Child Life Council 32nd Annual Conference on Professional Issues

Debie Dutcher, CCLS  
*Children's Hospital Colorado, Aurora, CO*

Sandra Breiner, CCLS  
*Child Life Specialist, Children's Hospital Colorado, Aurora, CO*

Mentoring is no longer just for new hires and young professionals. This hospital broadened the definition of mentoring and current perceptions by developing a program that encourages peer-to-peer learning. The process for identifying areas of expertise in staff members will be highlighted. The steps created in on-boarding new hires will also be discussed.

## Professional Development Workshops (1.5 PDHs)

4:30 p.m. - 6:00 p.m.

### 25. When Life Matters Most: Legacy Work Between the Adult Patient and Their Children or Grandchildren

**INTERMEDIATE**

Danielle Leigh Hatch, MS, CCLS  
*Our Lady of the Lake Children's Hospital, Baton Rouge, LA*

The universal desire to create meaning in life, as well as the realization that life is finite pushes individuals to reflect on the lives they have lived, the memories they have created, and the legacies they would like to leave behind. Attendees will learn the research on legacy-building, its importance to family members (especially children), and useful legacy-building techniques.

### 26. Preparing Patients with Autism Spectrum Disorder, Their Caregivers, and Medical Personnel for the Operating Room

**INTERMEDIATE**

Mirna Brindas, MS, CCLS  
*Certified Child Life Specialist, Children's Hospital of Winnipeg, Winnipeg, MB*

Karen Amox, CNS  
*Pre-admit Clinic, Children's Hospital of Winnipeg, Winnipeg, MB*

Jo Swartz  
*Pediatric Anesthesiologist, Children's Hospital of Winnipeg, Winnipeg, MB*

Children with Autism Spectrum Disorder face many day-to-day challenges. An elective surgical procedure can cause those challenges to become exacerbated and can lead to multiple behavioral difficulties. We will demonstrate a framework of an intake form used to help reduce many of those challenges, how this framework allows for effective communication and the flow of an intake to discharge plan that encompasses all levels of health care staff, patients and families.

### 27. Applying Play Therapy Techniques to Child Life Practice

**FOUNDATIONAL**

Rose Resler, MA, CCLS  
*Director, Child Life Program, University of Akron, Akron, OH*

Cynthia Reynolds, PhD, RPT, LCC  
*Professor, University of Akron, Akron, OH*

A Registered Play Therapist (RPT) and a Certified Child Life Specialist (CCLS) will explore the application of play therapy techniques to child life practice through description, example, and demonstration. They will examine the following play therapy principles: developing relationships with children, tracking what the child is doing, reflecting feelings and returning responsibility for self-direction.

### 28. "No Child is Created Equal": Incorporating Temperament Into Your Child Life Assessment

**FOUNDATIONAL**

Cathleen Young, MA, CCLS  
*Child Life Specialist, Cleveland Clinic Children's, Cleveland, OH*

Children are born with a natural style of interacting and reacting to the people, places, and things around them. Temperament describes the way children approach and react to these influences. Finding out why some children cope effectively with hospitalization and surgery and others do not, has theoretical and practical importance. Understanding the differences in temperament can help a child life specialist develop successful interventions specific to the individual patient.

### 29. Living with Epilepsy: Child Life Programming

**ADVANCED**

Markelle Springsteen, CCLS  
*Children's Hospital Colorado, Aurora, CO*

Ashley Schirmer, CCLS  
*Children's Hospital Colorado, Aurora, CO*

Coping with a child's chronic illness can be challenging for the entire family. It can also be difficult for the child life specialist who continues to support them on their journey. Presenters will describe how to develop specific programming with educational and social components, to support patients and families who are living with epilepsy. Presenters will discuss the importance of multidisciplinary teamwork in creating such programs, sharing strengths and challenges.

## 30. Carrying the Torch Without Letting Your Flame Fizzle: Avoiding Burnout as a Child Life Specialist

### FOUNDATIONAL

Ruthie Davis, MA, CCLS

Senior Child Life Specialist, Children's Medical Center Dallas, Irving, TX

Crystal Wilkins, MEd, CCLS, LPC-I

Child Life Specialist, Children's Medical Center Dallas, Dallas, TX

Child life specialists are often witness to some of life's most challenging circumstances, including death, abuse, trauma, and the impact of chronic illness. Due to various factors, specialists experience symptoms of burnout, making it difficult to provide optimal patient care. Participants will be presented with an overview of burnout within the health care environment and opportunities to engage in hands-on activities that explore solutions, promote longevity, and enhance coping within the child life profession.

## Academic Professionals Meeting

6:15 p.m. - 7:15 p.m.

This informal meeting is an opportunity for academic professionals to gather and discuss current issues in the academic community. All educators are encouraged to attend.

## Research Discussion

6:15 p.m. - 7:15 p.m.

Interested in research, but not sure where to start or who to ask? This discussion is for those who are starting, involved in, or just plain interested in child life research to meet and share their findings, challenges, and ideas. Active child life researchers and the research and scholarship committee will be available to help you connect with the resources and contacts you need to get your research going!

## Sunday, May, 25, 2014

### Professional Development Workshops (1 PDH)

8:30 a.m. - 9:30 a.m.

## 31. Lead to Succeed: Fostering Trust and Professional Development Through Team Building

### ADVANCED

Katherine Bailey, MS, CCLS, Child Life Specialist III, St. Jude Children's Research Hospital, Memphis, TN

Amy Scott, CCLS, Lead Child Life Specialist, St. Jude Children's Research Hospital, Memphis, TN

This workshop will explore the value of incorporating opportunities for teambuilding to enhance the individual and strengthen the team. Through discussion and case example, the benefits of team building will be highlighted focusing on the personal, professional and team growth. Attendees will develop a deeper understanding of how to take the lead and develop teambuilding exercises that can benefit their team and team members.

## 32. Positive Outcomes of Maltreatment: Team Approach of Child Life and Forensic Nursing

### INTERMEDIATE

Allison Bahar, MA, CCLS

Certified Child Life Specialist, Cleveland Clinic - Hillcrest Hospital, Mayfield Heights, OH

Diane Daiber, BSN, RN, SANE-A, SANE-P

Cleveland Clinic - Hillcrest Hospital, Mayfield Heights, OH

This presentation will explore the process of a team approach to pediatric sexual abuse examinations that incorporate the services of forensic nursing and child life. The synergy of child life and forensic nursing results in more frequent patient cooperation before exams, less patient stress during exams, and positive post-exam interactions between the patient/family and medical staff. Key components of this process include addressing specific developmental needs of the child and family, and experiences with/without child life assistance.

## 33. Clearing Up the Confusion: How to Assess the Pain of Children with Autism Spectrum Disorders

### INTERMEDIATE

Kate Carpenter, MEd, CCLS

Child Life Specialist, The Children's Hospital of Philadelphia, Philadelphia, PA

Pain assessment of individuals with Autism Spectrum Disorders (ASD) is largely unexplored and the core deficits of ASD significantly interfere with this population's

ability to utilize traditional pain assessment tools. When patients with ASD encounter the health care environment, accurate pain assessment is critical to providing quality care. This presentation discusses barriers to pain assessment in children with ASD, illuminates effective pain evaluation tools, and describes novel methods to communicate with these patients about painful experiences.

## 34. Supporting the Shadow Survivors

### FOUNDATIONAL

Melanie Goldish  
*SuperSibs!, Palentine, IL*

SuperSibs! ensures that siblings of children with cancer, “shadow survivors,” are honored, supported and recognized so they may face the future with strength, courage and hope. The presenter will discuss and provide information on how to provide sibling support in the hospital.

## 35. Therapeutic Play for Long-Term Ventilated Children

### INTERMEDIATE

Sandra Pengilly, BTch  
*Head, Child Life Therapy Department, The Children's Hospital at Westmead, Northmead NSW*

Medical technology is saving children's lives but creating a new level of complexity and impairing their ability to engage in play. Long-Term Ventilation is one area that is challenging health professionals to recognize and assess the children's play needs, then adapt accordingly. This is of paramount importance, requiring lateral thinking, a dedicated team, and the passion to both find and embrace the solutions.

## 36. Comfort Campaign: A Collaborative Effort to Promote Comfort During Needle-Stick Procedures in a Pediatric Emergency Department

### INTERMEDIATE

Catherine Boland, CCLS, LMP  
*Child Life Specialist, Children's National, Washington, DC*

Emily Dorosz, BSN, RN, CPN, CPEN  
*Children's National, Washington, DC*

Annalise Walker, CCLS  
*Child Life Specialist, Children's National, Washington, DC*

The Comfort Campaign was implemented to improve the care experience of children and families by offering a variety of interventions for needle-stick procedures. By facilitating choices of comfort care, the health care team empowered the patient and family to find their voice while optimizing the quality of care provided to the child. This presentation explores pharmacological and non-pharmacological procedural pain management in the Emergency Department setting, focusing on culture

change to increase comfort during peripheral IV insertion.

## 37. Taking Child Life to Camp

### INTERMEDIATE

Rachael Chambers, MS, CCLS, CIMI  
*Child Life Specialist, Dell Children's Medical Center, Austin, TX*

Jennifer Geisse, MA, CCLS  
*Child Life Specialist, Children's Hospital and Research Center Oakland, Oakland, CA*

Pediatric camp programs have existed for some time, however, detailed descriptions of the role of a child life specialist in this environment are not widely available. This presentation will examine a recent graduate study examining the roles and perspectives of child life specialists in the camp setting, as well as one facility's methodology of establishing a first-time camp. Presenters will explore connections between therapeutic modalities used in the camp setting, and implications for clinical practice.

## 38. “It’s My Body, I Should Know!”: Children’s Perspectives On Health Care Decision Making

### INTERMEDIATE

Elana Jackson, MA  
*Ryerson University, Toronto, ON, Canada*

Donna Koller, PhD, MSc, BA  
*Dip. Child Life Studies, Ryerson University, Toronto, ON, Canada*

Together with their families and health care providers, children with chronic illnesses are often faced with complex and serious medical decisions. This presentation will review findings from a recent study on the perspectives of children with chronic illnesses regarding participation in health care discussions and decision making. A particular emphasis will be on the role of the child life specialist in facilitating children's health care participation. Qualitative research methods with children will also be discussed.

## Professional Development Workshops (1 PDH)

9:45 a.m. - 10:45 a.m.

## 39. It Takes a Village: Integrating Psychosocial Collaboration into Patient Care

### FOUNDATIONAL

Megan Hall, CCLS  
*Child Life Specialist, Nationwide Children's Hospital, Columbus, OH*

Tifanie Rose, MS Ed  
*Hospital-based Teacher, Nationwide Children's Hospital, Columbus, OH*

Research has shown that children with chronic illnesses experience lower levels of stress, higher levels of treatment adherence and better coping when provided inter-

vention from a multidisciplinary psychosocial team. A collaborative, coordinated, and comprehensive psychosocial team can best match each family's needs with clinical services. This presentation will define psychosocial programming and the roles of staff and community partners. An overview will be provided to assist in implementation of a successful program.

#### 40. **Better Prepared: Creating Care Environments for Patients Diagnosed with Autism Spectrum Disorder**

##### **INTERMEDIATE**

Samira Moosavi, CCLS  
*Certified Child Life Specialist, Children's Hospital of Philadelphia, Philadelphia, PA*

Caring for a patient with an Autism Spectrum Disorder (ASD) can pose difficult challenges for many members of the interdisciplinary team. Presenters will identify the common barriers to care in the health care experience and offer solutions to improve both patient and family satisfaction and overall quality of care for this specific patient population during a scheduled hospital admission.

#### 41. **Deep Breath: New Realities of Nitrous Oxide Uses and Limitations**

##### **INTERMEDIATE**

Kortnie Karn, CCLS  
*The Children's Hospital at OU Medical Center, Oklahoma City, OK*  
Laura Fryman, MS, CCLS  
*The Children's Hospital at OU Medical Center, Oklahoma City, OK*

Many medical professionals believe that nitrous oxide can aid in the completion of pediatric procedures. Numerous variables will be discussed about the benefit and limitations of using nitrous oxide. Working with the interdisciplinary team to choose the proper candidates to receive nitrous oxide is vital. Presenters will equip attendees with a strong knowledge of the pros and cons of nitrous oxide and how using nitrous oxide for sedation will impact child life interventions.

#### 42. **Fun-damental Challenges: Exploring the Roadblocks and Solutions to Providing Therapeutic Play Experiences in the Hospital**

##### **FOUNDATIONAL**

Andrea McGinnis, CCLS  
*Child Life Specialist II, The Children's Hospital of Philadelphia, Philadelphia, PA*

Sherry Polise, MS, CCLS  
*Child Life Specialist III, The Children's Hospital of Philadelphia, Philadelphia, PA*

All child life specialists are keenly aware of the value of

play for hospitalized children but they often find themselves in challenging situations where the opportunity for high quality therapeutic play is compromised by a myriad of emotional and logistical issues. These presenters will utilize research and case examples from their work with both chronic and acute patient populations to examine these challenges and explore new and creative solutions.

#### 43. **Leading with Empowerment**

##### **ADVANCED**

Rhonna McConnell, MA, CCLS, CFLE  
*Child Life Specialist II, Cincinnati Children's Hospital Medical Center, Cincinnati, OH*

Patricia Boettcher-Prior, MA, CCLS, PC  
*Child Life Specialist III, Cincinnati Children's Hospital Medical Center, Cincinnati, OH*

The audience will learn how to empower themselves and others in order to share in decision making and leadership. Regulations and surveys call for improving collaborative care for patients and families. By analyzing and sharing information and research regarding empowerment, leadership, and shared governance strategies, audience members will be prepared to enhance their practice and improve team-based care at their facility.

#### 44. **The Voices Project: Utilizing Narratives to Promote Social Support in Young Adults with Chronic Illness**

##### **ADVANCED**

Kathryn Cantrell, MA, CCLS  
*Graduate Researcher/ Doctoral Candidate, University of Massachusetts-Boston, Boston, MA*

For young adults with a chronic illness such as HIV, stigma related to their diagnosis often inhibits the ability to share illness stories publicly, preventing opportunities for social support. In this presentation, presenters will describe how narrative programming can benefit chronic illness populations by providing an example of a current intervention designed for young adults with HIV that enables participants to openly share their story within the safety of anonymity.

#### 45. **Therapeutic Camps for Children with Perinatal Stroke**

##### **ADVANCED**

Lisa Carsolio, BA, BCHST  
*Child Life Specialist, Alberta Children's Hospital, Calgary, Alberta, Canada*

Elisa Kasha  
*Child Life Specialist, Alberta Children's Hospital, Calgary, Alberta, Canada*

Children diagnosed with perinatal stroke can be said to be an underserved population. However, the future can look brighter for these children and families with an innovative new intervention that looks to improve

# Child Life Council 32nd Annual Conference on Professional Issues

their fine-motor functioning, increase their quality of life and enhance their overall social-emotional well-being. Presenters will describe the program development and facilitation of augmentative therapeutic activities to groups of such children, and the prospective psychosocial benefits for them and their families.

## Closing General Session (1.5 PDHs)

Sponsored by **Mattel Children's Hospital** **UCLA**

11:00 a.m. – 12:30 p.m.

### Mary Barkey Clinical Excellence Award Presentation



The 2014 Mary Barkey Clinical Excellence Award, which recognizes child life specialists for exemplary child life clinical skills, will be presented to Kathryn "Kat" Davitt, MOT, CCLS, OTR, a child life specialist at Cook Children's Medical Center in Fort Worth, Texas. Kat's contributions will also be highlighted in a feature article scheduled to appear in the Summer 2014 edition of the *Bulletin*.



The closing general session will feature Robin D. Richards- President, Chase Foundation and CEO of Internships.com. The Chase Foundation is dedicated to financially supporting programs that provide for the social, emotional and developmental needs of hospitalized children. Mr. Richards will share his message of "Opportunity in a Changing World."

## Academic Roundtable

2:00 p.m. - 5:00 p.m.

The following conference attendees will be eligible to attend:

- Academic Professionals
- Academic Preparation Task Force / Task Force 2022 Members
- CLC Board of Directors
- Certification Committee
- Education & Training Committee Members
- Internship Accreditation Task Force Members
- Internship/Practicum Coordinators
- Program Leaders/Directors

In the spirit of inquiry and best practice, this session aims to engage participants in a lively and productive opportunity for creative dialogue to share resources, collaborate, and

plan for the educational future of the child life profession, particularly in light of CLC's Strategic Plan for 2012-2014. We are at a pivotal time in the history of the child life profession and as such, this is a great opportunity for academics as well as child life program leaders and training coordinators to gather and brainstorm as we adapt our academic programs to meet the recommendations of the Child Life Council while also addressing the needs of future child life specialists. The schedule will include an opening session, followed by roundtable discussion of topics of interest as identified by the child life community, which will include:

- Teaching Pedagogy
- Core Concepts for the Education of Child Life Specialists
- Teaching Strategies
- Online Education
- Partnership between Internship/Practicum Sites and Academic Programs

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#### Program Standards Task Force

Ellen Hollon, MS, CCLS  
Sheri Mosley, MS, CCLS

#### Public Policy Work Group

Stephanie Hopkinson, MA, CCLS  
Laura Cronin, MPP, CCLS

#### Research and Scholarship Committee

Ali Chrisler, MA, CCLS  
Kathryn Cantrell, MA, CCLS

#### Web and Online Networking Advisory Committee

Robyn Snyder, MEd, CCLS  
Becky Ringlbauer, MA, CCLS

#### Webinar Advisory Group

Anne Mohl, PhD, CCLS

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## Thank You to Our Sponsors!

CLC Would Like to Sincerely Thank Our 2014 Conference Sponsors (as of December 2013)

### PLATINUM LEVEL (\$25,000)



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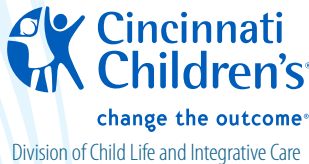


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## Conference Registration

We encourage you to **register online through the CLC Web site at [www.childlife.org](http://www.childlife.org)**. By using the online system, you will have access to real-time views of available session offerings and secure your event selections instantly, with a registration confirmation and payment receipt delivered automatically via email. You can also use the online system to make adjustments to your session selections up until the close of registration on May 1, 2014 (subject to session availability). **Online registration is available to those paying by check, as well as Visa or MasterCard.** Registrants will be given the option either to pay by credit card at the time of registration, or mail a check separately. All check payments must be **received** by the CLC office no later than April 30, 2014.

The best discounted registration fees are available for those who register by March 7, 2014. **The deadline for pre-registration is May 1, 2014**, after which time, participants may only register on-site. Although we will do our best to accommodate everyone, those participants who register on-site may find there is only limited access to certain conference events, due to overwhelming popularity in the pre-registration phase and/or unanticipated demand from on-site registrants. To avoid disappointment, **we highly recommend that you pre-register online** well in advance of the conference.

Those who are unable to submit their conference registration online should fill in the registration form on the following pages, and either fax or mail it to the CLC office. This method of registration requires additional time for processing; allow at least three weeks for your registration to be entered into the system and confirmed by email. Please note, CLC cannot guarantee first-choice session selections, as certain events may fill or sell out online before registration forms can be processed. In order to be eligible for student rates, non-members must provide documentation of their full-time student status and include it with their registration form. CLC student members are not required to do so.

All registration forms must be accompanied by full payment (check or money order in U.S. funds, payable to Child Life Council) and sent to:

**2014 Annual Conference  
Child Life Council  
11821 Parklawn Drive, Suite 310  
Rockville, MD 20852  
Fax: 301-881-7092**

If you miss the pre-registration deadline and find it necessary to register on-site for the conference, please bring your completed registration form, registration fees, and proof of full-time student status (if applicable) to the

On-Site Registration desk, where CLC staff will be available to assist you.

Please note, reservations for the conference intensives and the hospital tour can be made by pre-registration only. All have limited space and will fill up quickly.

### Registration Fees (all in U.S. Funds):

<u>On or before:</u>	<u>3/7/14</u>	<u>4/7/14</u>	<u>5/1/14 Onsite</u>
<i>Professionals:</i>			
CLC Member	\$395	\$495	\$595
Non-Member	\$495	\$595	\$695
<i>Full-Time Students/ Retired Professionals:</i>			
CLC Member	\$315	\$375	\$425
Non-Member	\$415	\$475	\$525

### Exhibit Hall Guest Passes

(for guests of registered conference attendees):

Friday: \$85 (includes lunch and evening reception)

Saturday: \$45 (includes morning breakfast)

Become a CLC member now and save on conference registration fees, in addition to receiving full member benefits all year long. The online membership application can be found at [www.childlife.org/Membership](http://www.childlife.org/Membership).

### Registration Cancellation/Refunds

Refund requests for CLC basic conference registration, minus a \$50 service fee, will be honored if received in writing by CLC no later than Monday, April 15, 2014. No refunds will be given after that date and substitute attendees will not be accepted. All cancellations must be requested in writing and sent via email to [conference@childlife.org](mailto:conference@childlife.org). Refunds will be given for basic registration only -- refunds are not available for intensives, special events, exhibit hall passes or hospital tours. Please note, refunds may take up to 21 days to process.

### Special Services for Participants with Disabilities

Individuals who require special services to allow full participation in the conference must notify CLC in writing, no later than April 1, 2014.

### IMPORTANT! Conference Registration and Receipt

Participants who register online will receive an automatic registration confirmation and receipt via email immediately following their submission. For those who submit their registration by fax or mail, confirmations/receipts will be generated and emailed from CLC headquarters prior to the conference. **Please bring this receipt with you to the conference.** On-site registrants may request a receipt at the time of registration.



# ANNUAL CONFERENCE REGISTRATION FORM – Part 1

## HOW TO REGISTER

There are two easy ways to register for the 2014 Annual Conference. Please select only one method or you may be overcharged:

1. Register with a credit card (Visa or MasterCard only) through our secure website at [www.childlife.org](http://www.childlife.org). Log in is required for CLC Members. **(CLC Recommended Method)**
2. Mail this completed registration form with check or money order to the following address:

2014 Annual Conference • Child Life Council • 11821 Parklawn Drive, Suite 310 • Rockville, MD 20852-2539

REGISTRATION INFORMATION – Please Print			Member ID#:
Last Name:	First Name:	M.I.	
First Name as it Should Appear on Badge:	Job Title and Credentials:		
Organization:			
Address: <input type="checkbox"/> Work <input type="checkbox"/> Home			
City:	State/Province:	Zip/Postal Code:	Country:
Daytime Phone:	Fax Number:	Email:	

### REGISTRATION TYPE: (Check one)

- Professional Member  
  Associate Member  
  Student /Retired Member  
  Non-Member  
  Student/Retired Non-Member  
 Board Member\*  
  Exhibitor\*  
  Speaker Member\*  
  Speaker Non-Member\*  
  Committee Chair\*

*\*Individuals in these categories are entitled to a discount off of standard registration fees, and should have received special instructions from CLC staff. If you have questions about whether you qualify for a discount, please contact [conference@childlife.org](mailto:conference@childlife.org).*

### CLC DESIGNATIONS: (Check all that apply)

- Certified Child Life Specialist (CCLS)  
  First-Time Attendee  
  Committee Chair  
  Past President  
 Founding Member (member of CLC since 1982)  
  Past or Current Award Recipient (Distinguished Service or Mary Barkey)

### SPECIAL NEEDS: Please submit no later than April 1, 2014. Include description below; a CLC staff member may contact you.

<input type="checkbox"/> Dietary <input type="checkbox"/> Physical <input type="checkbox"/> Other	Description:
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### EMERGENCY CONTACT INFORMATION (Required)

Contact Name:	Relationship:
Daytime Phone:	Mobile Phone:

<b>FOR OFFICE USE ONLY</b>	Date Sent:	Date Received:	Personal / Institution:
	Check / M.O. #:	Amount:	Date Processed:



## **2015 Call for Abstracts**

**Child Life Council  
33<sup>rd</sup> Annual Conference on Professional Issues  
May 21-24, 2015  
Duke Energy Convention Center  
Cincinnati, OH**

The Child Life Council (CLC), established in 1982, offers an unparalleled educational and networking experience for child life professionals. The annual conference program provides ideas on innovative resources and best practices in child life. CLC invites the submission of presentation proposals for its annual conference on issues that relate to the child life profession. Anyone wishing to present at the CLC Conference shall submit their abstract through the online Call for Submissions. This includes all forms of professional development sessions, workshops, intensives and posters. Please email questions to [conference@childlife.org](mailto:conference@childlife.org).

Abstract submissions for the CLC 33<sup>rd</sup> Annual Conference will be accepted through the CLC website beginning **July 15, through July 31, 2014**.

For more information visit [www.childlife.org](http://www.childlife.org).



Child Life Council  
11821 Parklawn Drive  
Suite 310  
Rockville, MD 20852-2439  
[www.childlife.org](http://www.childlife.org)  
Electronic Service Requested

## 2015 Call for Abstracts

**33rd Annual Conference on Professional Issues  
May 21 – 24, 2015**

**Duke Energy Convention Center • Cincinnati, Ohio**

Abstract submissions for the CLC 33rd Annual Conference will be accepted through the CLC website beginning July 15 through July 31, 2014.

**For more information visit [www.childlife.org](http://www.childlife.org)**

## Child Life Council

The Child Life Council is pleased to invite you to the 32nd Annual Conference on Professional Issues. As the premier educational experience for child life professionals, the Annual Conference will bring together a dynamic group of attendees for unparalleled professional development and networking opportunities.

Child Life Council, Inc. is the leading membership association serving child life professionals as they empower children and families to master challenging life events.

CLC has more than 5,100 members.



[www.childlife.org](http://www.childlife.org)